



In Silico trials for drug tracing the effects of sarcomeric protein mutations leading to familial cardiomyopathy



OActive Workshop on
"Personalised predictive models"

March 26th 2021, 10:00 - 12:00 CET



Prof. Nenad Filipovic, BIOIRC Kragujevac, Serbia



This project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No 777204

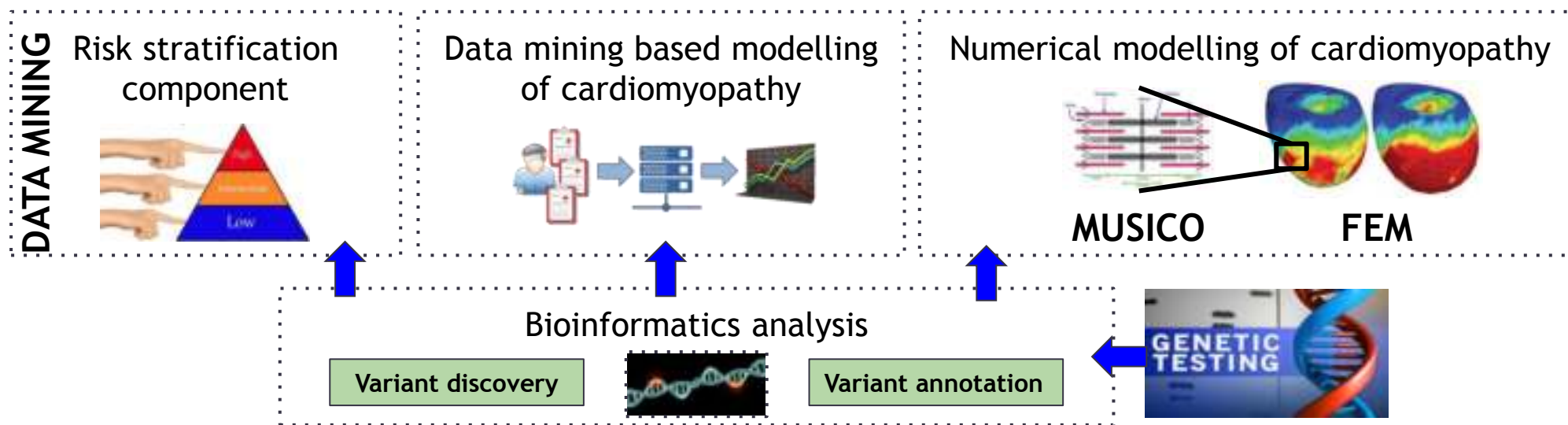
SILICOFCM Scope

SILICOFCM aims to develop a computational platform for *in silico* clinical trials of Familial cardiomyopathies (FCMs) that would take into consideration comprehensive list of patient specific features (genetic, biological, pharmacologic, clinical, imaging and patient specific cellular aspects) capable of **optimizing and testing medical treatment strategy** with the purpose of **maximizing positive therapeutic outcome**, avoiding adverse effects, avoiding drug interactions, preventing sudden cardiac death, shortening time between the drug treatment commencement and the desired result.

SILICOFCM is a multi-modular, innovative *in silico* clinical trials solution for **the design and functional optimization of whole heart performance and monitoring effectiveness of pharmacological treatment**, with aim to reduce the animal studies and the human clinical trials.

The main vision of SILICOFM project

The SILICOFM platform is based on the **integrated multidisciplinary and multiscale methods** for analysis of patient-specific data and development of patient-specific models for monitoring and assessment of patient condition from current through the progression of disease.

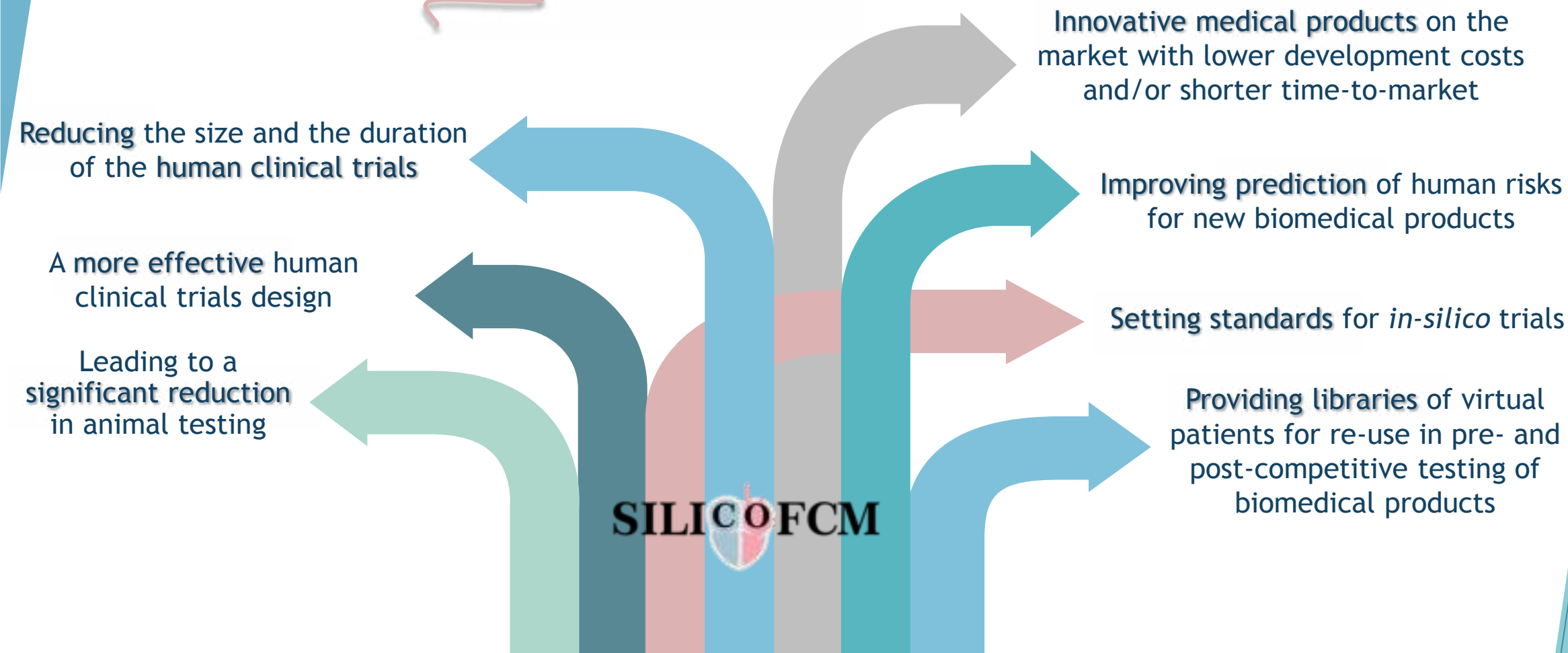
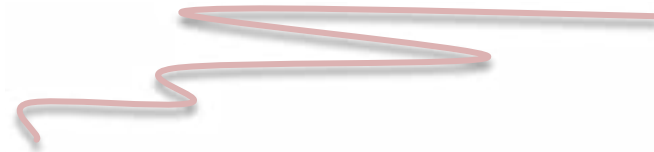


Partners

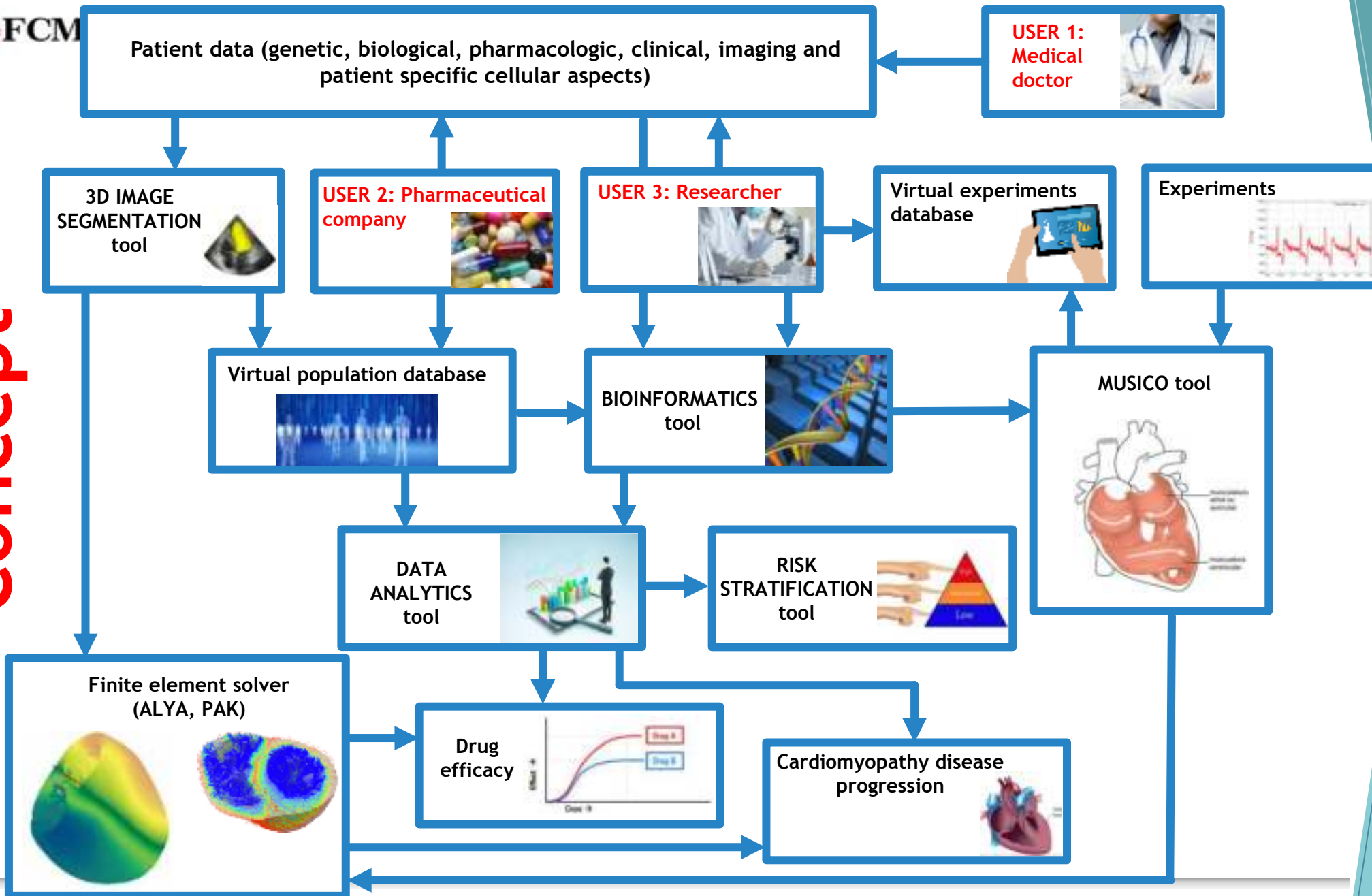
- ▶ BIOIRC - Bioengineering Research and Development Center (RS)
- ▶ IIT - Illinois Institute of Technology (US)
- ▶ UNIKENT - University of Kent (UK)
- ▶ UNEW - University of Newcastle Upon Tyne (UK)
- ▶ UNIFI - University of Florence (IT)
- ▶ ICVDV - Institute of Cardiovascular Diseases Vojvodina (RS)
- ▶ UOI - University of Ioannina (EL)
- ▶ BSC - Barcelona Supercomputing Center (ES)
- ▶ UL - University of Ljubljana (SL)
- ▶ R-TECH - Steinbeis Advanced Risk Technologies (DE)
- ▶ UW - University of Washington (US)
- ▶ SBG - Seven Bridges Genomics INC (US)
- ▶ FMBG - Faculty of Medicine, University Of Belgrade (RS)



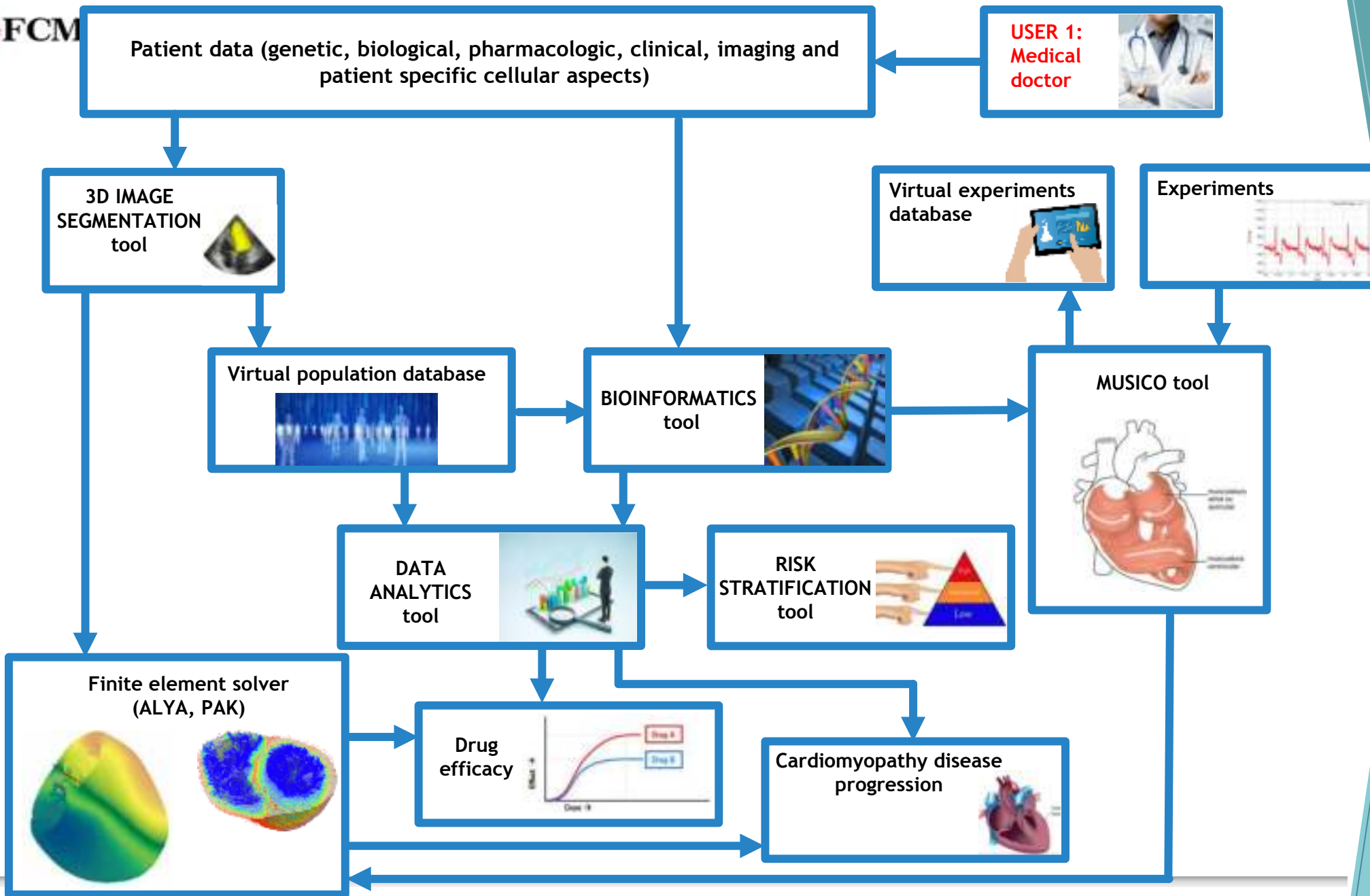
SILICOFCM Impact



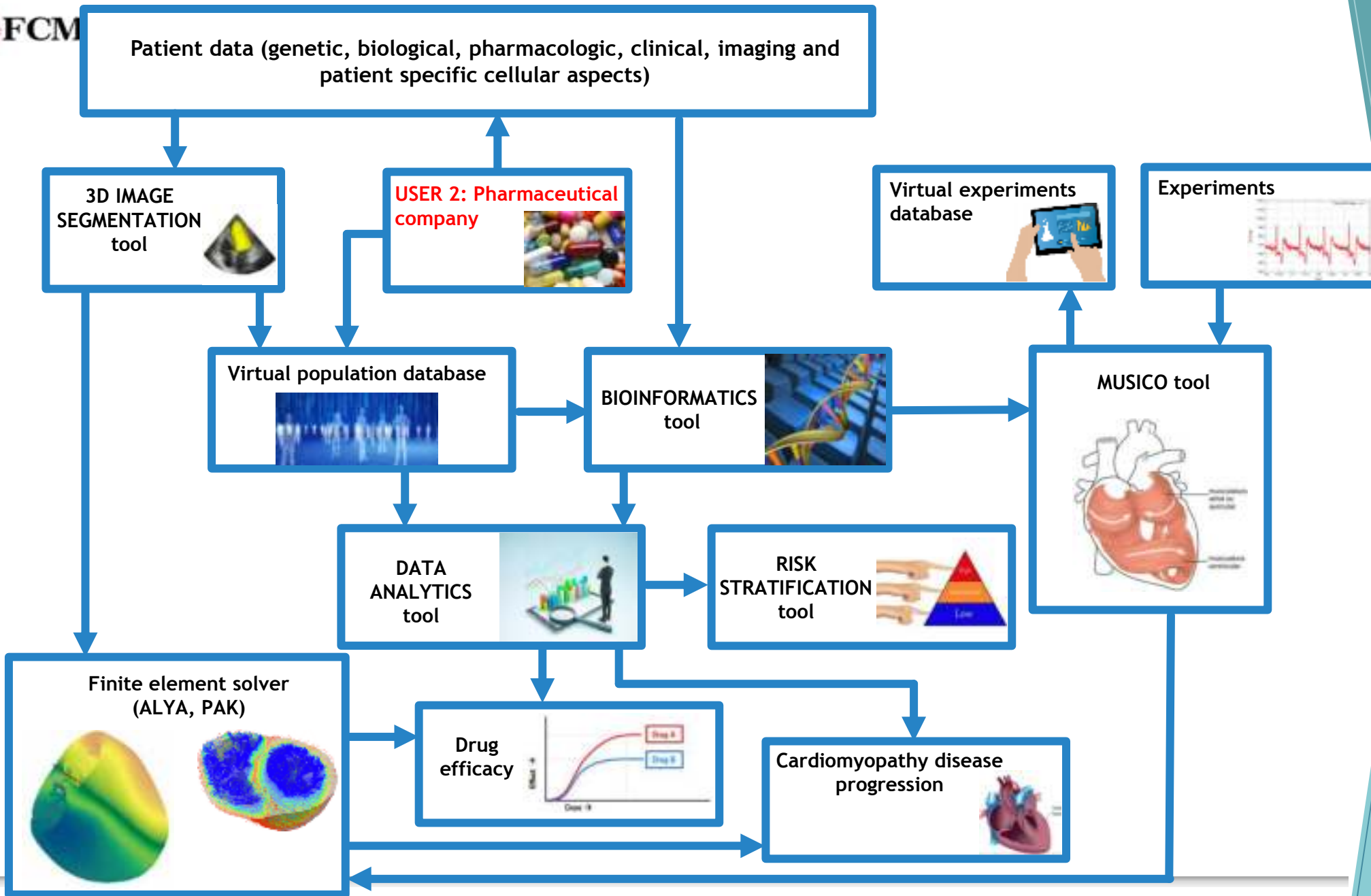
SILICOFCM Concept

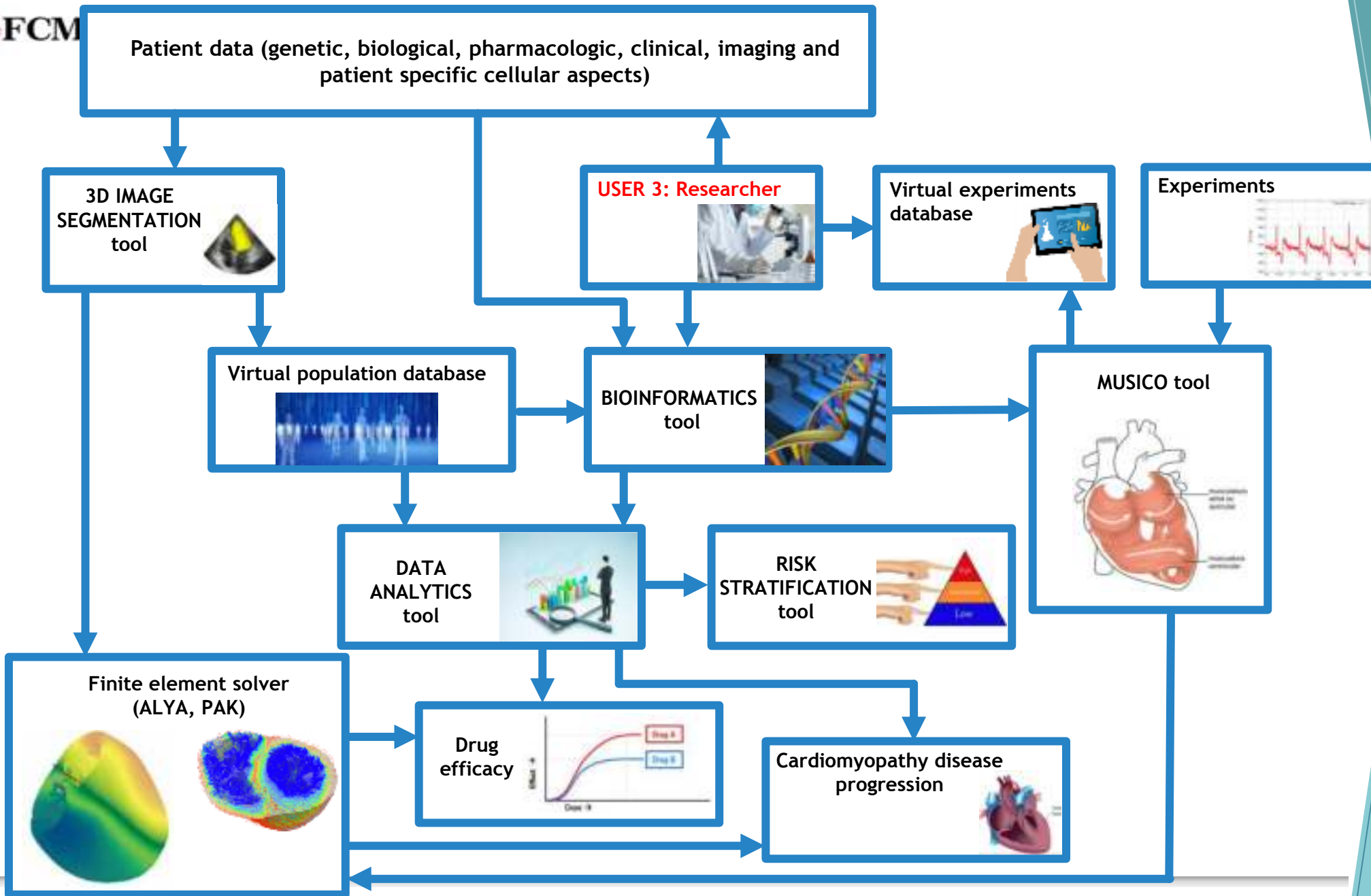


USE CASE 1



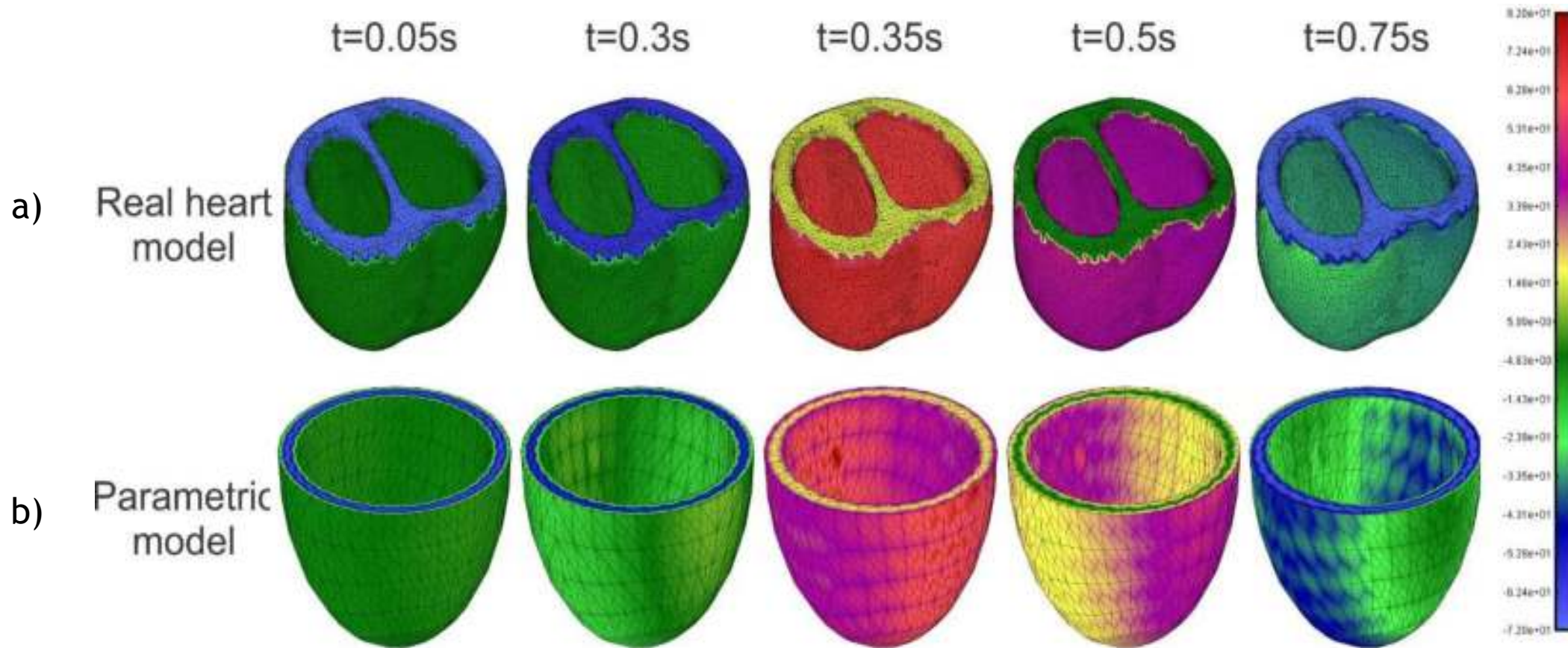
USE CASE 2





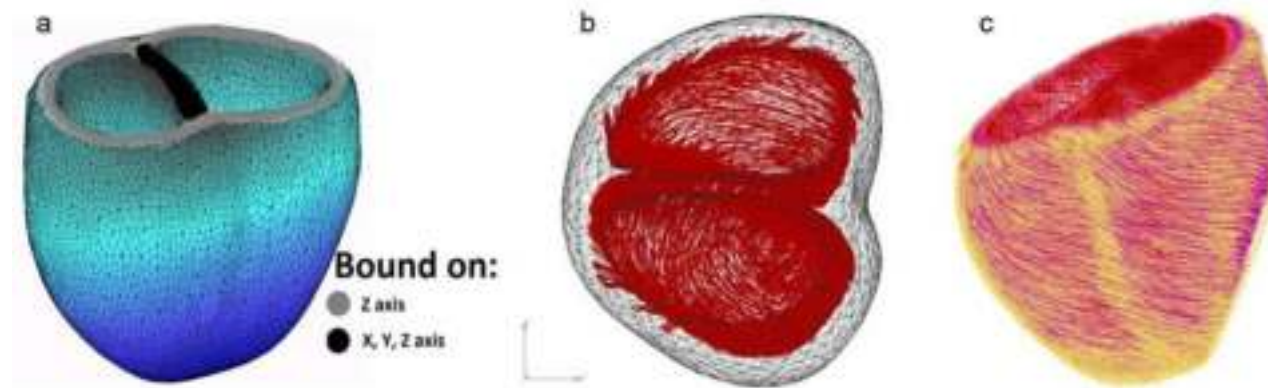
PAK module

- Example: Realistic models for electrical field and electromechanical coupling

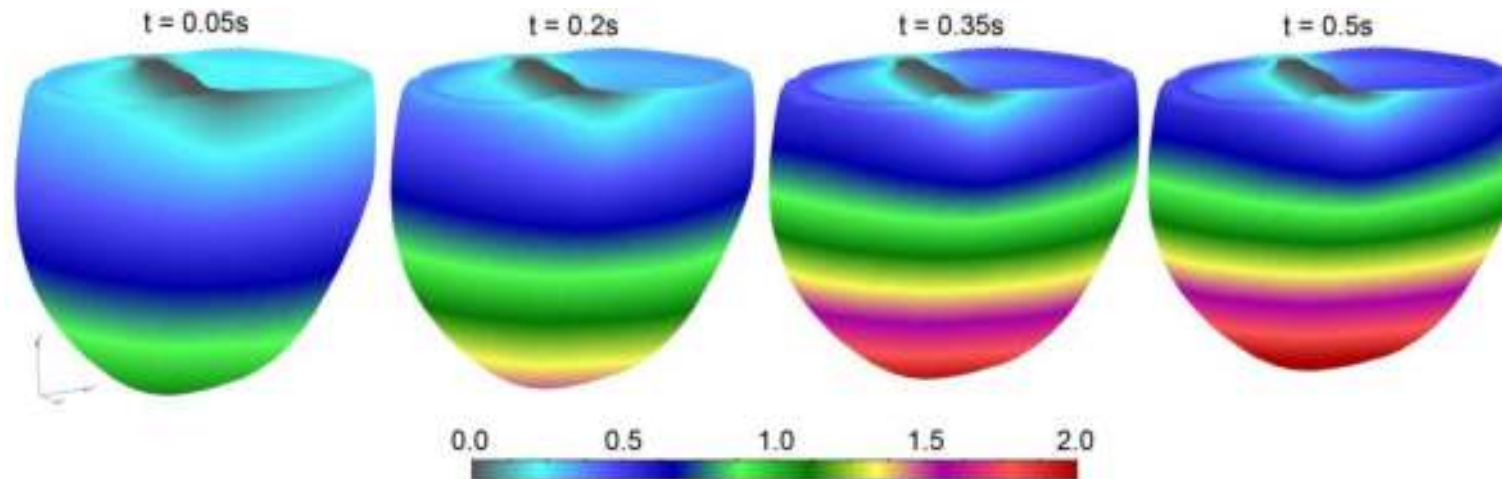


PAK module

- Example: Realistic models for electrical field and electromechanical coupling



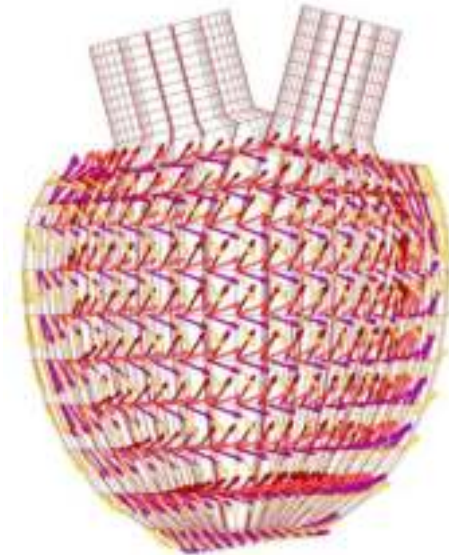
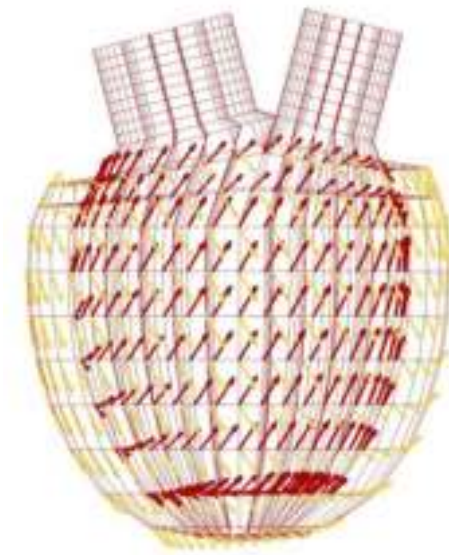
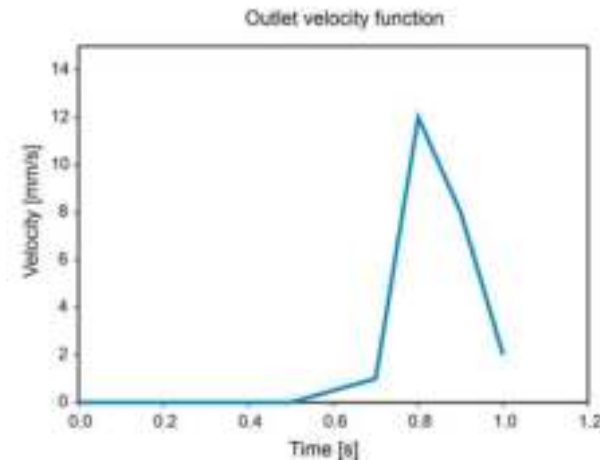
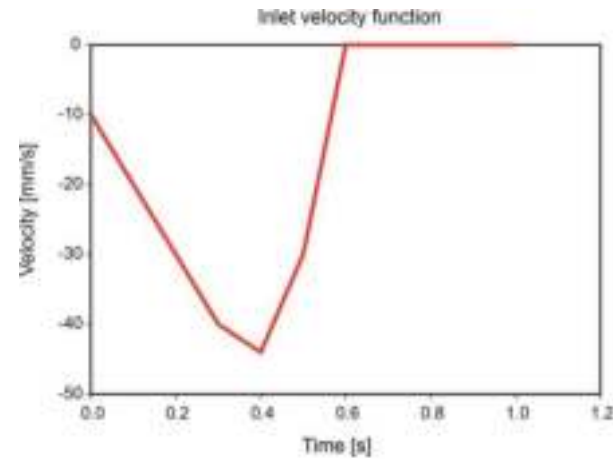
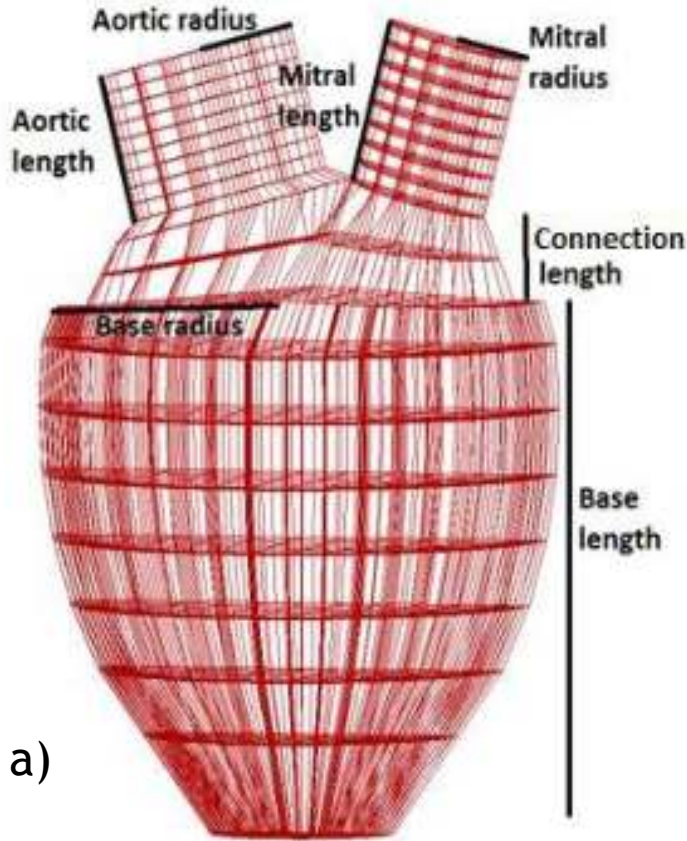
Boundary conditions in the model. (a) Orientation of the fibers in top (b) and side (c) view.



Displacements in coupled electro-mechanical realistic model of biventricular heart.

PAK module

- Example: Parametric structural model of Left ventricle



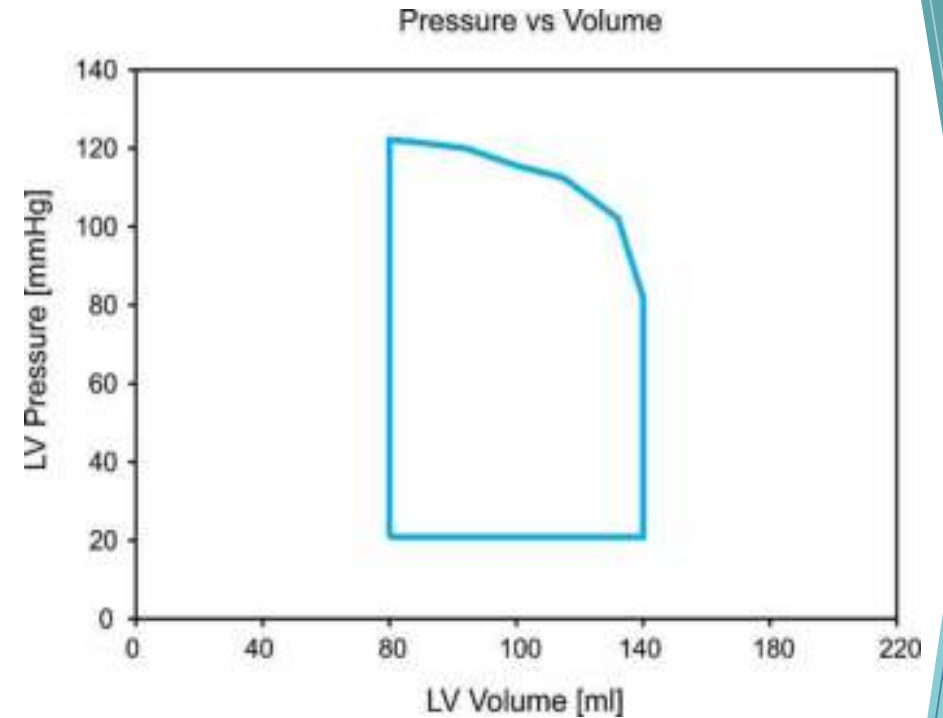
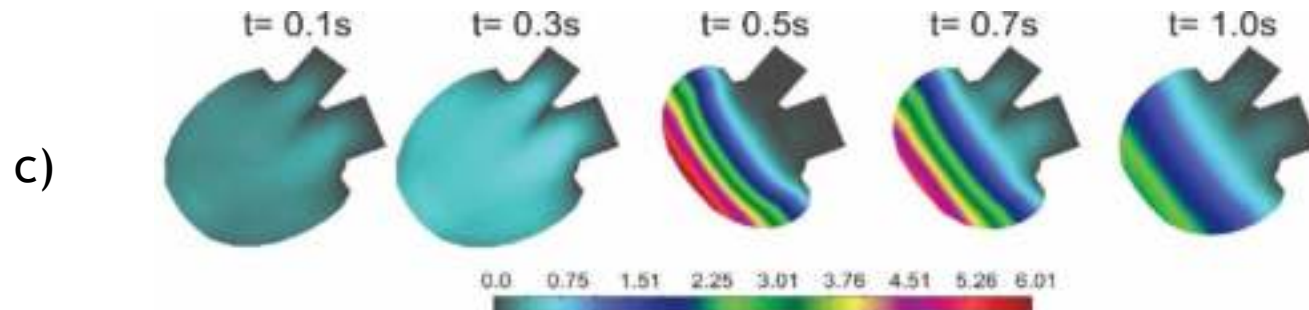
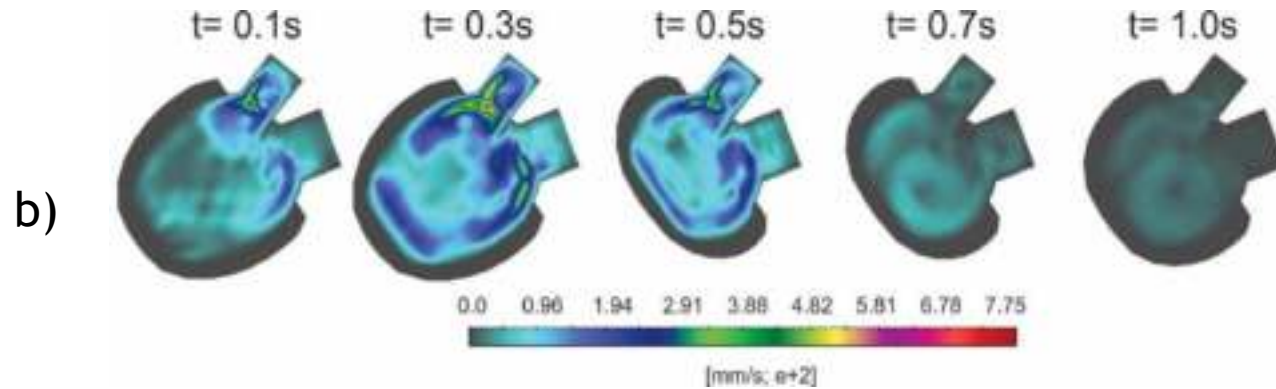
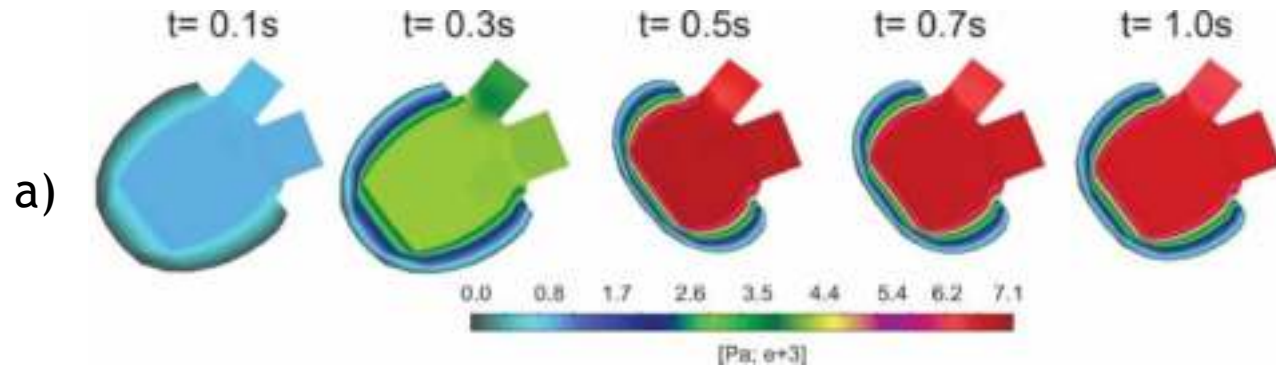
d)

e)

a) Parametric heart model with structural mesh and valves, b) inlet and c) outlet velocities functions. Automatic calculation of fiber direction. d) One-layered and e) three-layered solid wall representation.

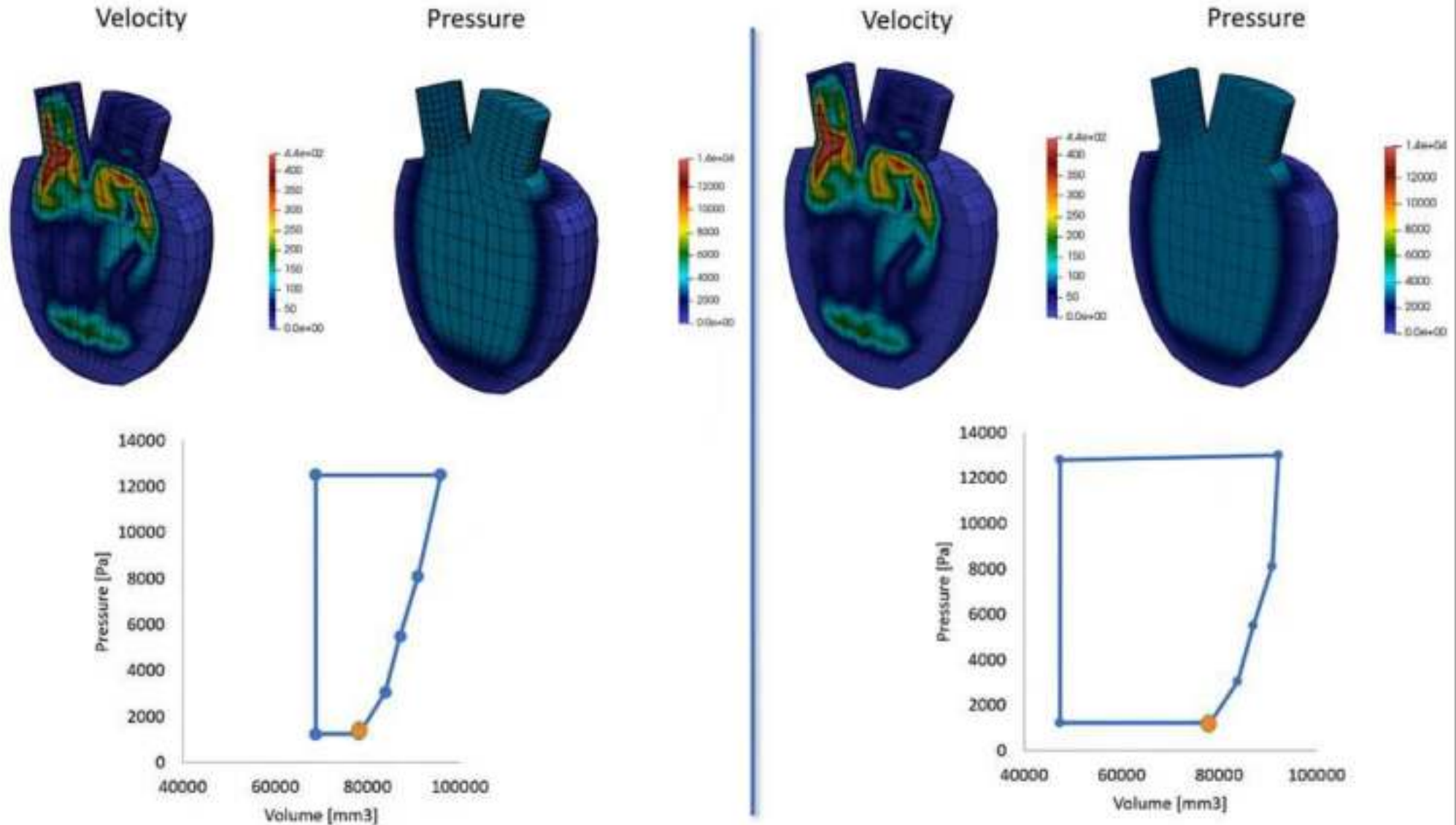
► Example: Parametric structural model of Left ventricle

PAK module



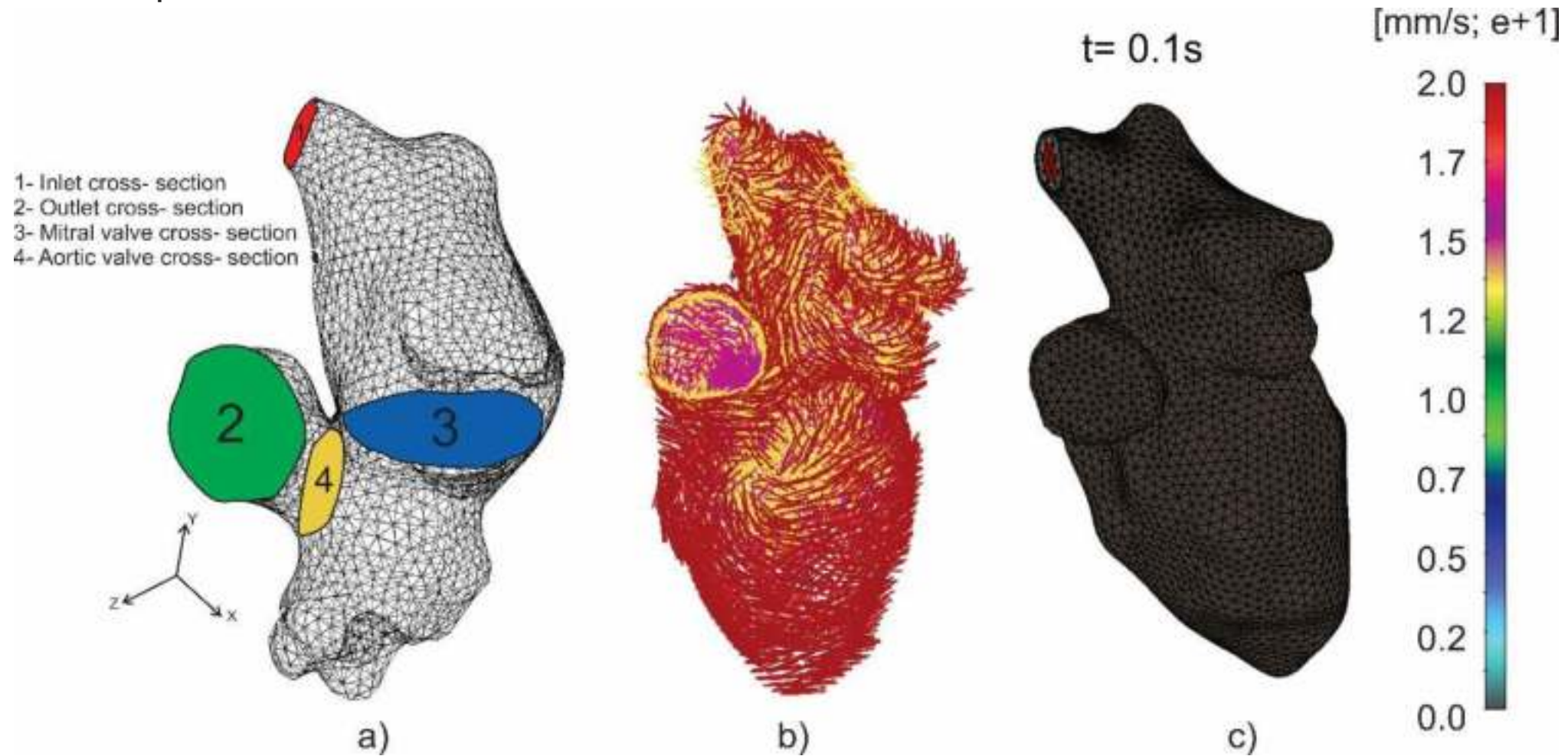
a) Pressure field, b) velocity field, c) displacements inside parametric model of left ventricle (five different time steps) and d) P-V diagram.

- Scenario for creating PV Diagram



PAK module

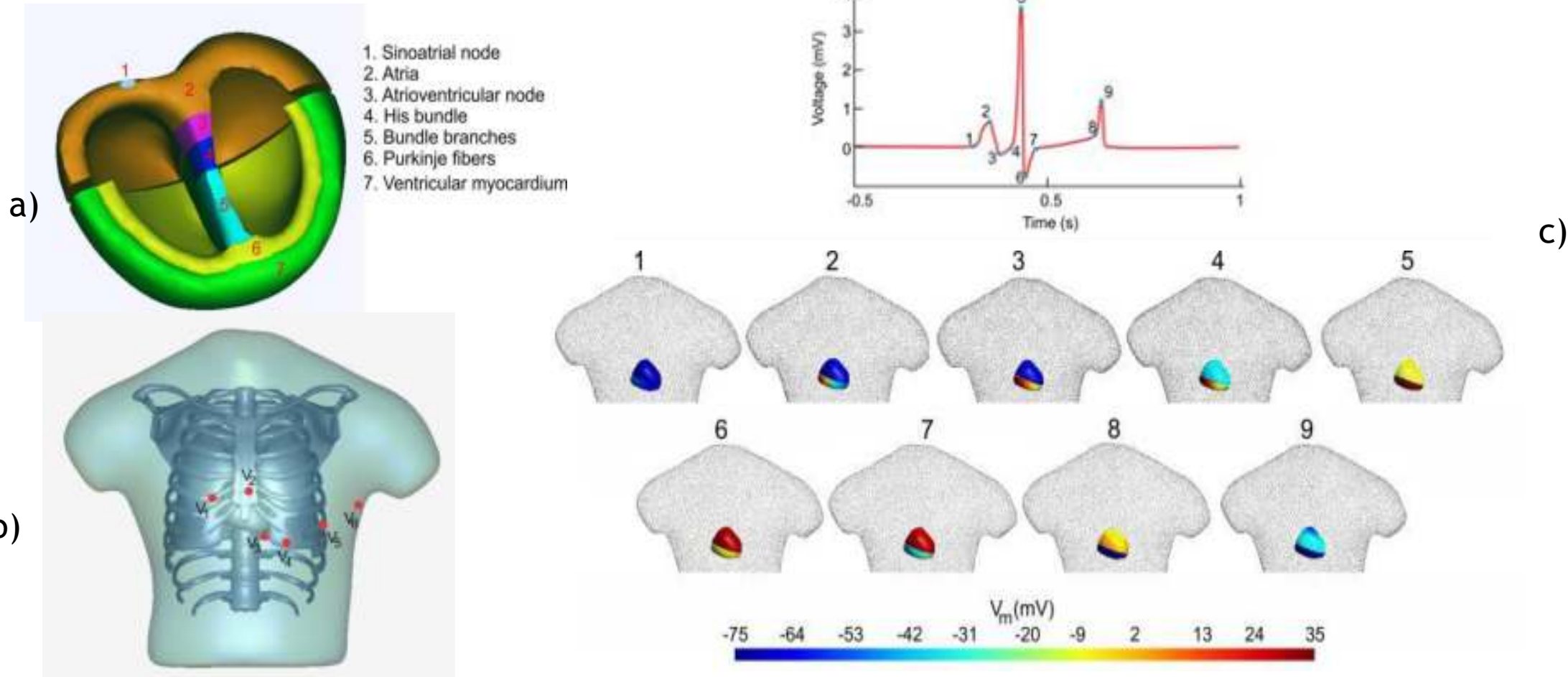
► Example: Realistic heart model



a) Realistic heart FE model with representative cross-section, b) fibers direction in solid part of realistic model and c) fluid velocity field at 0.1s

PAK module

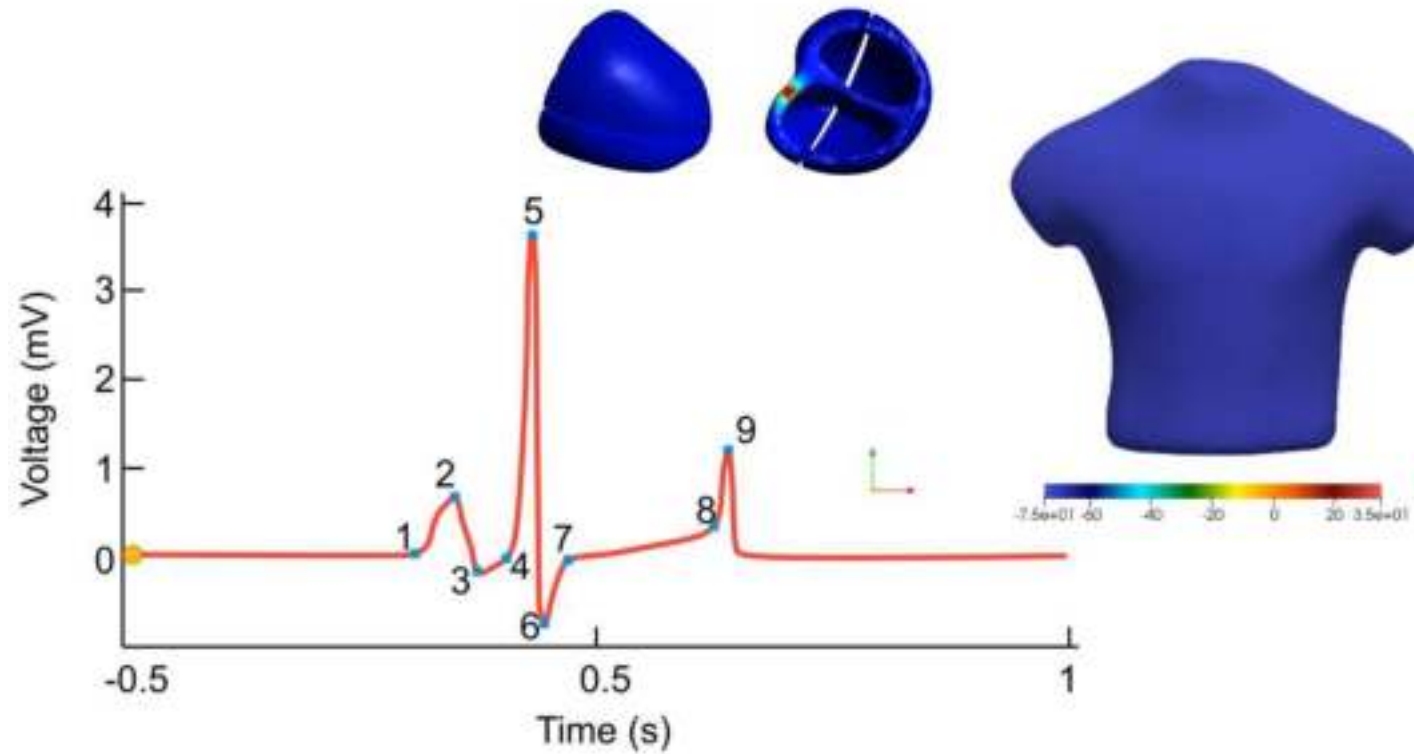
► Example: Torso model



a) Heart geometry and seven different regions of the model; b) Six electrodes (V1-V6) which are positioned at the chest to model the precordial leads; c) Whole heart activation simulation from lead II ECG signal at various time points on the ECG signal. There are 1-9 activation sequences which are corresponding to ECG signal above. The color bar denotes mV of the transmembrane potential.

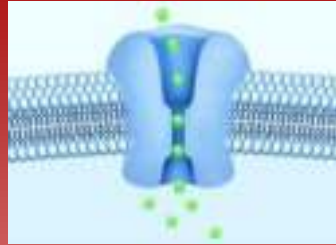
PAK module

- Body surface potential maps with heart activation simulation

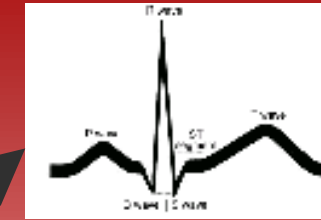


The Heart Physiology as an Electro-Mechanic System

Electrophysiology



ion channels



ventricles

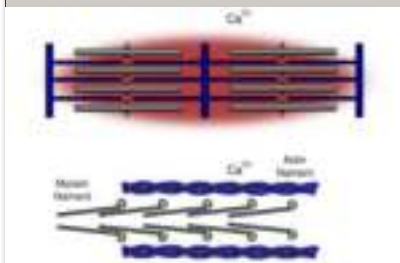
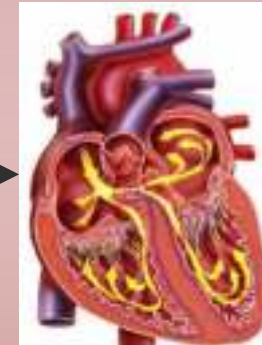
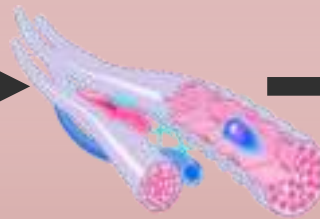
electrocardiogram



Ca²⁺ ion channels

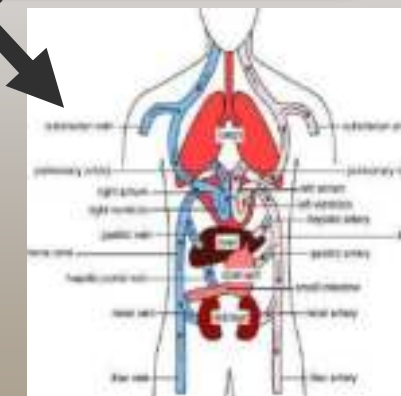
whole cell

myocardium



sarcomere

Biomechanics



circulation

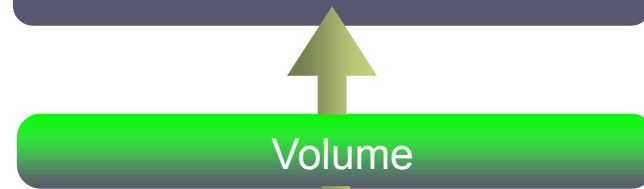
Fluid-Electro-Mechanic Cardiac Model - The Heart as a Multi-Physics Coupled System



Electrophysiology:

Linear anisotropic (fibers) diffusion + non-linear source terms

Rogers-McCulloch, O'Hara-Rudy, Ten Tusscher-Panfilov, Fenton-Karma,...

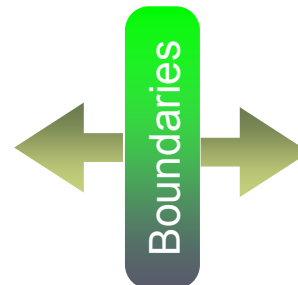


Electro-mechanical coupling, via Ca^{+} transient:

Hunter & McCulloch 1998, Land-Niederer 2017, Rice-Winslow 2006



Large deformations + non-linear,
orthotropic material models:
Holzapfel and Ogden 2009



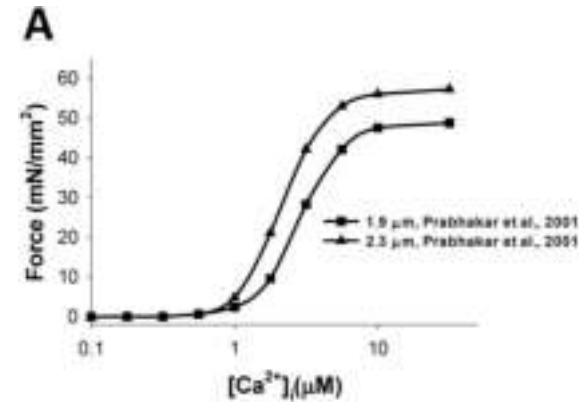
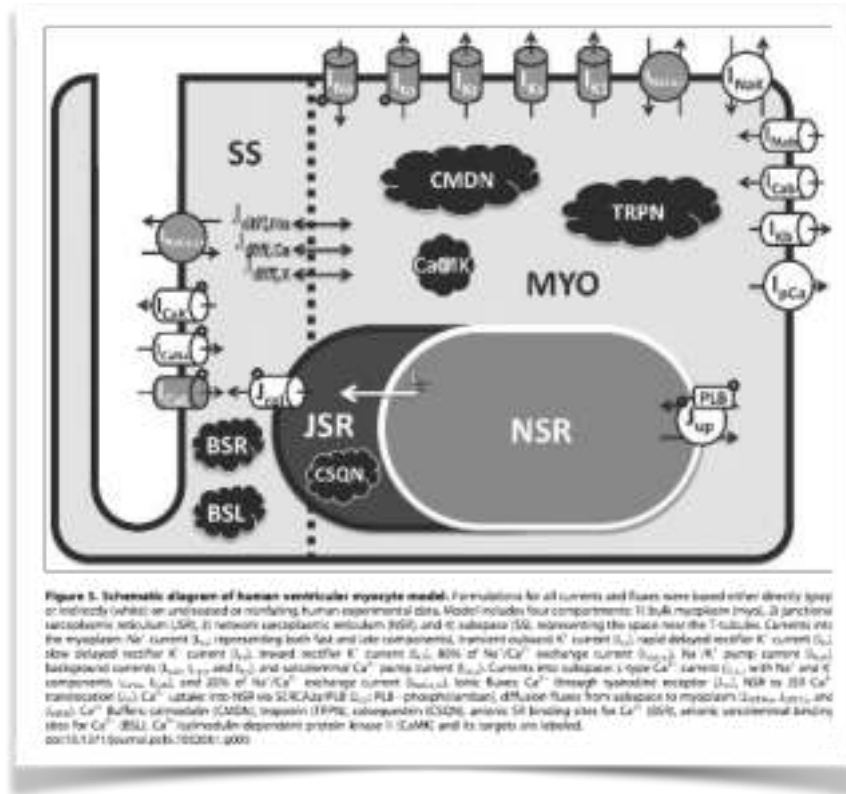
ALE + Immersed
Boundaries



Navier-Stokes for
Incompressible Flow

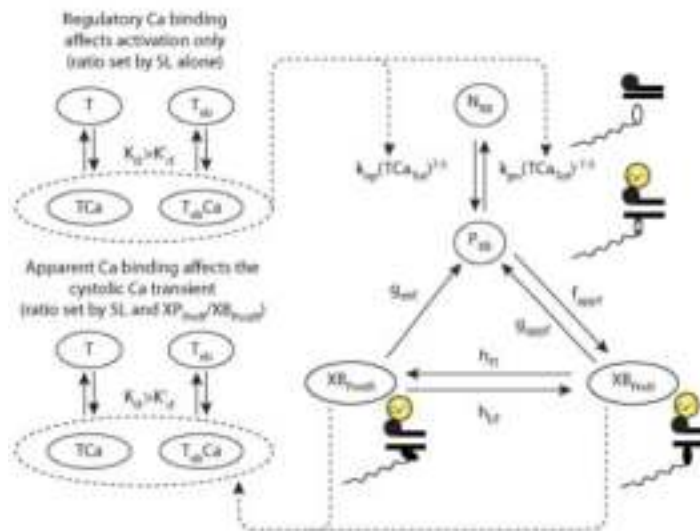
I_{ion}: Human EP model

O'Hara- Rudy
2011



ECC: Rice et al. 2008

ODE-Based Model of Cardiac Myofibrilment



$$\begin{aligned} \frac{dCaTRPN}{dt} &= k_{TRPN} \left(\left(\frac{[Ca^{2+}]_i}{[Ca^{2+}]_{T50}} \right)^{n_{TRPN}} (1 - CaTRPN) - CaTRPN \right) \\ \frac{dB}{dt} &= k_b \cdot CaTRPN^{-n_{TRPN}/2} \cdot U - k_{ub} \cdot CaTRPN^{n_{TRPN}/2} \cdot B \\ \frac{dW}{dt} &= k_{uw} U - k_{wu} W - k_{ws} W - \gamma_{ws} W \\ \frac{dS}{dt} &= k_{sw} W - k_{ws} S - \gamma_{ws} S \\ \frac{d\zeta_w}{dt} &= A_w \frac{d\lambda}{dt} - c_w \zeta_w \\ \frac{d\zeta_s}{dt} &= A_s \frac{d\lambda}{dt} - c_s \zeta_s \\ T_s &= \frac{T_{ref}}{r_s} (S(\zeta_s + 1) + W(\zeta_w)) \end{aligned}$$

$$\lambda = SL/SL_0 = [PF] \quad (\text{in multiscale simulations})$$

$$U = (1 - B) - S - W$$

$$\gamma_{ws} = \gamma_{ws}[\zeta_w]$$

$$\gamma_{ws} = \begin{cases} \gamma_s(-\zeta_s - 1) & \text{if } \zeta_s + 1 < 0 \\ \gamma_s \zeta_s & \text{if } \zeta_s + 1 > 1 \\ 0 & \text{otherwise (if } \zeta_s + 1 \in [0, 1]) \end{cases}$$

$$A_s = A_w = A_{eff} \cdot r_s / ((1 - r_s)r_w + r_s)$$

$$k_{uw} = k_{uw}(1/r_w - 1) - k_{wu}$$

$$k_{wu} = k_{wu}r_w(1/r_s - 1)$$

$$k_s = k_s CaTRPN^{n_{TRPN}} / (1 - r_s - (1 - r_s)r_w)$$

$$c_w = \phi \cdot k_{uw} \cdot U / W = \phi \cdot k_{uw} \cdot ((1 - r_s)(1 - r_w)) / ((1 - r_s)r_w)$$

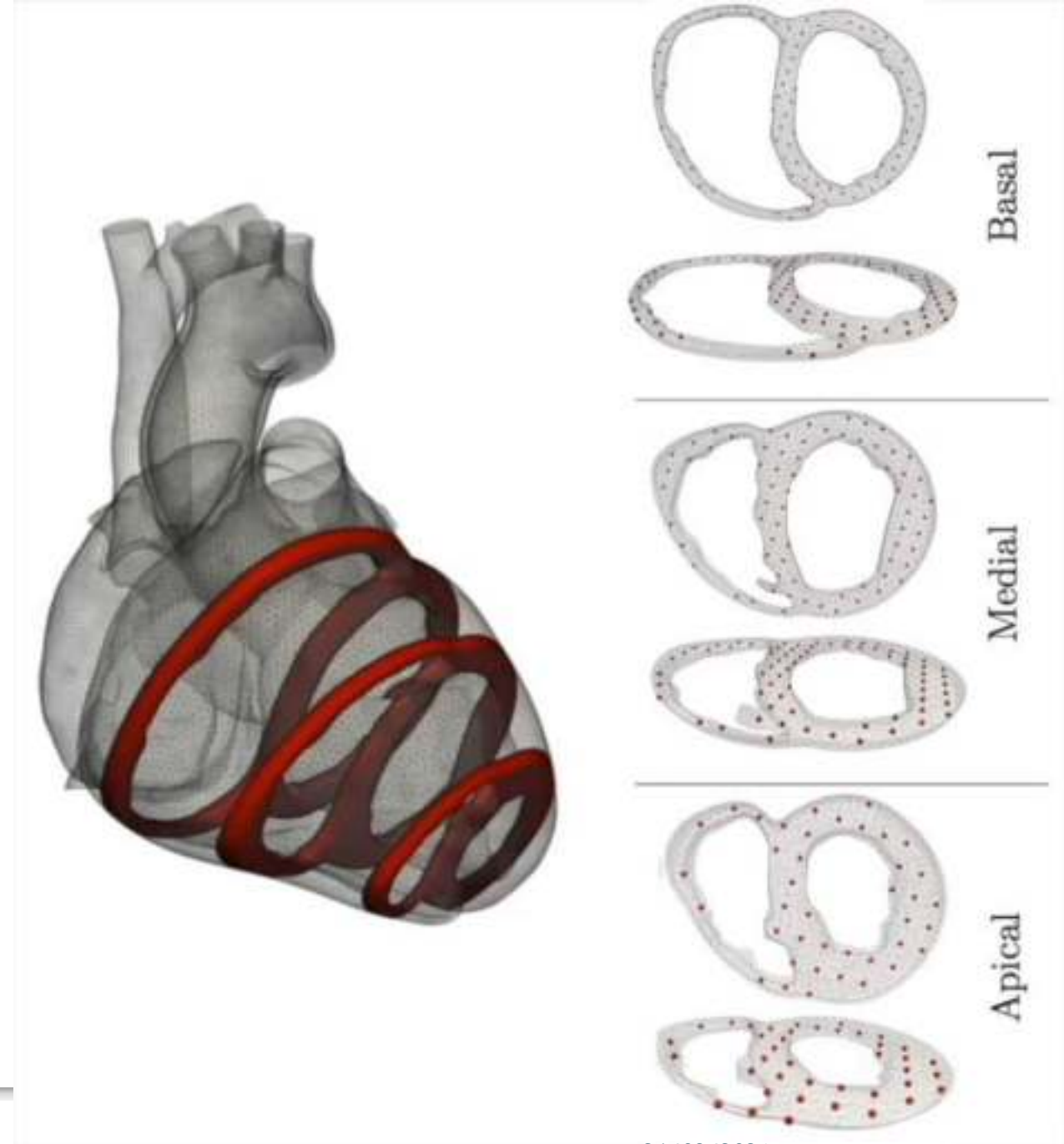
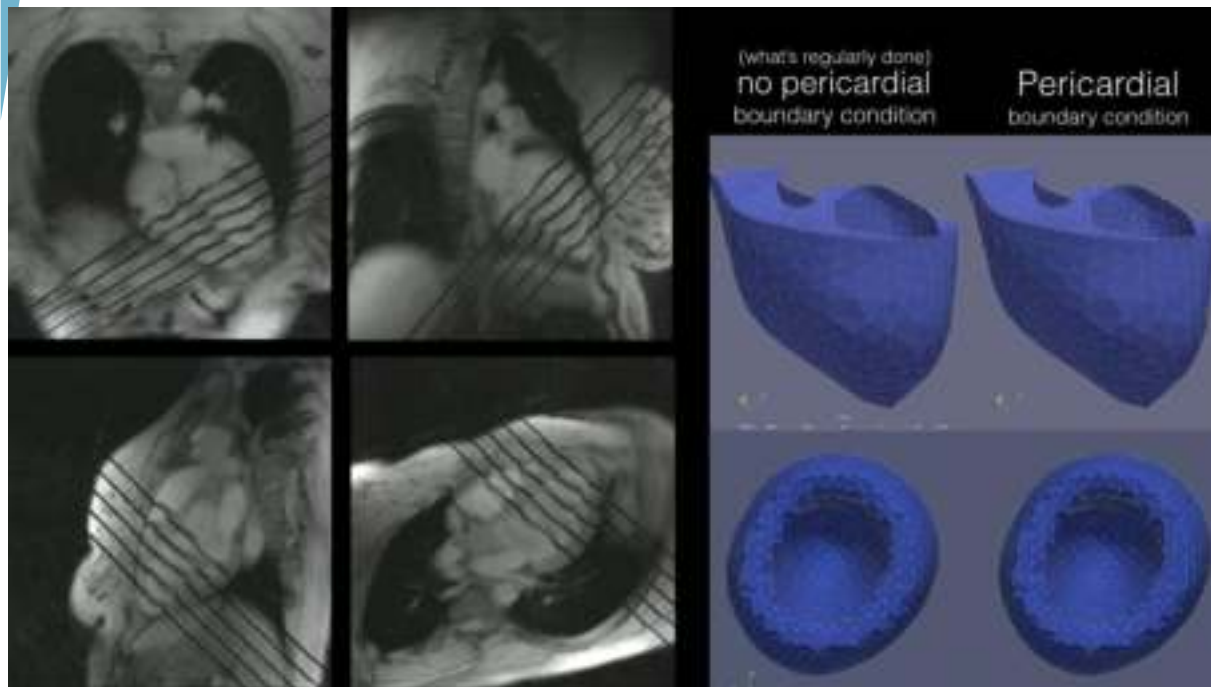
$$c_s = \phi \cdot k_{ws} \cdot W / S = \phi \cdot k_{ws} \cdot ((1 - r_s)r_w) / r_s$$

Fully Coupled Electro-Mechanic-Fluid simulation

Number of elements:
4M total
240 cores, 12 hrs, 400 ms



Boundary Conditions and Physiological motion



Human Biventricular Geometry Reconstruction

High Resolution MRI
of Male and Female
Human Hearts

Courtesy of The Visible Heart ® Lab

Segmentation and Surface
representation

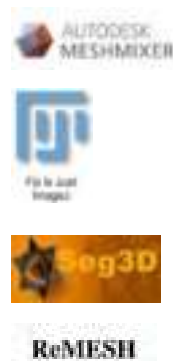
Endocardial structures included are $\geq 1 \text{ mm}^2$ cross-
section

Biventricular Detailed
Octree
Volumetric Meshes

MAXIMUM ELEMENT SIDE LENGTH: 0.4
mm



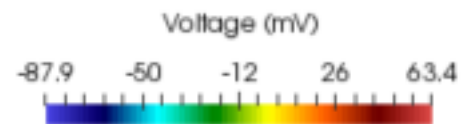
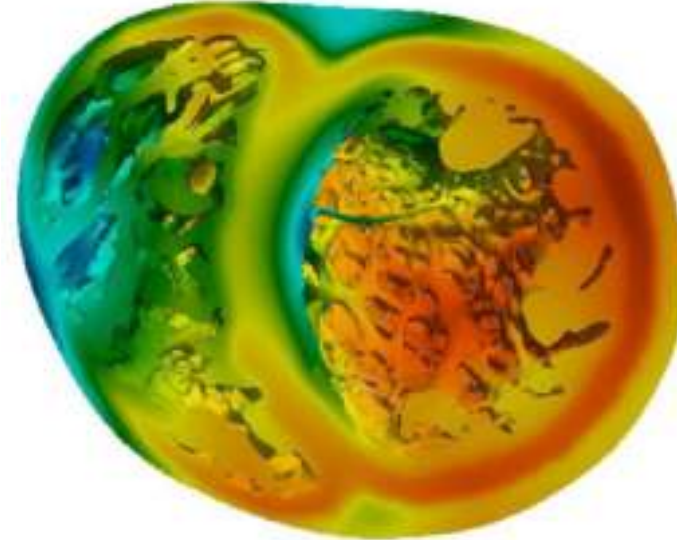
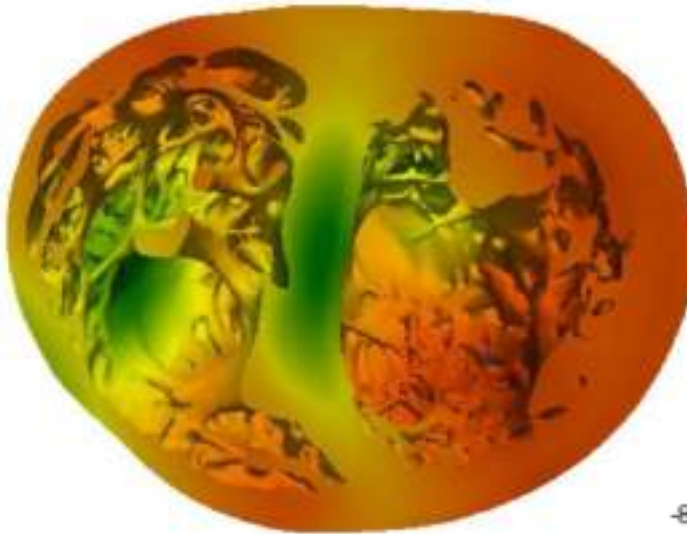
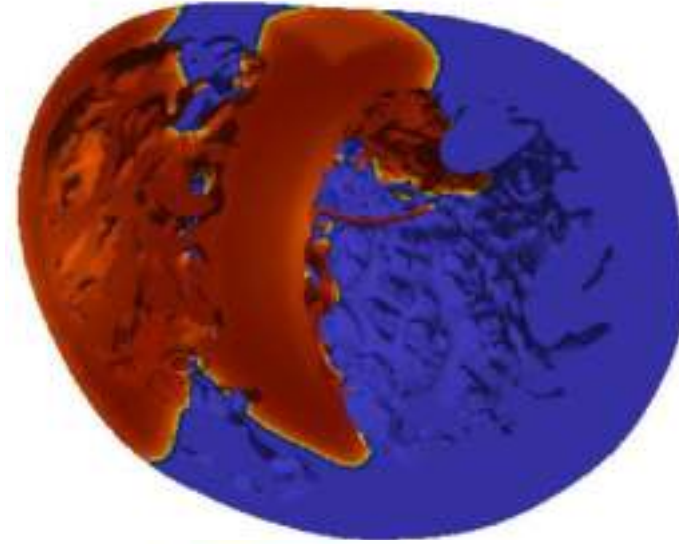
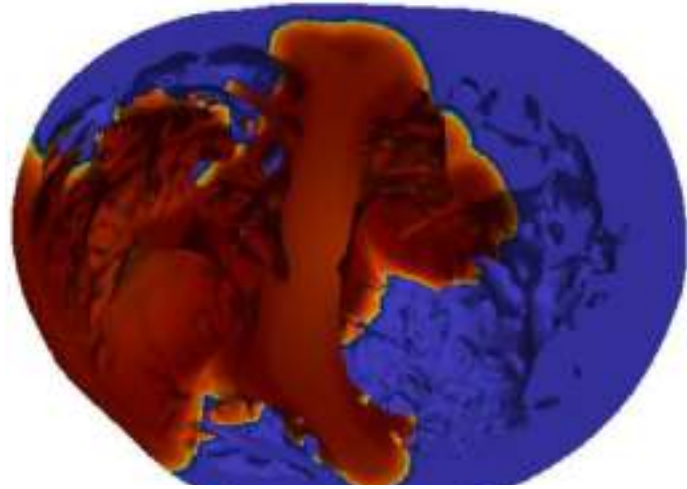
● Male Heart
● Female Heart

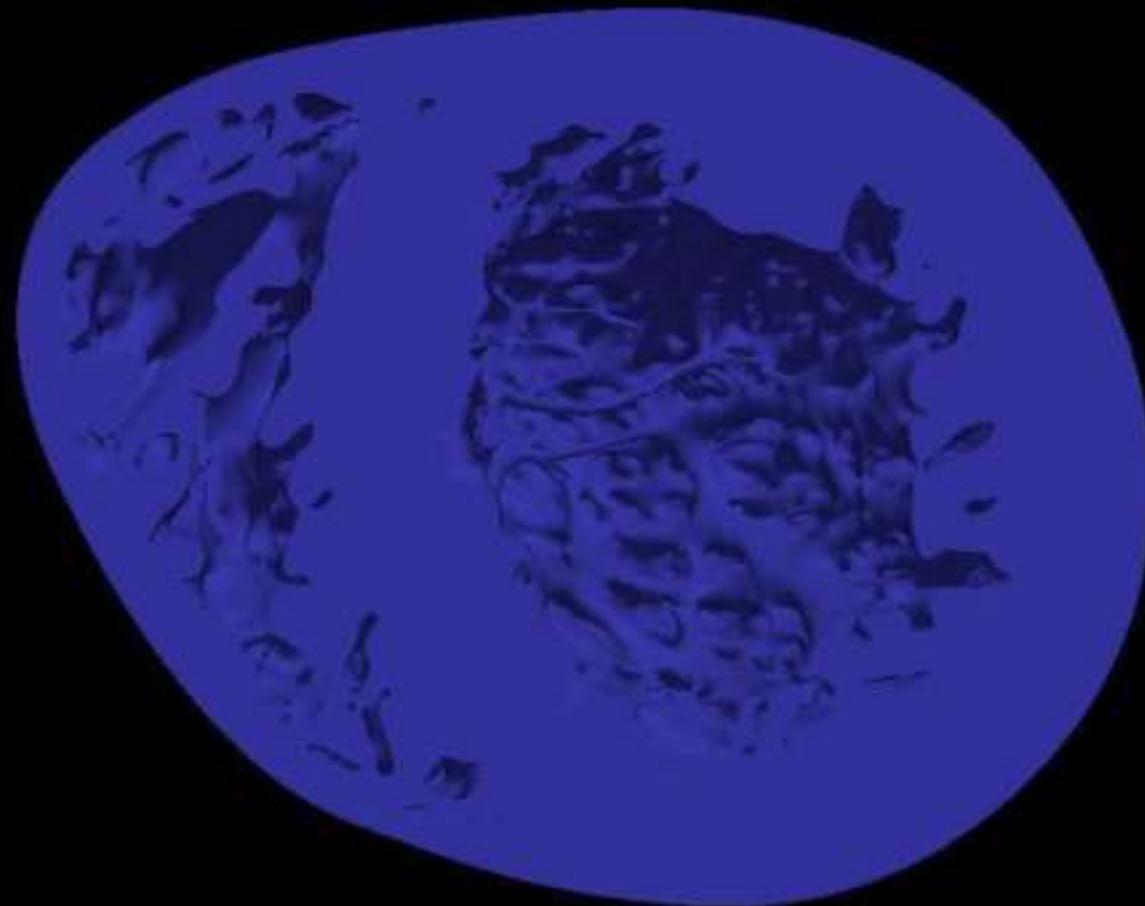
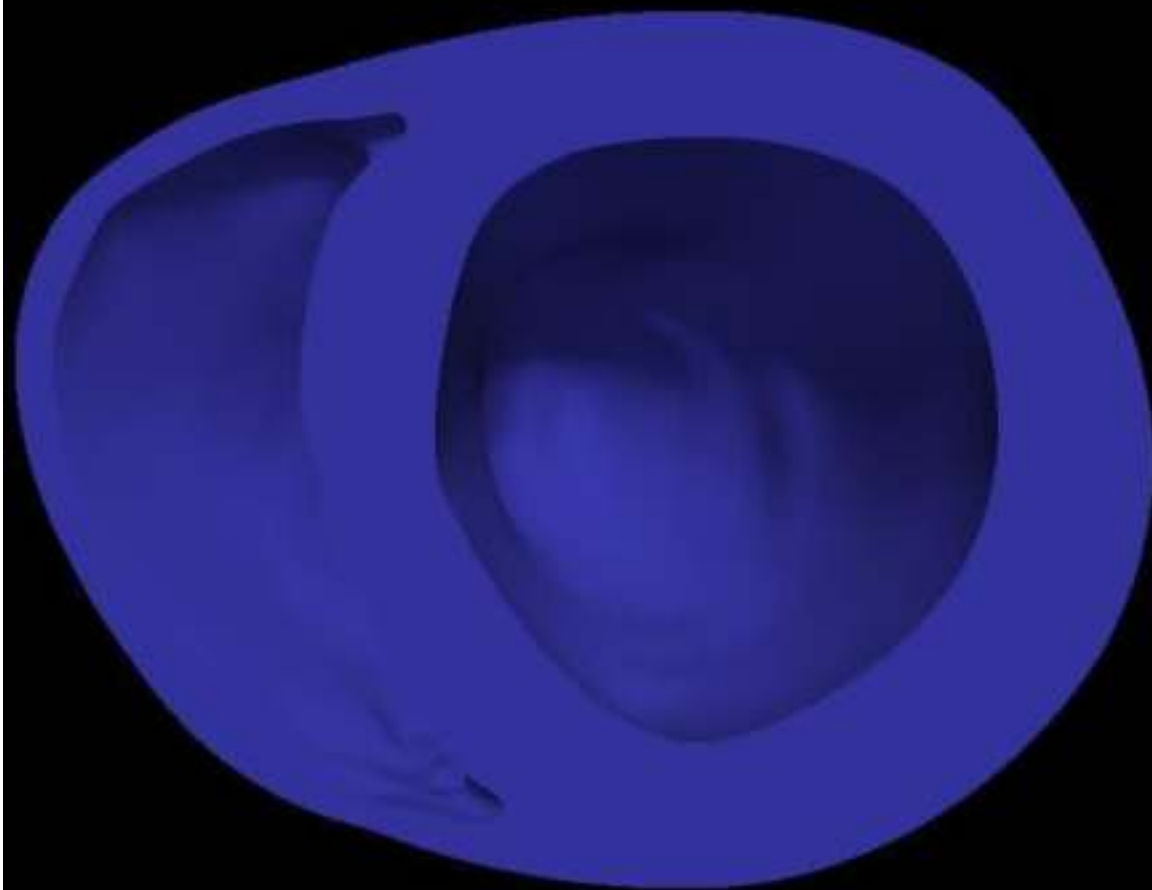


n° elements: 86.318.429
Volume: 394.2 cm³
n° points: 14.994.563



n° elements: 65.501.799
Volume: 299.2 cm³
n° points: 11.416.445





Time: 0.000000



Molecular data



Signaling
Pathway
selection

Drug Database

Drug
selection

Minerva

Drug/Protein
Interactions

Data
Collection

SILICOFM
MUSICO Model

SILICOFM Finite Element Model

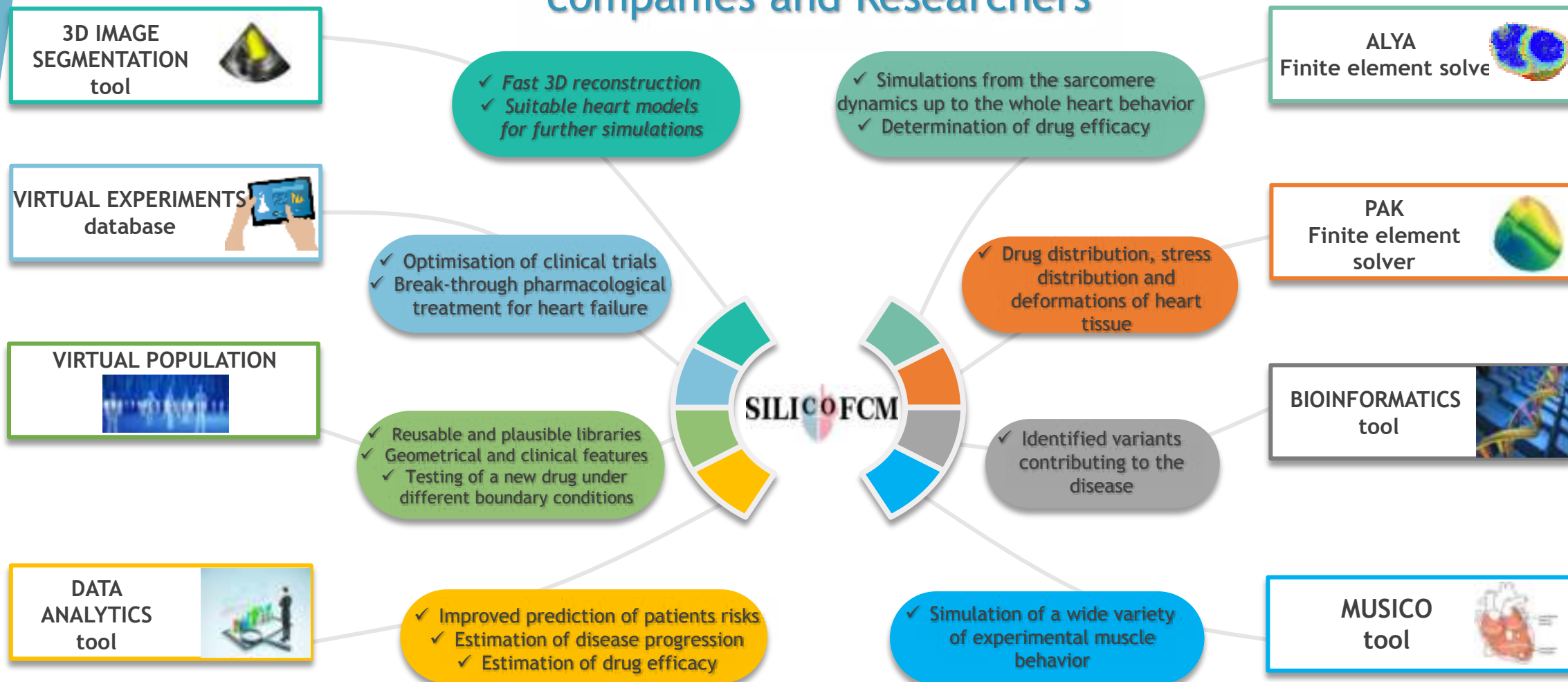
- 1- Inlet cross-section
- 2- Outlet cross-section
- 3- Mitral valve cross-section
- 4- Aortic valve cross-section



Clinical decision for
patient therapy



SILICOFCM Tools - Specific impact on Medical doctors, Pharmaceutical companies and Researchers



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LinkedIn: [SILICOF CM Horizon EU project](#)

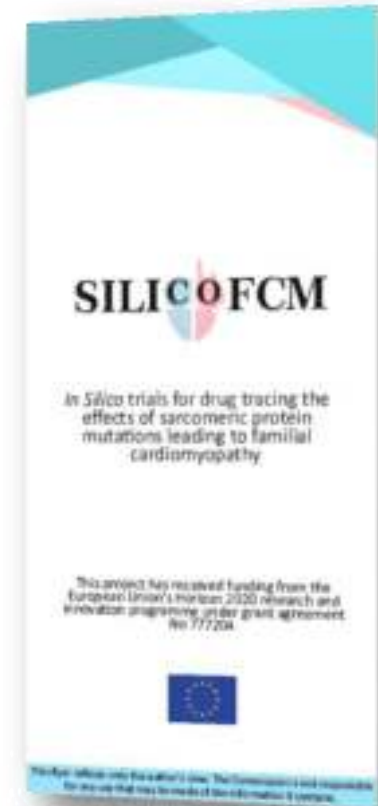


Visit our website: www.silicofcm.eu



[SILICOF CM DEMO Video](#)
[SILICOF CM PROMO Video](#)

Subscribe on our [YouTube channel](#)



PRECISE4Q

PREDICTIVE MODELLING IN STROKE



Dietmar Frey, Charité

Gunnar Cedersund,

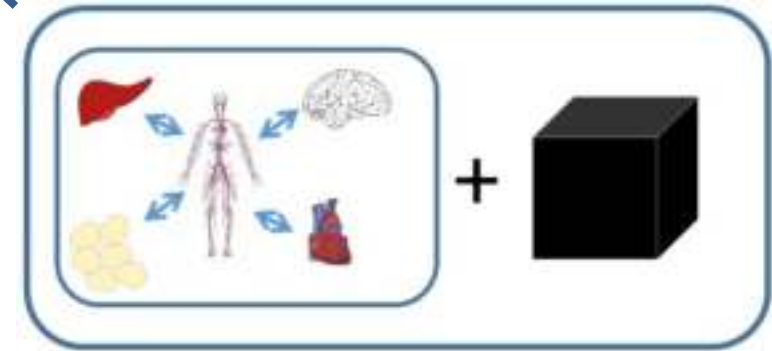
Department of Biomedical Engineering

Overview of the project partners and roles

P1 Charité (acute, prevention)
P6: Guttman (recovery)
P7: Linköping (prevention)



P2: Empirica, health economy
P4: Zürich – Ethical implications



P1 Charité,
P7: Linköping,
P3 Dublin:

P3: Dublin - Statistical risk
and imputation models

P8: Graz/Muria & P9: DFKI
Health informatics

10 LARGE CLINICAL STUDIES

AOK

UKBB

SCAPIS

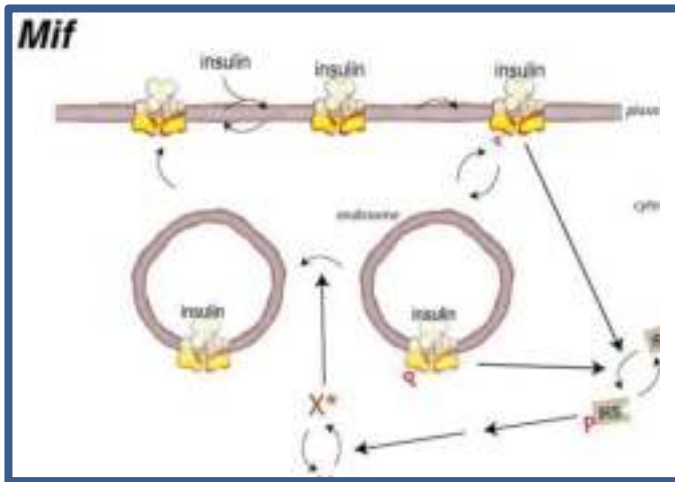
CARDIPP

Whitehall 2

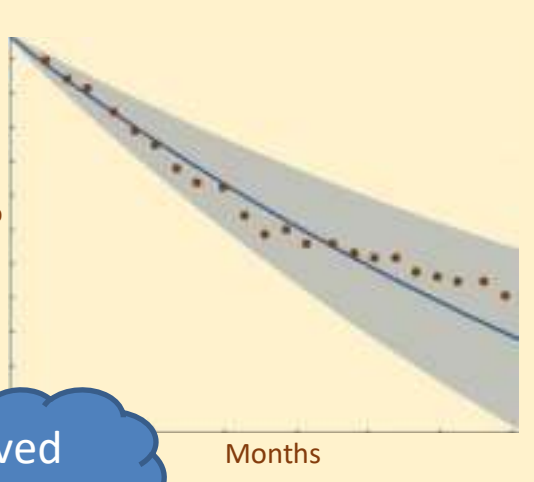
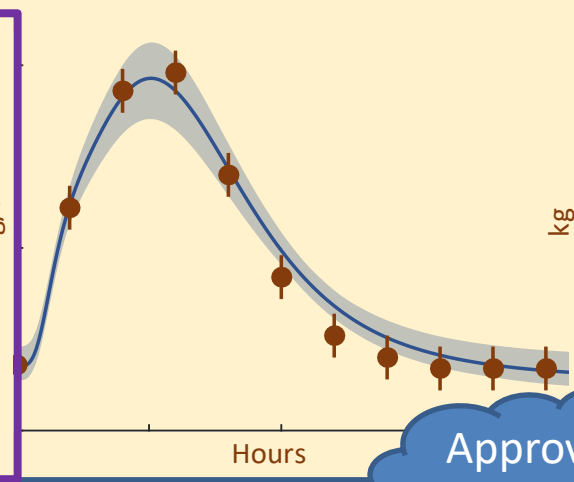
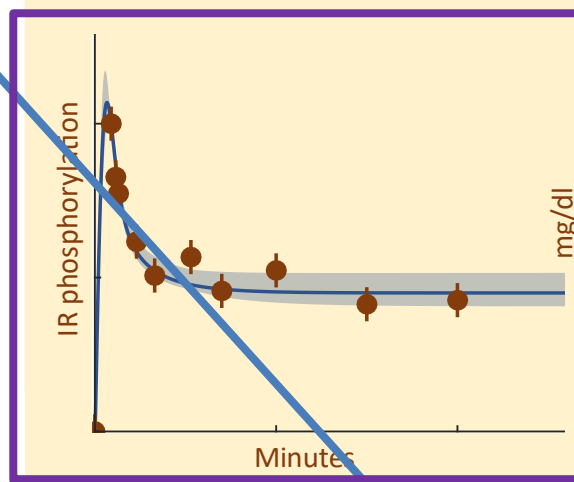
Estonian

P11: Qmenta – data warehouse

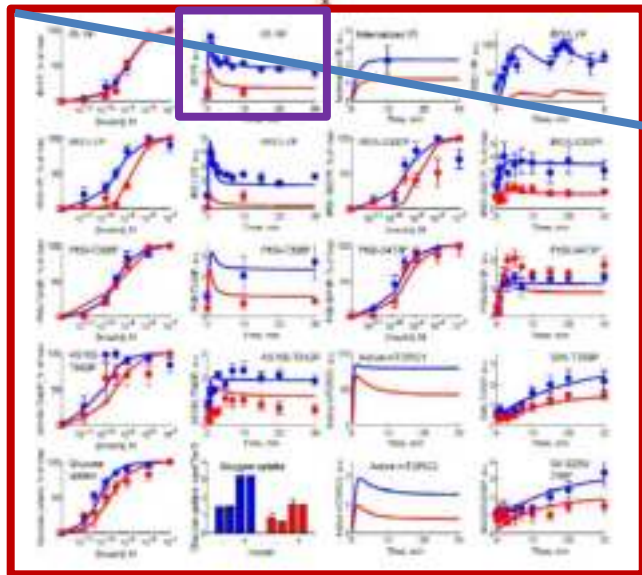
My own 20 year-long story of multi-level and multi-timescale modelling



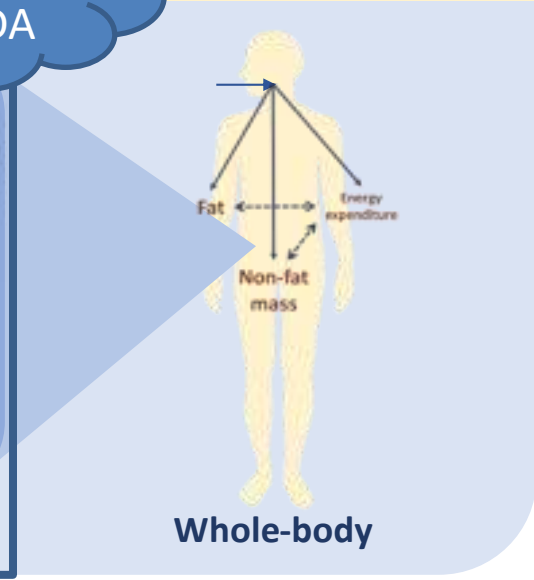
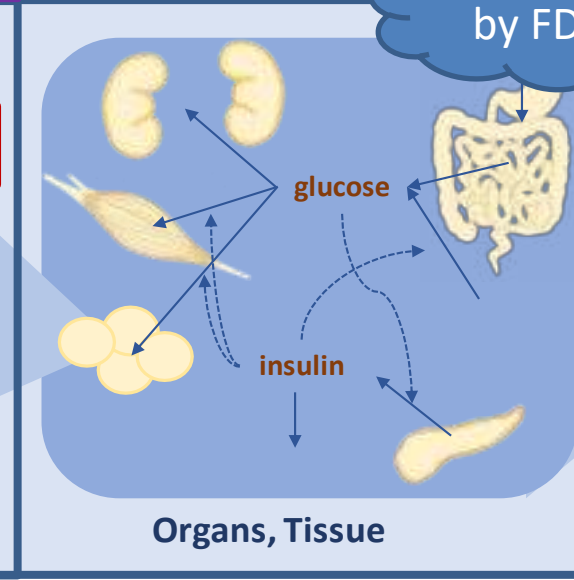
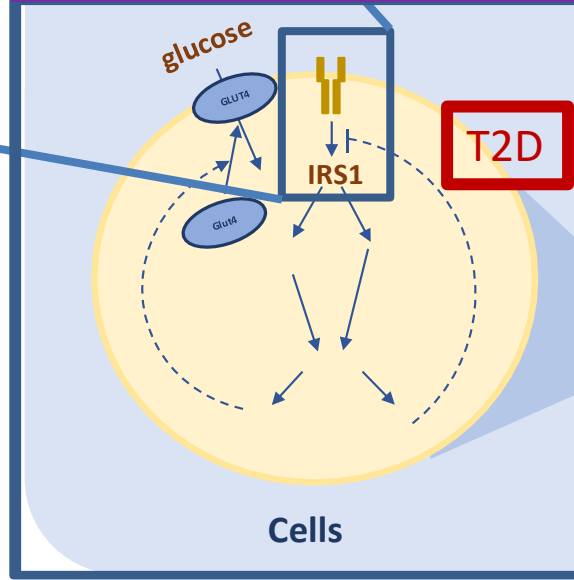
Data



Approved by FDA



Model



Brännmark 2010, JBC

Brännmark 2013, JBC

Nyman 2011, JBC

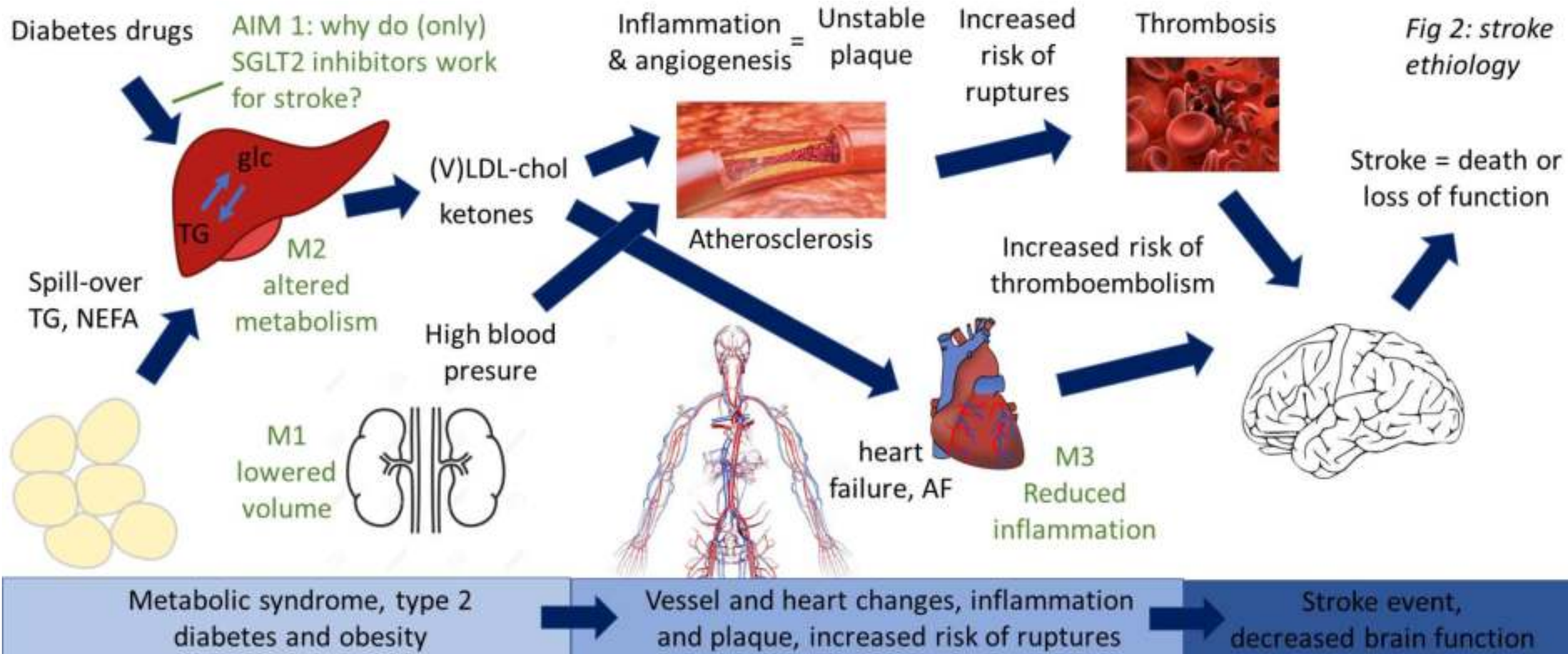
Casas 2017, 2018, Palmér 2014

Lundengård 2016, Sten 2017

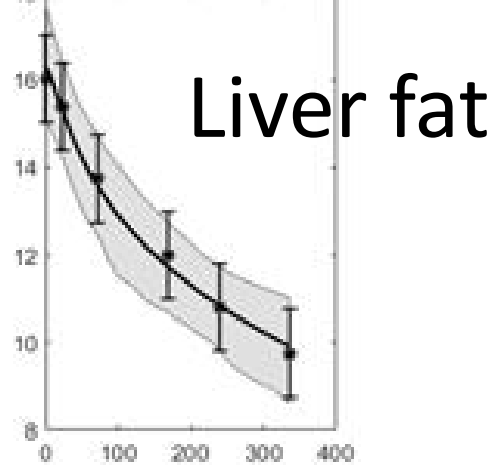
Hall, Lancet, 2011

Nyman and Herrgårdh, *in ms*

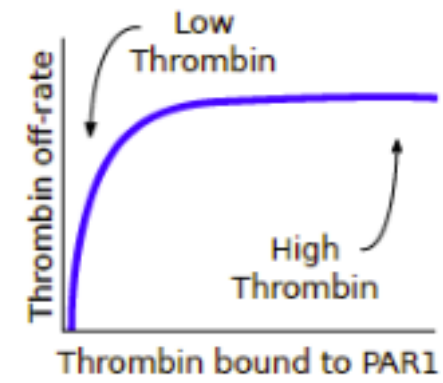
Ethiology of an ischemic stroke



Primary hepatocytes
organs-on-a-chip

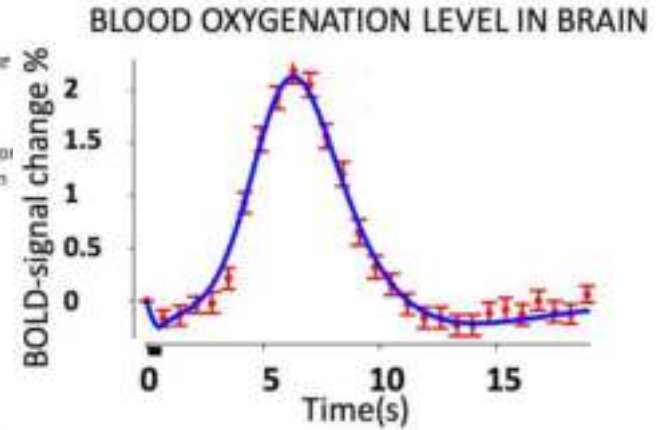
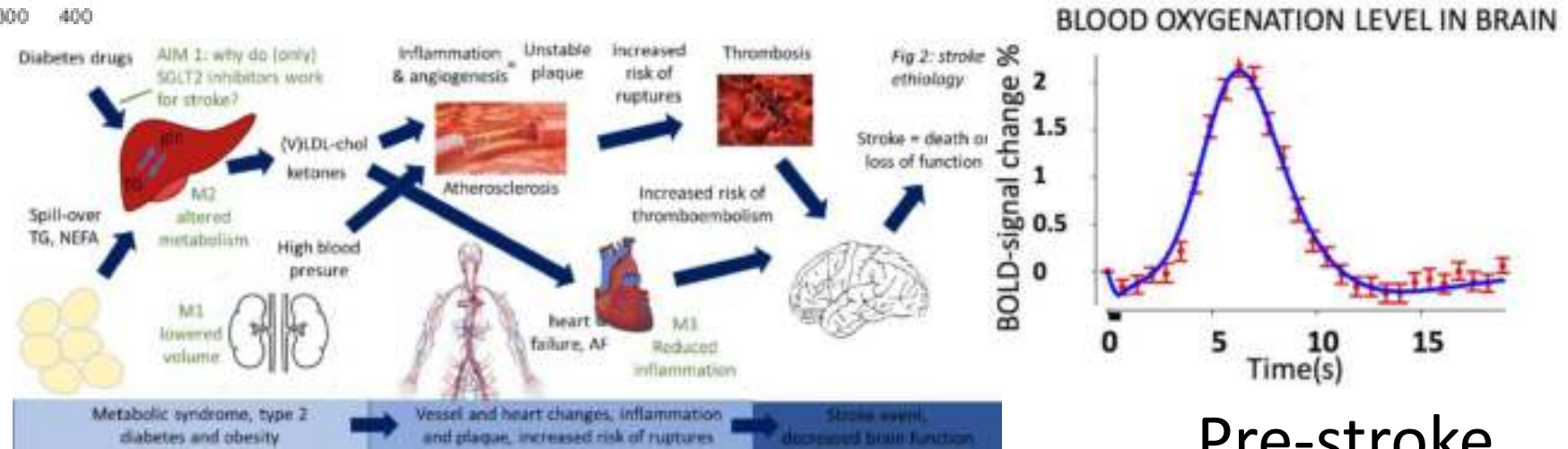


Plaque
biopsies, MRI
Flow-
chamber

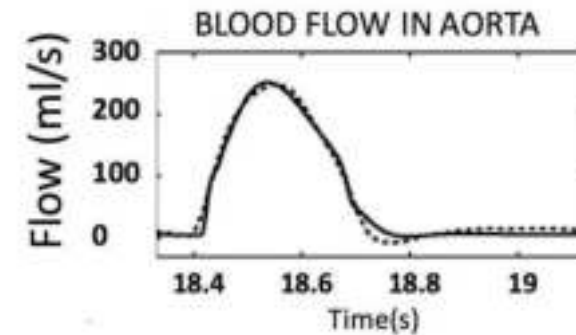
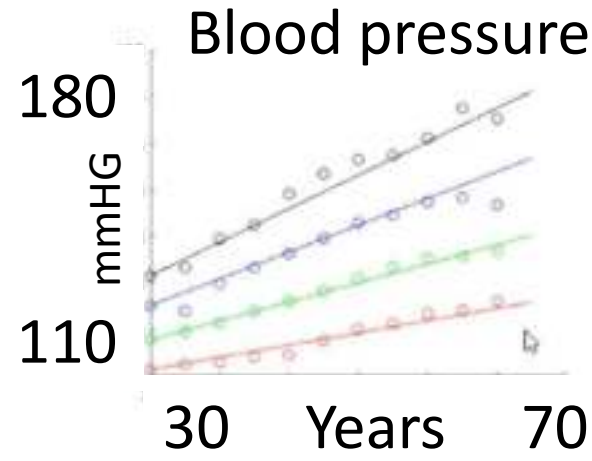
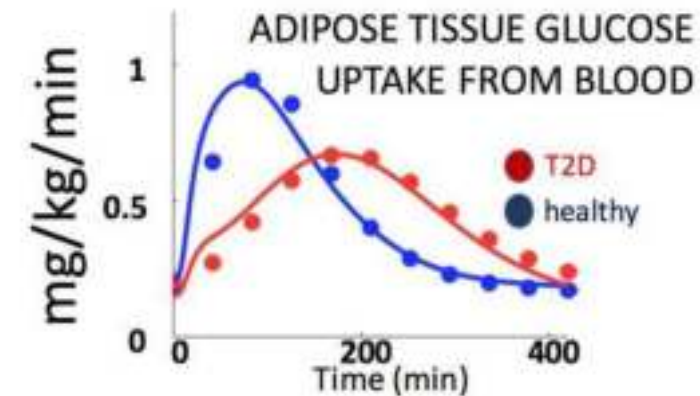


Neuronal
models

Primary adipocytes,
arteriovenous
difference data



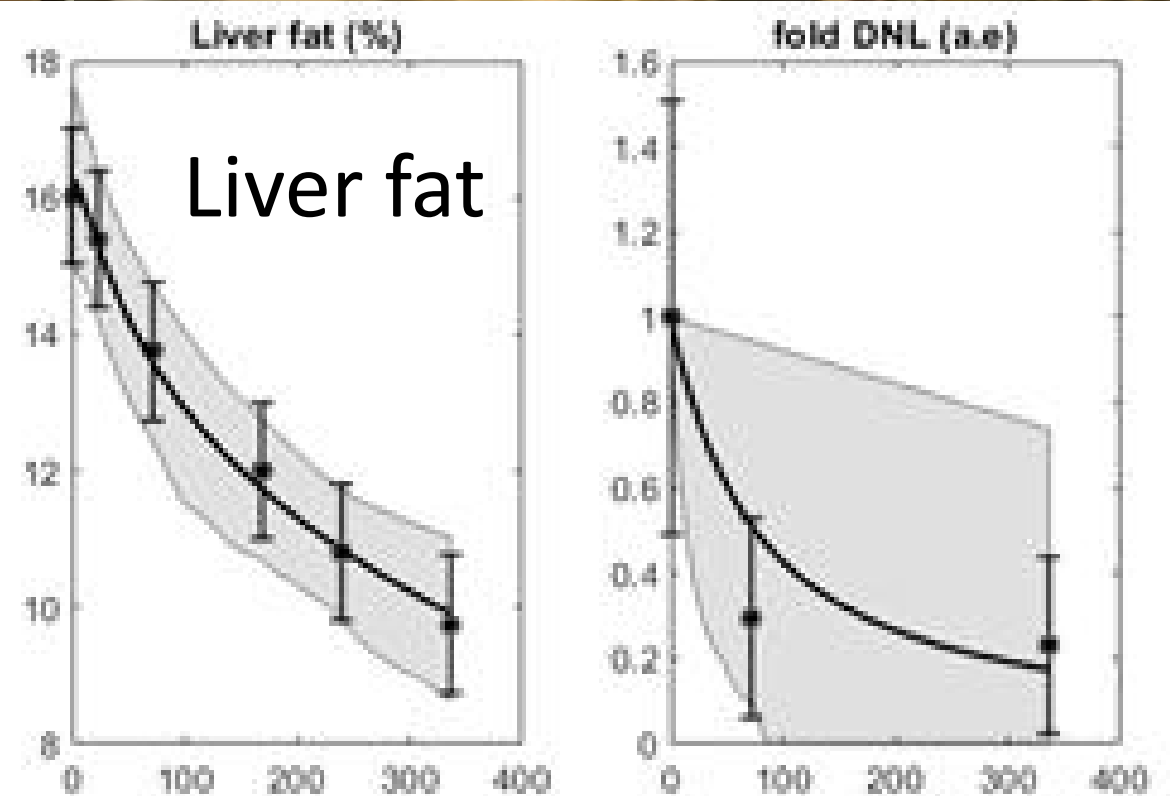
Pre-stroke
& post-stroke



4D flow data, organs-on-a-chip

From motivation and prevention to treatment, rehabilitation, and re-integration

- NAFLD (liver fat) is connected to obesity, diet, dyslipidemia, etc, and is a risk factor for liver complications, stroke, etc
- By simulating different scenarios, we can show how the liver fat is getting worse or better depending on the persons diet, exercise, etc.
- Health conversation already lowers the risk of a cardiac event with 30%. ***We want to magnify this effect!***
- Wearable sensors => home monitoring
- Bring the twin to cardiologist, hepatologist, stroke surgery, re-hab, etc



Our digital twin software prototype

The screenshot displays the MeVisLab SDK interface for a digital twin. The left panel contains a list of attributes for a digital twin, including Abdomen, Age, Atheroma, Average plasma glucose concentration, BMI, Body surface area, C-reactive protein (CRP), Cholesterol HDL, Cholesterol LDL, Coronary perfusion pressure, Creatinine, Diastolic pressure day, Excess pressure in the heart, Gender, Glucose, and Heart rate. Below the list are buttons for 'Modify twin' and 'Switch twin'. The right panel shows a 3D visualization of a human figure with internal organs highlighted in different colors (lungs in blue, heart in red, liver in green). The bottom of the interface includes buttons for 'Run simulation', 'show variable info', and 'Reset simulation', along with a 'Zoom' slider and a 'Rotate' control.

Digital Twin **Schedule** **Variables**

Info
Here you find all info about the digital twin.

Digital twin attributes

- Abdomen: 17.55
- Age: 46
- Atheroma (plaque): 1.38
- Average plasma glucose concentration: 40
- BMI: 22.2
- Body surface area: 1.92
- C-reactive protein (CRP): 1.1
- Cholesterol HDL: 1.2
- Cholesterol LDL: 2.8
- Coronary perfusion pressure: 54.29
- Creatinine: 4.3
- Diastolic pressure day: 83.0
- Excess pressure in the heart: 371.83
- Gender: 1
- Glucose: 6.4
- Heart rate: 53

Modify twin **Switch twin**

Run simulation **show variable info** **Reset simulation**

Zoom

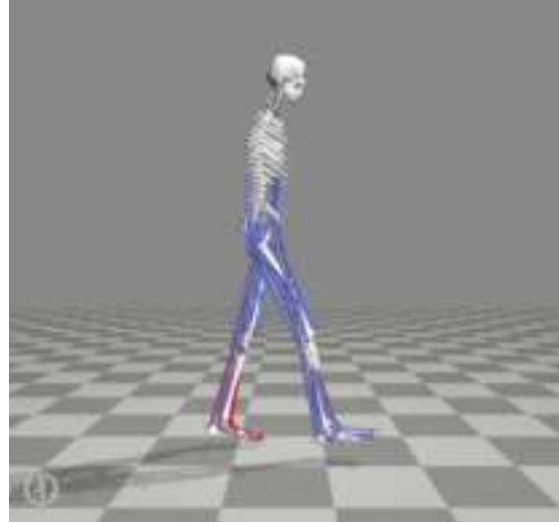
Rotate

Evaluation version of MeVisLab SDK

Biomechanics and exercise modelling

Biomechanics

Motion-
capture



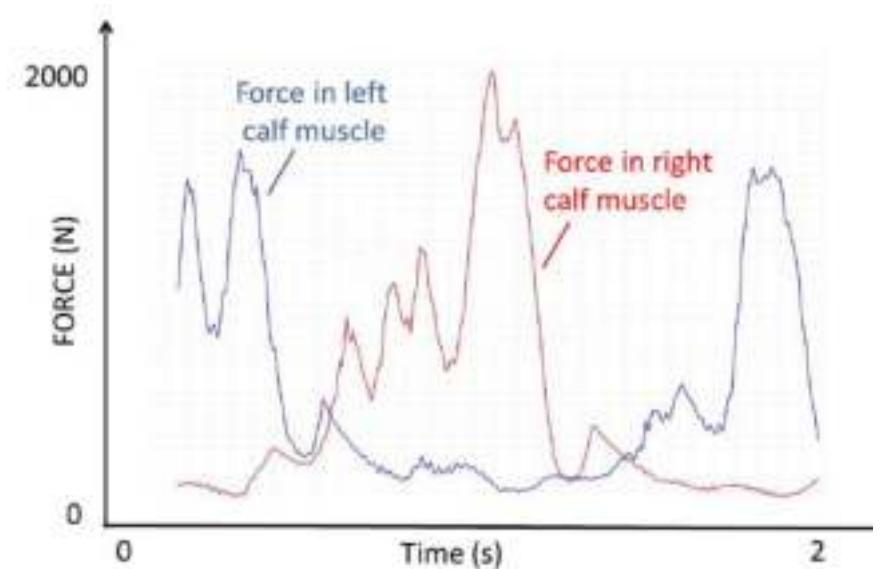
Artificial
Intelligence

Deep fake
and GAN



Benefits with our approach

- Nicer images in the end
- Connection to medical benefits



Hybrid modelling – basic principle

Gender	1
High bloodpressure	0
Hereditary	0
Length	179
Weight	71,5
Stressed	0
Smoking	0
Hemoglobin	158
Leukocytes	6,4
Thrombocytes	284
Glucose	6,4
Creatinine	4,3
Triiodothyronine	
Cholesterol HDL	
Cholesterol LDL	2,8

Measured/known

unknown

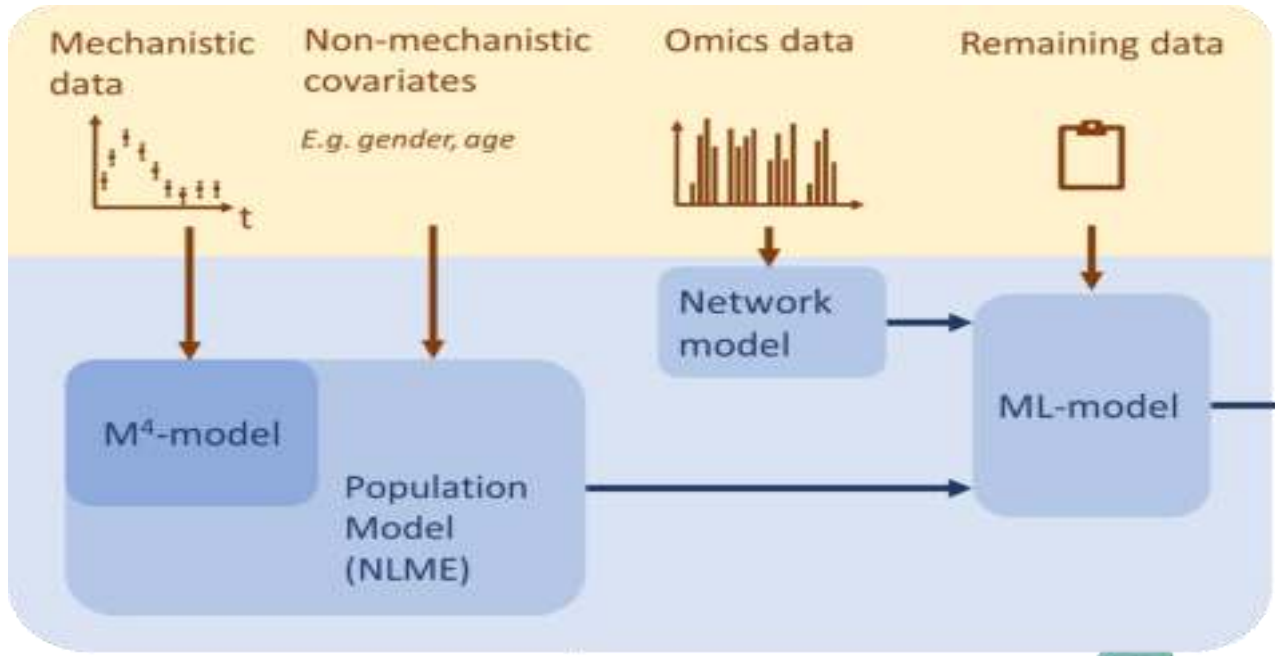
LOAD
SCHEDULE

SAVE
SCHEDULE

SHOW RISK
FACTORS

IMPUTE
VALUES

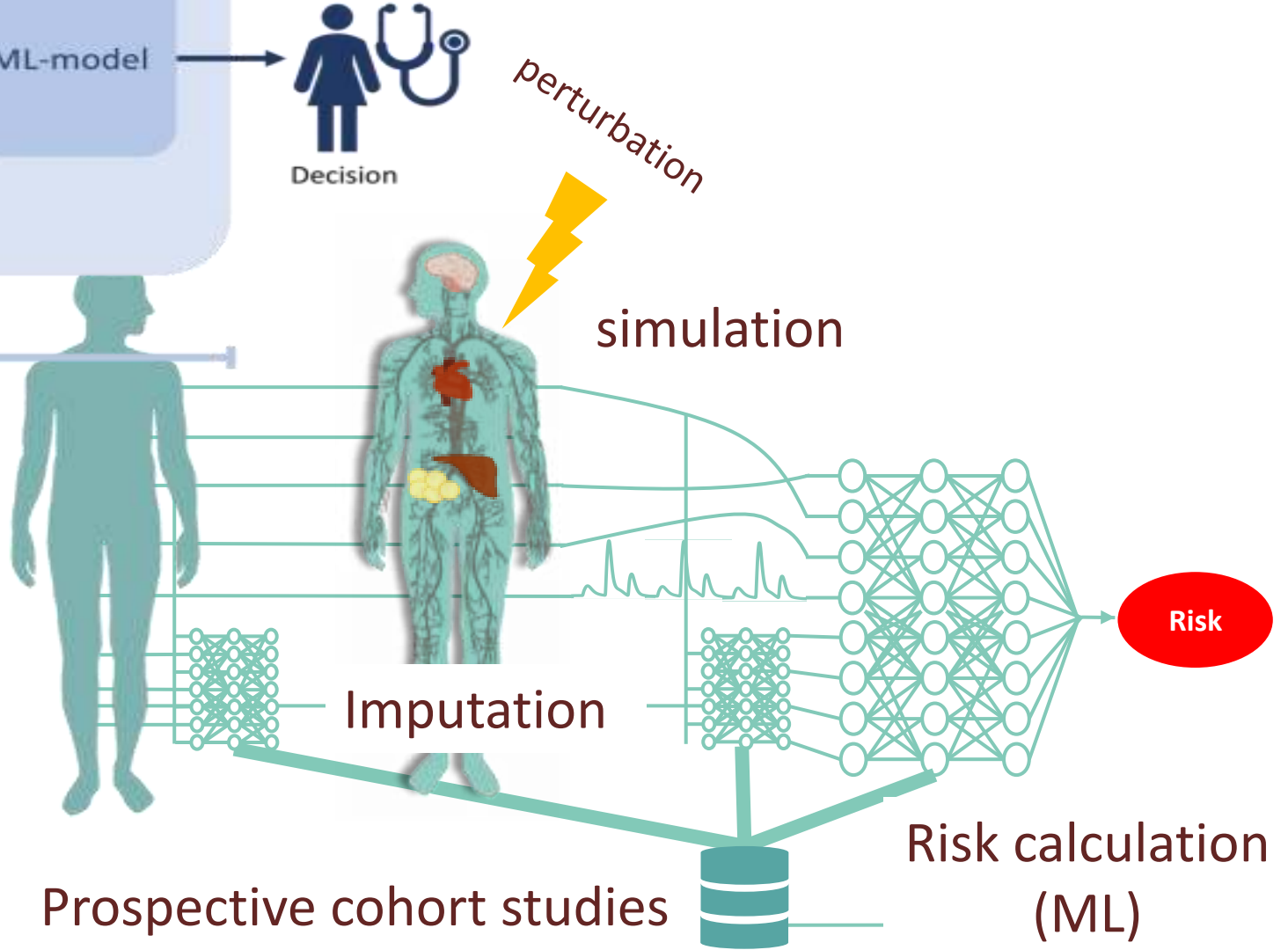
CALCULATE
RISK



*And another approach for **simulation** of such hybrid models*

Step 1: Blended hybrid modelling
Step 2: Sequential hybrid modelling

*One hybrid approach for **risk calculation** – combining bioinformatics, mechanistic multi-level population models, and machine learning*



Summary and long-term vision: a personalized patient-centered interconnected healthcare system



First donation of cells

New cells when needed



Experiments on your own cells in a little "mini-you"

Translation of results to your own digital twin



Digital twin

Music, arts, gaming, etc



first data

Addition of new data



Usage throughout your Patient Journey



A European standardization framework for data integration and data-driven *in-silico* models for personalised medicine

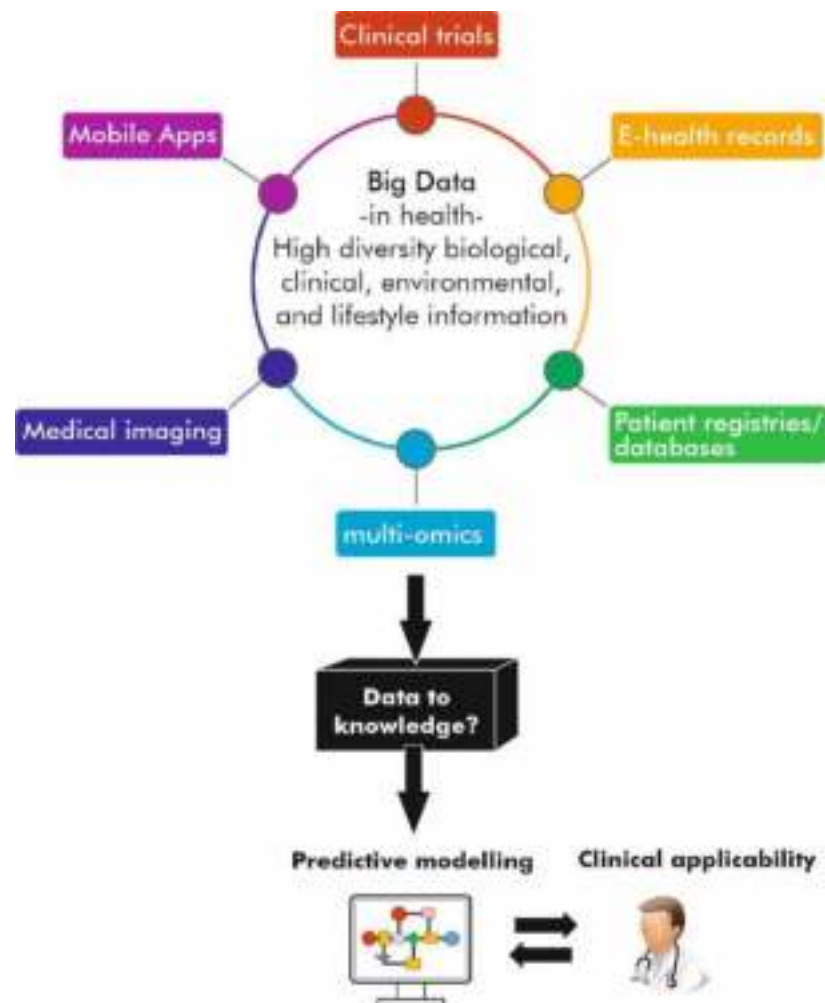
OActive workshop
26 March 2021

Marc Kirschner, coordinator on behalf of the EU-STANDS4PM consortium
m.kirschner@fz-juelich.de

At a glance

- ⇒ **Type:** Coordination and support action
- ⇒ **EC H2020 Work Programme 2018-2020:** Health, demographic change and wellbeing
- ⇒ **Budget:** 2.0 Mio €
- ⇒ **Project duration:** 3 years (2019-2021)
- ⇒ **Consortium:** 16 partners, 8 countries
- ⇒ **Coordinator:** Forschungszentrum Jülich GmbH, Project Management Jülich

From data to knowledge through *in silico* modelling

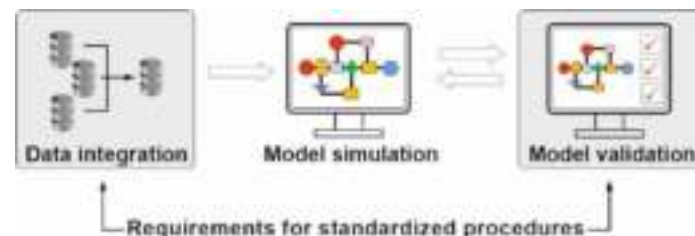


Guidance for

- ⇒ Data harmonization and integration
- ⇒ Model validation
- ⇒ Legal and ethical challenges
- ⇒ Data governance

Development of

- ⇒ Recommendations and guidelines



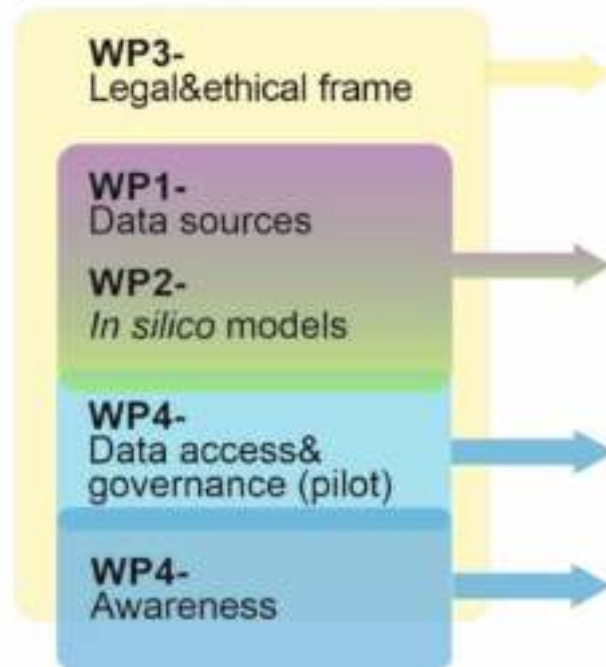
Target communities

- ⇒ European collaborative research, Funding organizations, Regulatory bodies

Project structure and output



pan-European forum



Project outputs

Assessments

State of the art

Reviews

Recommendations

Dissemination

Selected project outputs, period Jan 2019 – Mar 2021

WP1 – Data sources and models in personalised medicine across Europe

Featuring

- ⇒ EU-wide mapping of data sources relevant for personalized medicine.
- ⇒ Online survey with 92 questions regarding
 - > datasources and standards
 - > modeling methods and standards
 - > data access consent

Work in progress

- ⇒ EU/Project report
- ⇒ Manuscript

Ingrid Kockum

WP2 - White Paper on *in silico* models



Featuring

- ⇒ State of the art modelling approaches for personalized medicine
- ⇒ Recommendations for data integration and model validation
- ⇒ Collection of use cases

Work in progress

- ⇒ Manuscript for a review article

Catherine Collin

First article with guidelines published

Workshop

Søren Brunak, Catherine Bjerre Collin, EU-STANDS4PM Consortium,
Katharina Eva Ó Cathaoir, Martin Golebiewski, Marc Kirschner*, Ingrid Kockum,
Helke Moser and Dagmar Waltemath

Towards standardization guidelines for *in silico* approaches in personalized medicine

<https://doi.org/10.1016/j.jbi.2020.103166>

Received: February 18, 2020; accepted: April 25, 2020

Abstract: Despite the ever progressing technological advances in producing data in health and clinical research, the generation of new knowledge for medical benefits through advanced analytics still lags behind its full potential. Reasons for this obstacle are the inherent heterogeneity of data sources and the lack of broadly accepted standards. Further hurdles are associated with legal and ethical issues surrounding the use of personal/patient data across disciplines and borders. Consequently, there is a need for broadly applicable standards compliant with legal and ethical regulations that allow interpretation of heterogeneous health data through *in silico* methodologies to advance personalized medicine. To tackle these standardization challenges, the Horizon2020 Coordinating and Support Action EU-STANDS4PM initiated an EU-wide mapping process to evaluate strategies for data integration and data driven *in silico* modelling approaches to develop standards, recommendations and guidelines for personalized medicine. A first step towards this goal is a broad stakeholder consultation process initiated by an EU-STANDS4PM workshop at the annual COMBINE meeting (COMBINE 2019 workshop report in same issue). This forum analysed the status quo of data and model standards and reflected on possibilities as well as challenges for cross-domain data integration to facilitate *in silico* modelling approaches for personalized medicine.

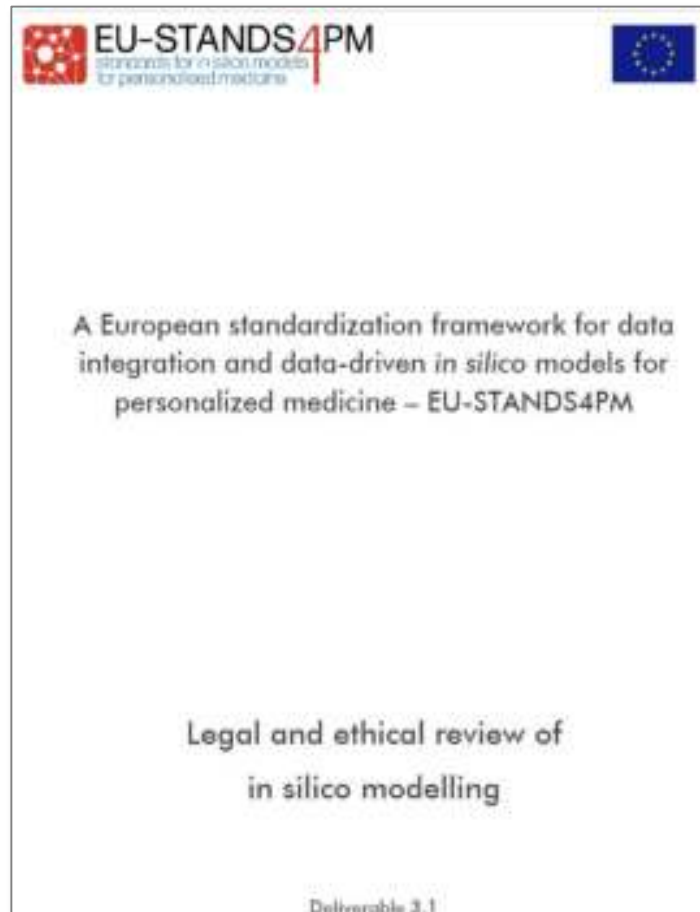
Keywords: data integration; *in silico* modelling; personalized medicine; reproducibility; standards.

Online in the *Journal of Integrative Bioinformatics*

Contains first set of recommendations addressing

- ⇒ Funders, including the EU-Commission
- ⇒ Health care providers purchasing and developing electronic health care systems
- ⇒ Journals
- ⇒ Research groups
- ⇒ National and regional health data providers
- ⇒ Policy makers

WP 3 - Legal and ethical review of *in silico* modelling



Featuring

- ⇒ Consent, GDPR and Patient's rights
- ⇒ Compact and comprehensive version available
- ⇒ www.eu-stands4pm.eu
- ⇒ Manuscript accepted in *Computer Law & Security Review: The International Journal of Technology Law and Practice* (2021)

Mette Hartlev



WP4 - New harmonized Data Access Agreement



Featuring

- ⇒ Better data flexibility across collaborative projects
- ⇒ Fully GDPR compliant
- ⇒ [On European Genome-Phenome Archive website](#) as a default template
- ⇒ [More: EU-CORDIS news release](#)
www.eu-stands4pm.eu

Work in progress

- ⇒ Manuscript in preparation

Stamatina Liosi
Stephan Beck



Work with ISO

ISO liaisons

- ⇒ ISO/TC276 Biotechnology, WG5 Data Processing and Integration (established)
- ⇒ ISO/TC 215 Health Informatics, SG 1 Genomics Informatics (established)

Work in progress

- ⇒ ISO Technical Report (ISO/TC276/WG5)

*Requirements for in silico-models for personalized medicine —
Guidelines for verifying and validating predictive computational models in
EU collaborative research*

Some interactions with relevant projects



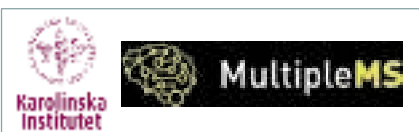
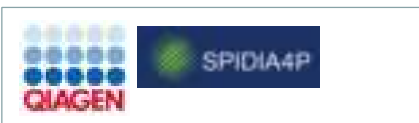
ICPerMed



- ⇒ Invitation to project-specific events
- ⇒ Review of reports and documents (hDAA, legal/ethical report)
- ⇒ Co-authorship of reports, white papers, publications
- ⇒ Recruitment of experts

The players and their key tasks

H2020 core projects/
data governance pilot



Standardization



Data and models



UNIVERSITY OF
COPENHAGEN



Universität
Rostock



Legal/ethical frame



Regulatory support



Coordination





Acknowledgements

EU-STANDS4PM is funded by the European Union
Horizon2020 framework programme of the European
Commission, Directorate-General for Research and Innovation
under Grant Agreement # 825843.



Back-UP Project

Personalised Prognostic Models to Improve Well-being and Return to Work After Neck and Low Back Pain

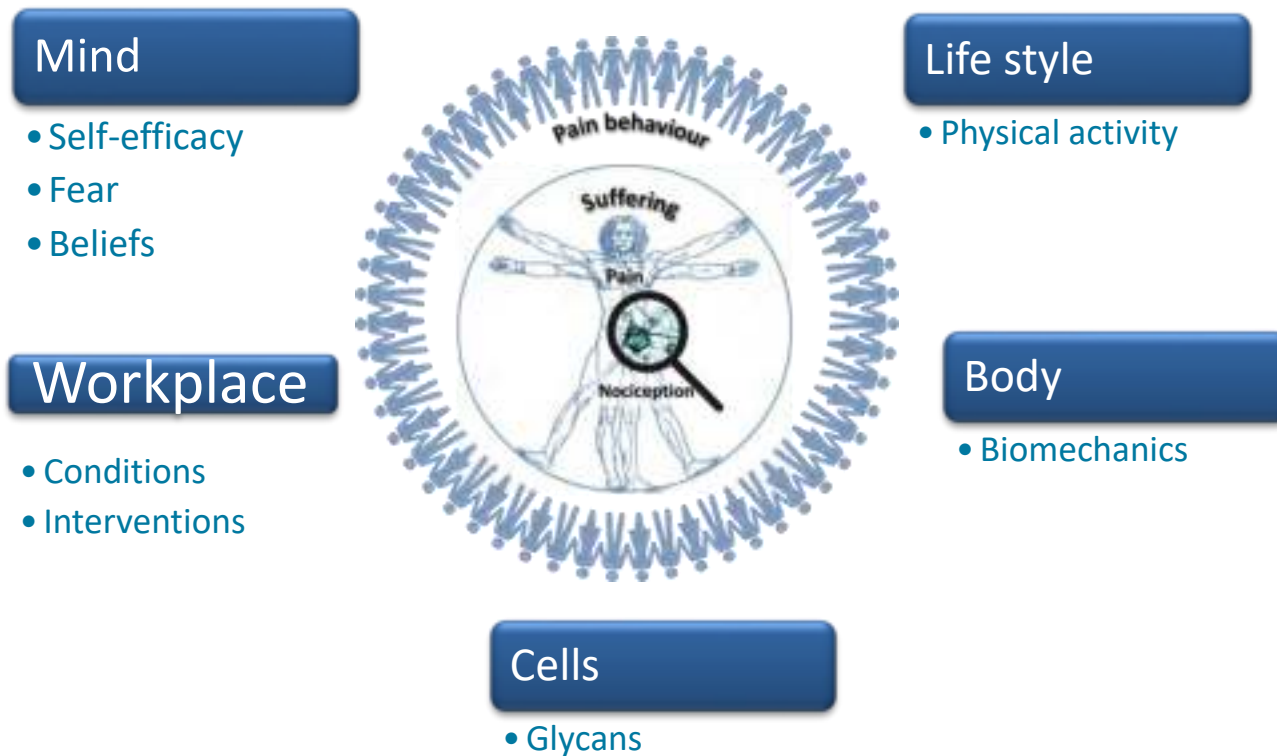
<http://backup-project.eu/>



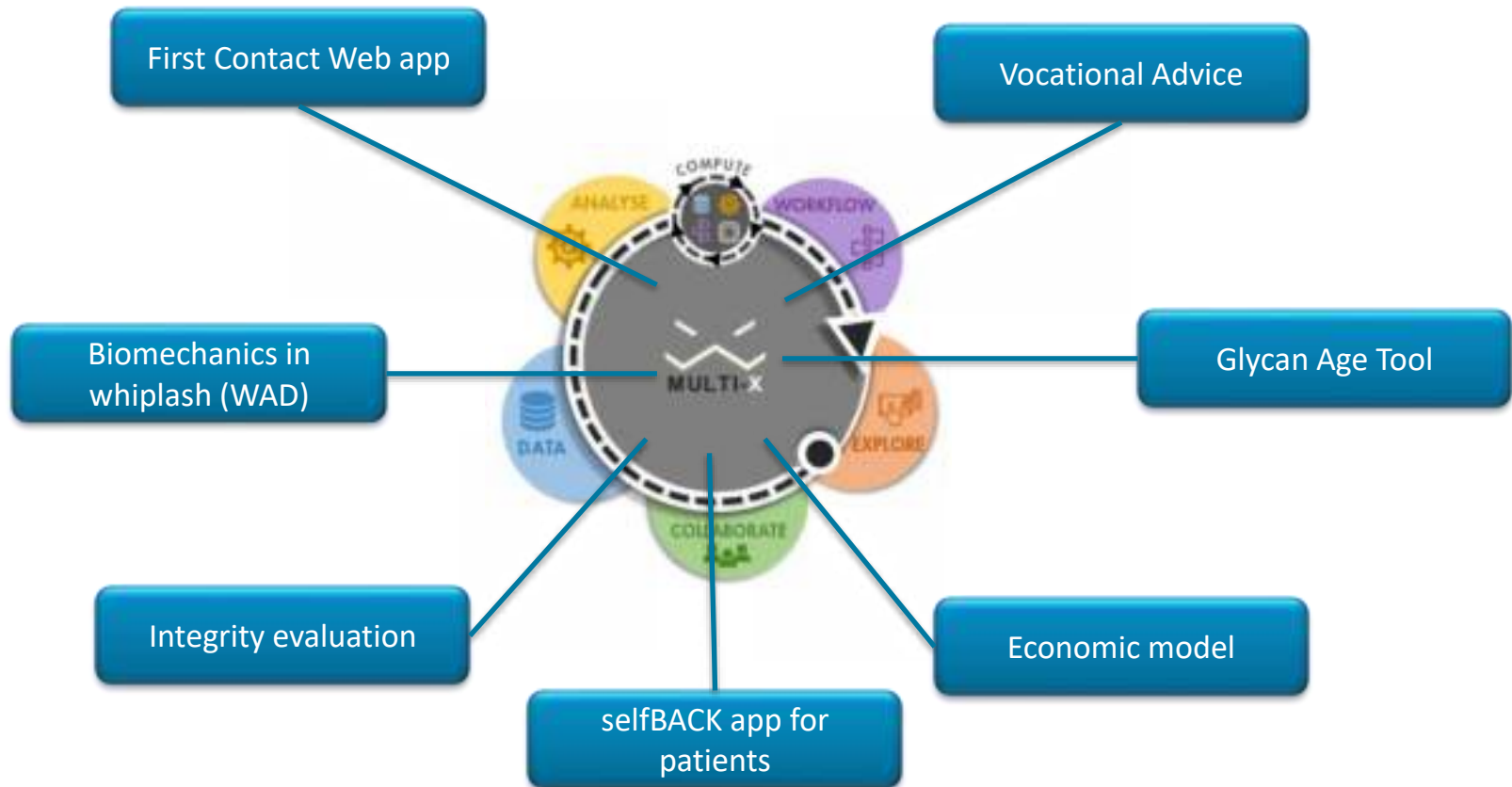
This project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No 777090



Dimensions of neck and low back pain studied in Back-UP



Platform Demonstrators



Clinical research: STarT MSK

Keele University



Back-UP First Contact Web App



Use cases and information flow

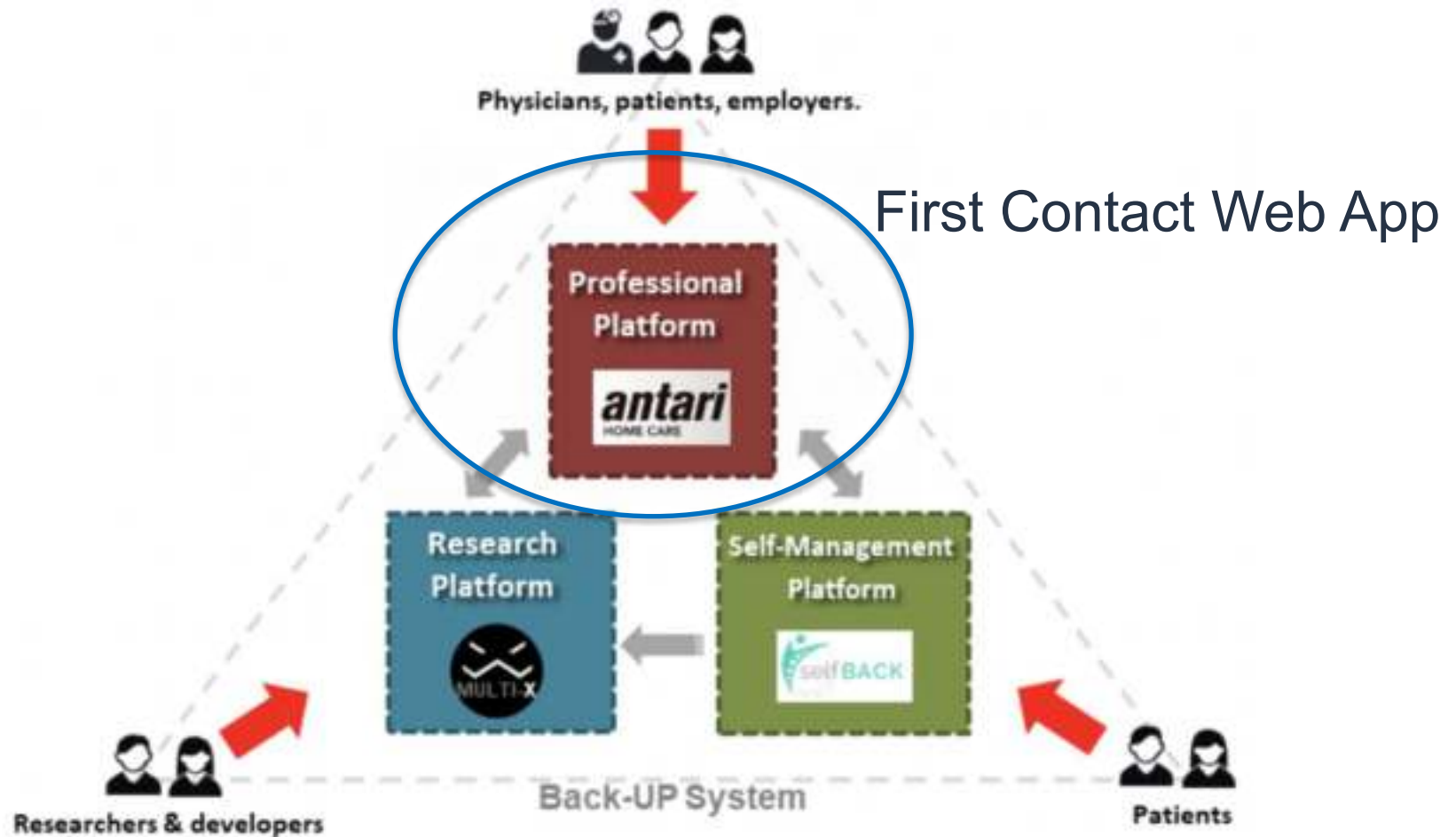


Diagram displaying the main users of each platform integrating the Back-UP System.

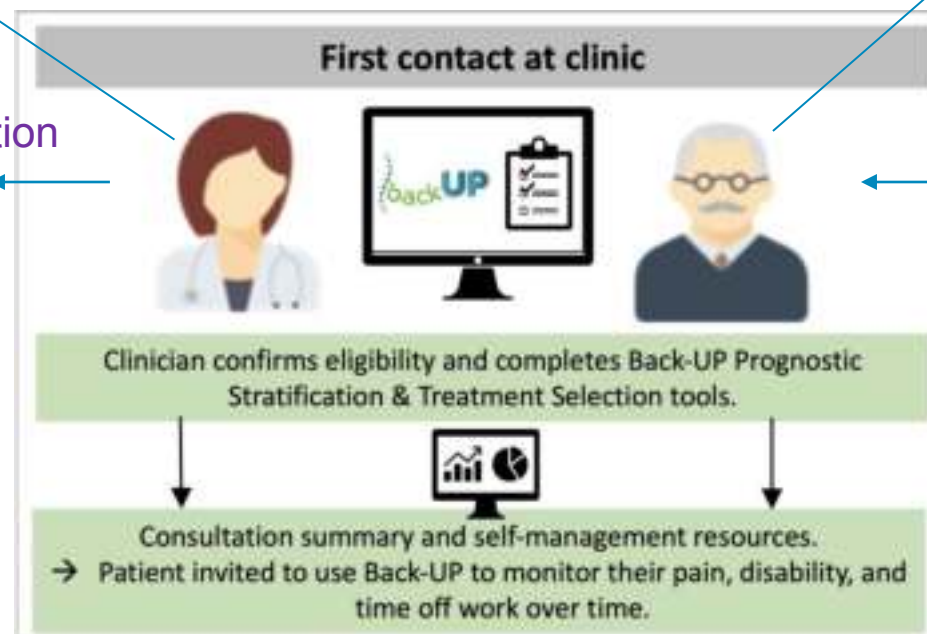
Key web app components/functions:

Users are first contact clinicians across the EU (e.g. GPs, OH, PTs, OS).

1. Prognostic stratification
Using STarT MSK Tool



2. Individualised
prediction graphs



4. Personalised care plan - -populated by
prognostic information and treatment choices made

3. Treatment selection
tool & self-management

The figure shows three stacked screenshots of a web application interface. To the left of the screenshots are the labels 'Low', 'Medium', and 'High' corresponding to the risk levels. Each screenshot displays a form with various input fields, checkboxes, and text areas for treatment selection and self-management planning.

Screenshots: Individual risk predictions

backUP Home Keele Medical Centre Jonathan Hill English

Calculate individual predictions

Pain site
Which body part do you have pain in?
1 - Pain intensity
On average, how intense was your pain?
before it is "too pain", 10 is "just as bad as it could be".
2 - Pain self-management
Have you been struggling to manage or control this pain by yourself?
ie eg using medication or exercises etc...
3 - Pain impact
Over the last 2 weeks, have you been bothered a lot by your pain?
4 - Walking short distances only
Have you only been able to walk short distances because of your pain?
5 - Pain elsewhere
Are you having trouble/your pain is more than one part of your body?
6 - Long-term expectations
Are you concerned you're developing a long-term problem?
7 - Other important health problems
Are you also having to deal with other important health problems at present?
8 - Emotional well-being
Have you felt nervous or low in your mood because of your pain?
9 - Fear of harm
Do you worry that physical activity could make your condition worse?
10 - Pain duration
Have you had your current pain problem for 6 months or more?
11 - Time taken off work in past 6 months
Have you taken time off work during the last 6 months because of your pain condition?
12 - Normal duties
In your estimation, what are the chances you will be working your normal duties in 3 months?
(before 0 is "no chance" and 10 is "very large chance")
The patient is not in employment?

How are the predictions calculated?

Risk subgroup

Predicted pain and function

Predicted pain score
Estimated level of pain in the next months

Predicted function
Predicted level of difficulty in doing your usual activities

Strength of recommendation for work related treatment

None Low Moderate Essential

View matched treatment options

Need help?
• Call 01753 593939 for more help
• Or visit our website for more help
• Or visit our website

© Keele University 2020. All rights reserved. This website is for informational purposes only. It is not intended to be used as a substitute for professional medical advice. For more information, please contact your GP or the Keele Medical Centre.


Co-funded by the European Union

The project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No 101019100.

It's the Keele difference.


<https://back-upv1.multi-x.org/>


Recommended treatment options


HomeKeble Medical Centre


Recommended treatment options


Matched treatment options – select those appropriate for this patient.
As you select treatments you will see in a green box the text that will populate this patient's care plan.



1 Select categories



1. Condition information



2. Physical activity



3. Diet and weight



4. Community resources



5. Pain medication options



6. Physical therapy



7. Community health resources


8. Work-related options


9. Complex pain support


10. Specialist referral


11. Self-help advice


12. Further options

MATCHED TREATMENT OPTIONS


1. Condition information

Please select appropriate resource links for this patient (Use country specific links - see self-management resources)


[Click here to select MxK self-management resources](#)

Look at information and support related to my condition (see box below)

- Neck Pain website (CSP)
<https://www.csp.org.uk/condition/neck-pain>
- Neck Pain exercise sheet (Versus Arthritis)
<https://www.versusarthritis.org/media/2176/neckpain-exercise-sheet.pdf>
- Neck Pain exercise pamphlet (Versus Arthritis)
<https://www.versusarthritis.org/media/2092/neck-pain-exercise-sheet.pdf>
- Neck Pain booklet (Versus Arthritis)
<https://www.versusarthritis.org/media/2151/neck-pain-information-booklet.pdf>


2 Select the desired treatments

[Review selected options](#)


3 Review, then save your selections


[PREVIOUS](#)

Need help?

- FAQs
- [Get Contact Us](#) for more help
- [About this banner](#)

Please use Chrome or Firefox as your browser (Internet Explorer and Safari can have issues with some aspects of the Web App)

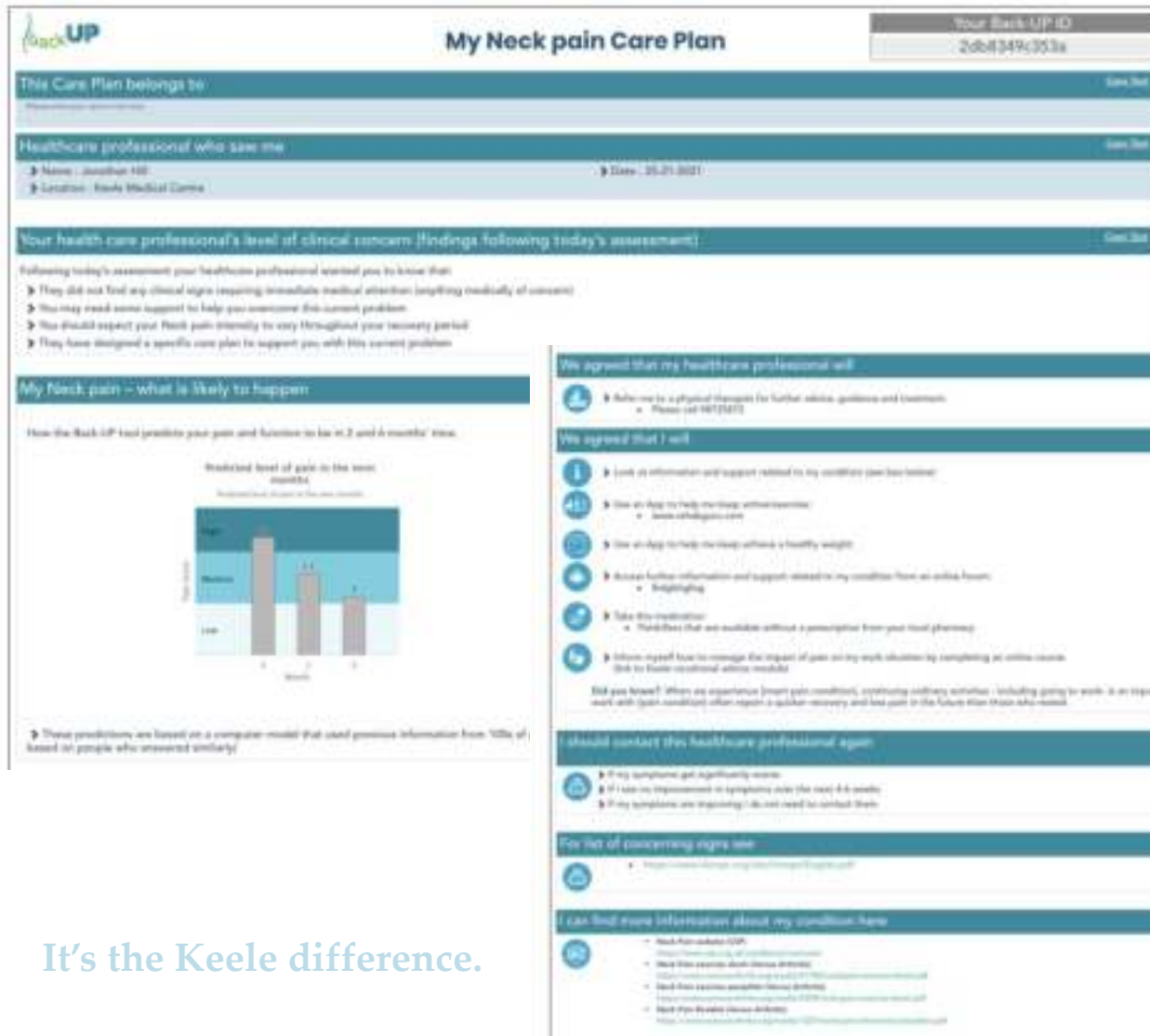
Co-funded by the European Union



UNIVERSITY OF SHEFFIELD

This project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No 101019719.

Personalised care plan



It's the Keele difference.

Implications for OActive

- Think about possibilities for
 - Validating our predictions models in OA patients
 - Ensure prediction models work at the point-of-consultation
 - Consider adding shared decision-making tools and personalised care planning within the platform to add value

Thank you to everyone

Jonathan Hill (j.hill@keele.ac.uk)

SUPPORTED BY

NIHR | National Institute
for Health Research

Research Institute for Primary Care
and Health Sciences
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HORIZON 2020
777119

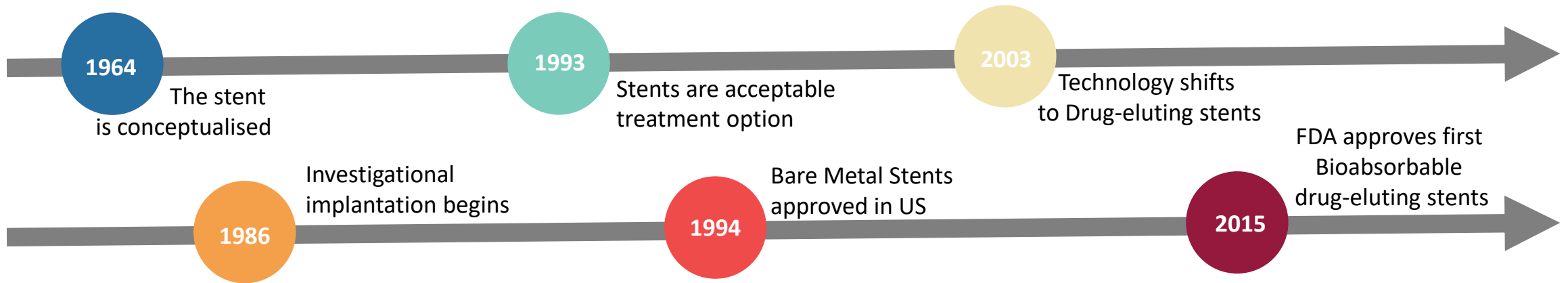
InSilc:

An *in silico* platform for drug-eluting BVS
design, development and evaluation



Introduction

- Coronary Artery Disease (CAD) is caused by the build-up of atherosclerotic plaques inside the coronary arteries.
- CAD is the leading cause of mortality worldwide and accounts for over 4 million deaths per year.
- Percutaneous coronary intervention (PCI) with stents is the most widely performed procedure for the treatment of symptomatic CAD.



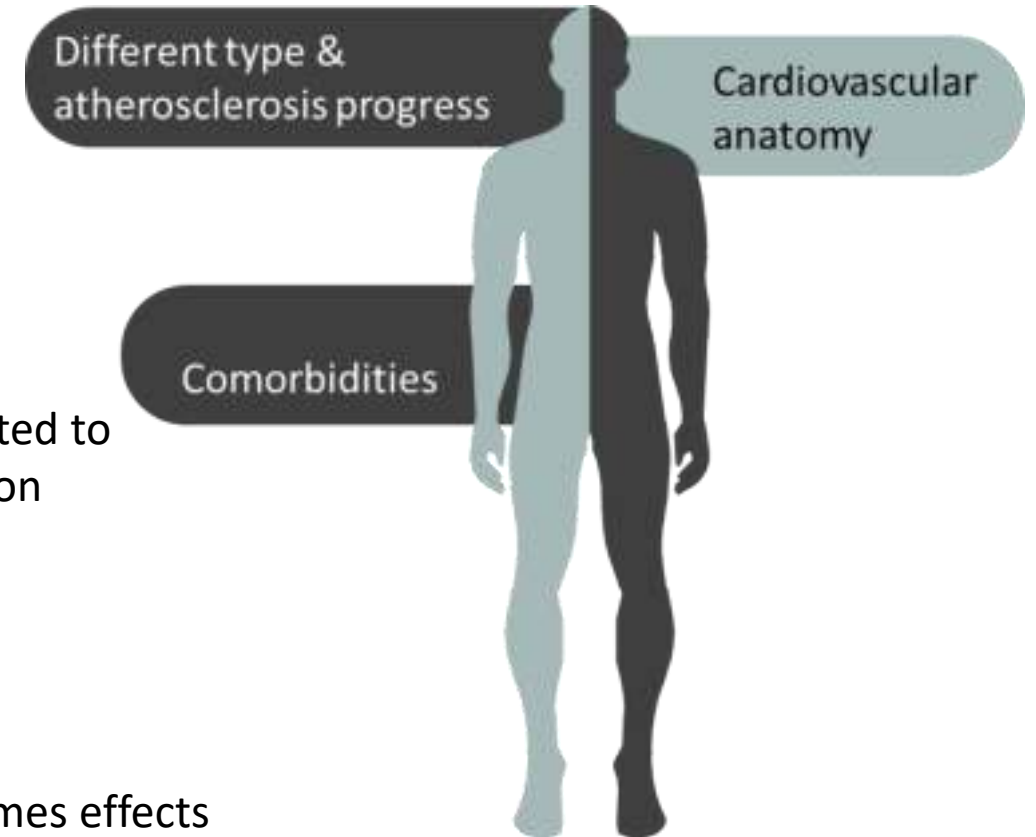
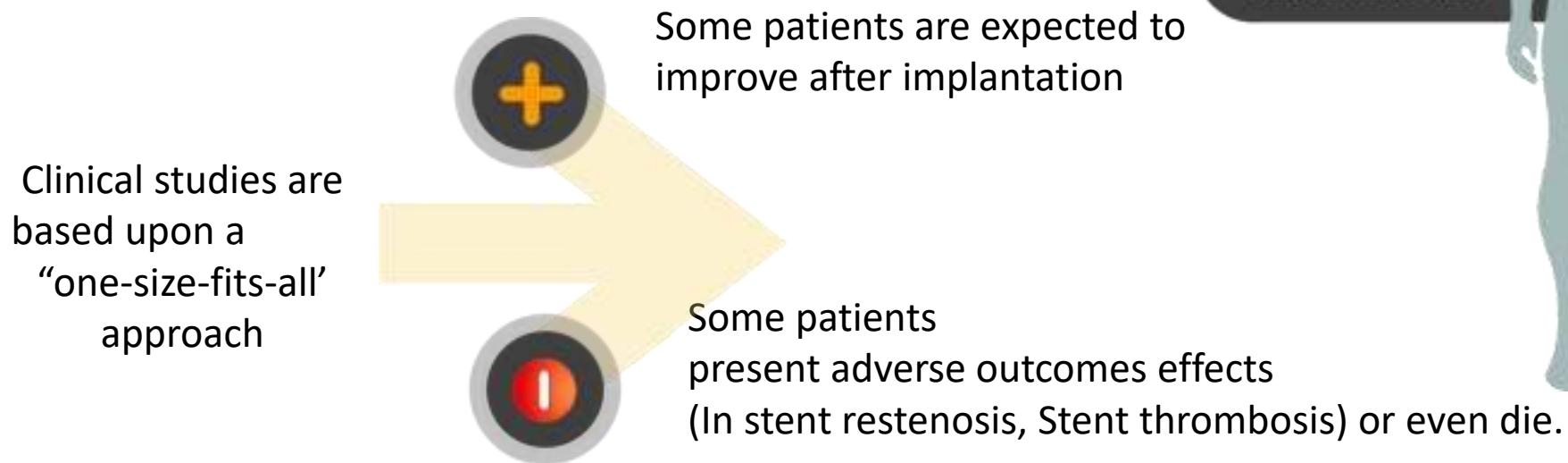
Introduction

- The advent of **drug-eluting bioresorbable vascular scaffolds (BVS)** have emerged as a major breakthrough for treatment of coronary artery lesions.
- The scaffold is expanded to reopen the vessel, releases the drug, completely dissolves by itself within 2 years, restoring normal arterial function, hence preventing late stent blockage and new atherosclerosis formation.
- Currently, to ensure the **safety and efficacy** of a drug-eluting BVS is tested
 - in the laboratory (in vitro - ISO standard)
 - on animals (in vivo)
 - on humans (clinical evaluation/trial).



Limitations of pipeline to design a new BVS

- ISO standard mechanical testing is slow and expensive
- Animal testing is idealized (and ethical issues)
- Clinical testing is expensive, unpredictable (e.g. ABSORB), not set up for precision medicine.



InSilc consortium

- Interventional cardiologists
- Technical partners with extensive expertise in the field of computer modelling and simulation: (i) biomedical imaging (ii) coronary fluid dynamics, (iii) mechanical modelling and biomechanics
- Experts in the field of *in vitro* mechanical testing and animal studies
- Biology experts
- CRO with significant experience in providing services for regulatory authorizations and clinical trials for biomedical products
- Cloud experts for platforms development and integration
- Stent Biomedical Industry.



Outside the Consortium Stent Industry





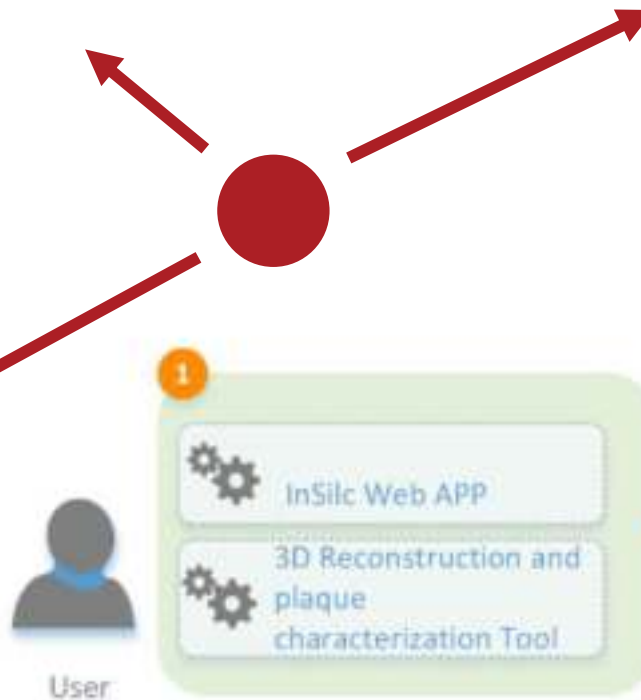
The Project

InSilc project aimed to create an **in silico trial platform** for designing, developing **BVS**, based on comprehensive biological and biomedical knowledge and advanced modelling approaches.



The Users

Stent Industry
Interventional Cardiologist
Researchers
Contract Research Organization

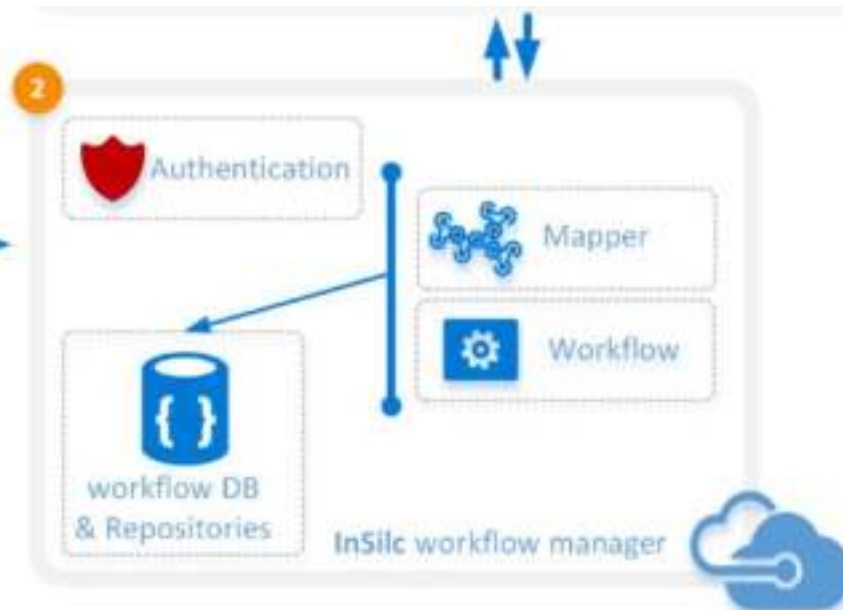


The Platform



InSilc platform includes multidisciplinary and multiscale models simulating the drug-eluting BVS in the acute/short & medium/long term.

3 InSilc Modules, Tools and Databases

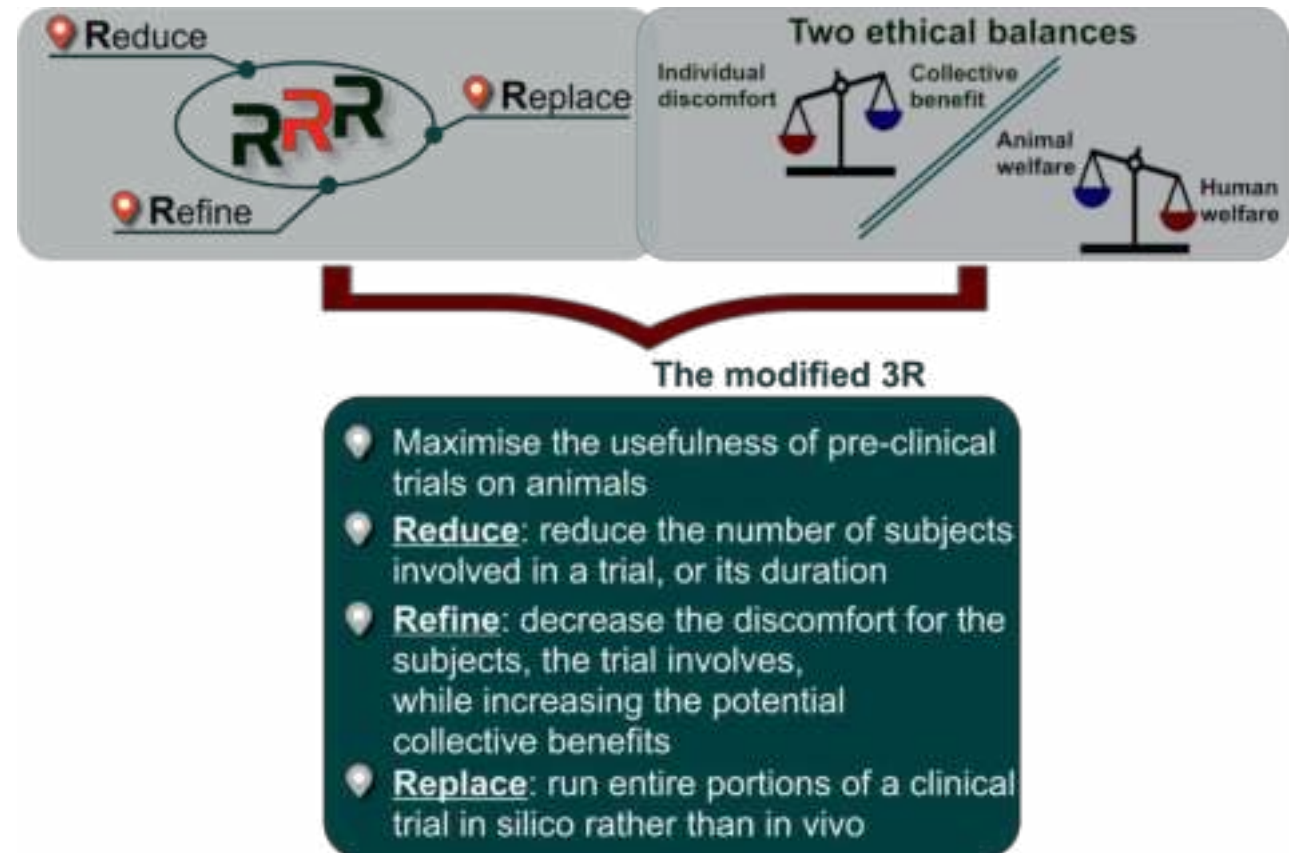


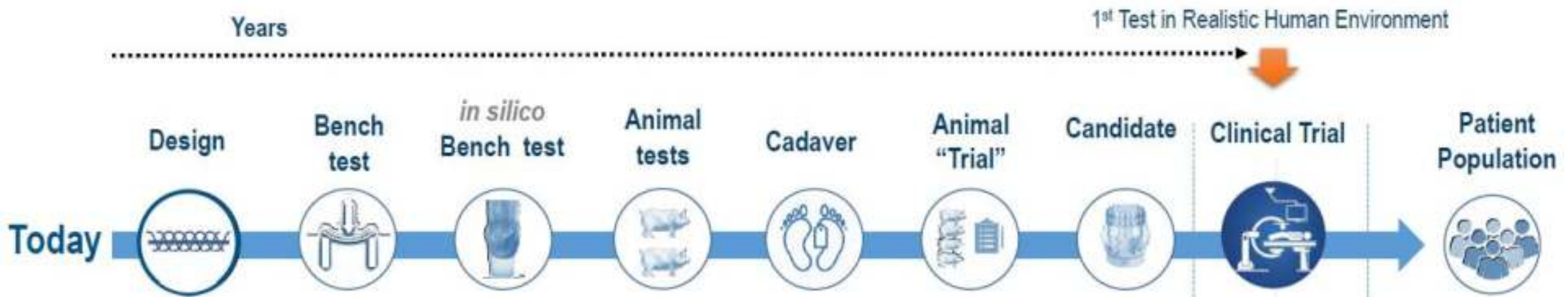
This project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No 777119



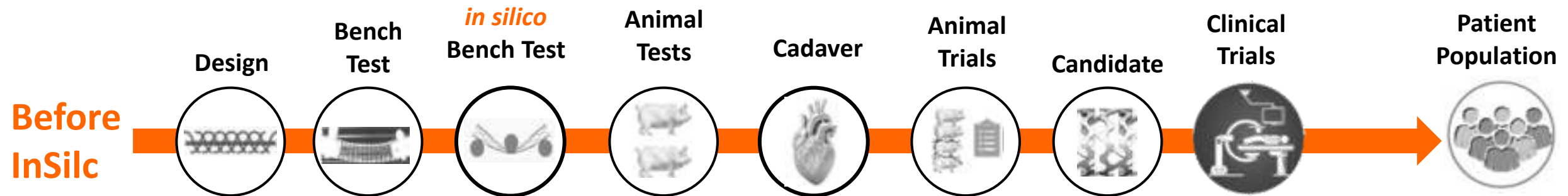
InSilc Vision and Value Proposition

- Supplement and accelerate ISO standard mechanical testing
- Extrapolate animal testing results to virtual patient vasculature geometries
- Supplement clinical studies with virtual patients





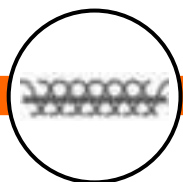
Scheme taken from T. Morrison (FDA) presentation, Advancing in silico Medicine at the FDA: Perspectives on Simulation in Medical Devices”, July 23, 2019



The same scheme applied to BVS design

**After
InSilc**

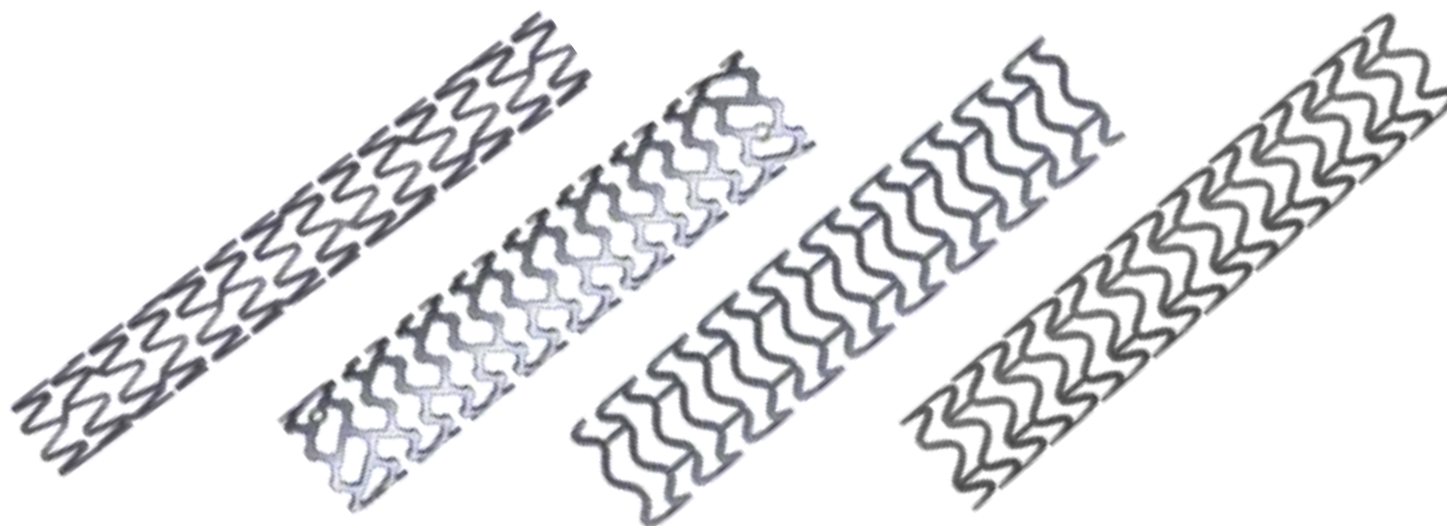
Design



**Virtual
devices**



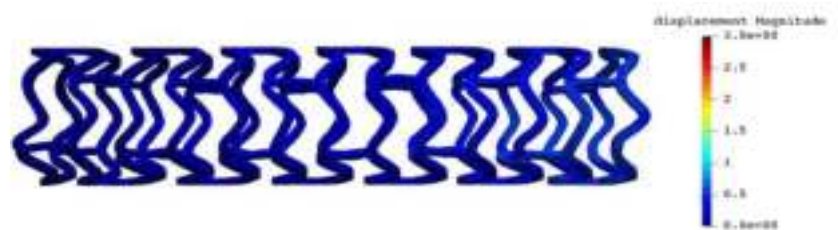
**Validated «digital twins»
of the various designing
solutions**



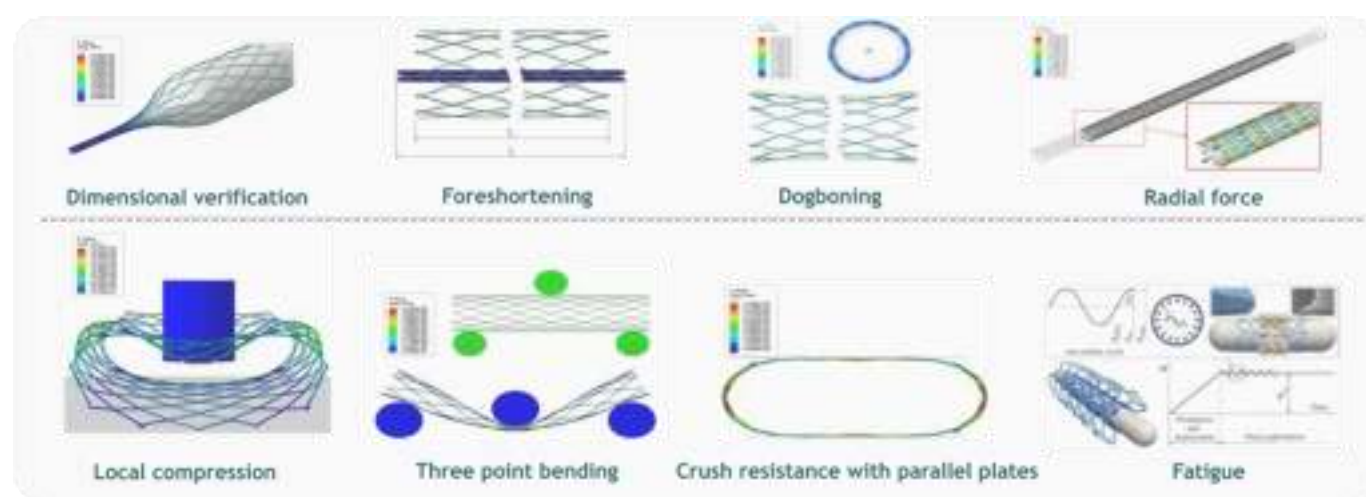
**Patient
Population**



Video



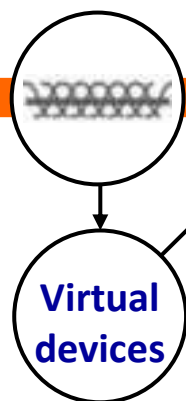
REPLACE the
bench tests



After
InSilc

Design

in silico
Bench Test



Virtual
devices

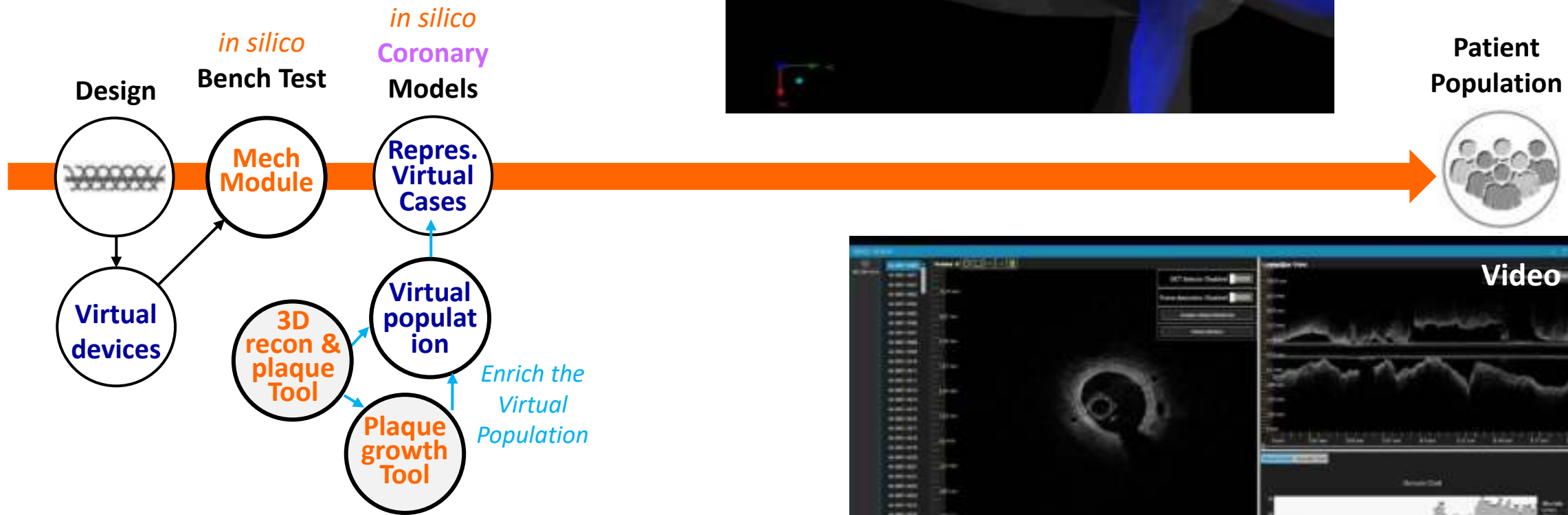
Mech
Module

Patient
Population

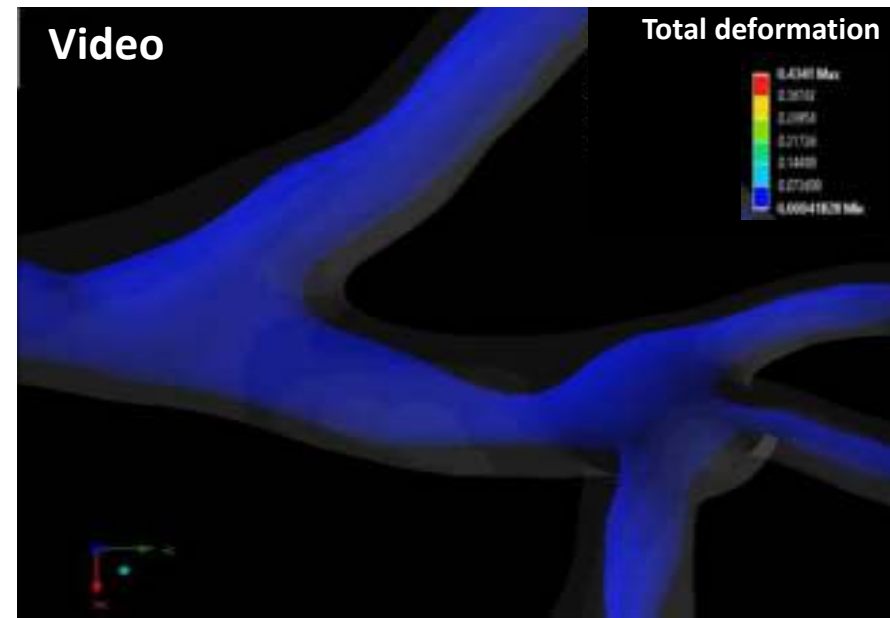


Enrichment of virtual population
creating virtual patients with different
characteristics
(morphological and clinical)

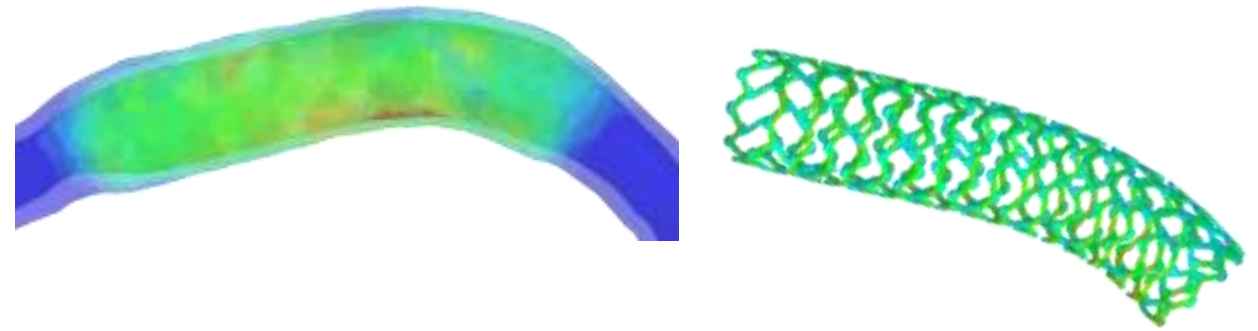
**After
InSilc**



Creation of virtual population &
selection of HUMAN representative cases
used in preliminary screening of the various BVS designs

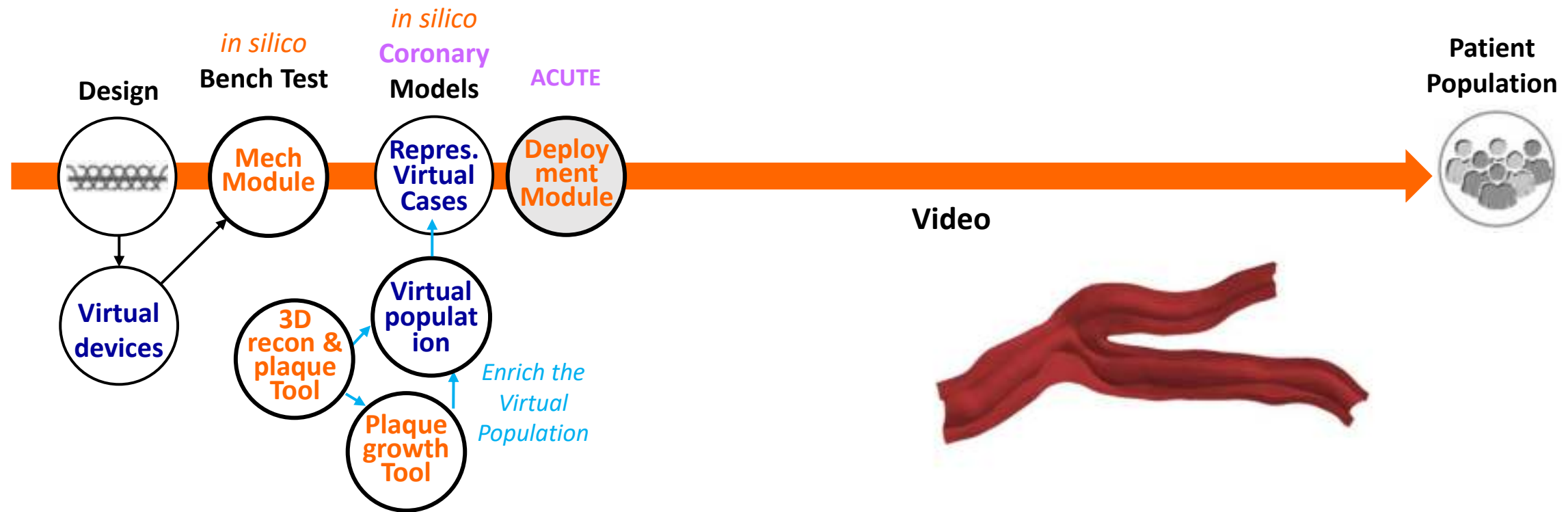


REFINE data in ACUTE conditions
(risk of arterial wall or stent
damage)



in silico Animal & Human Tests

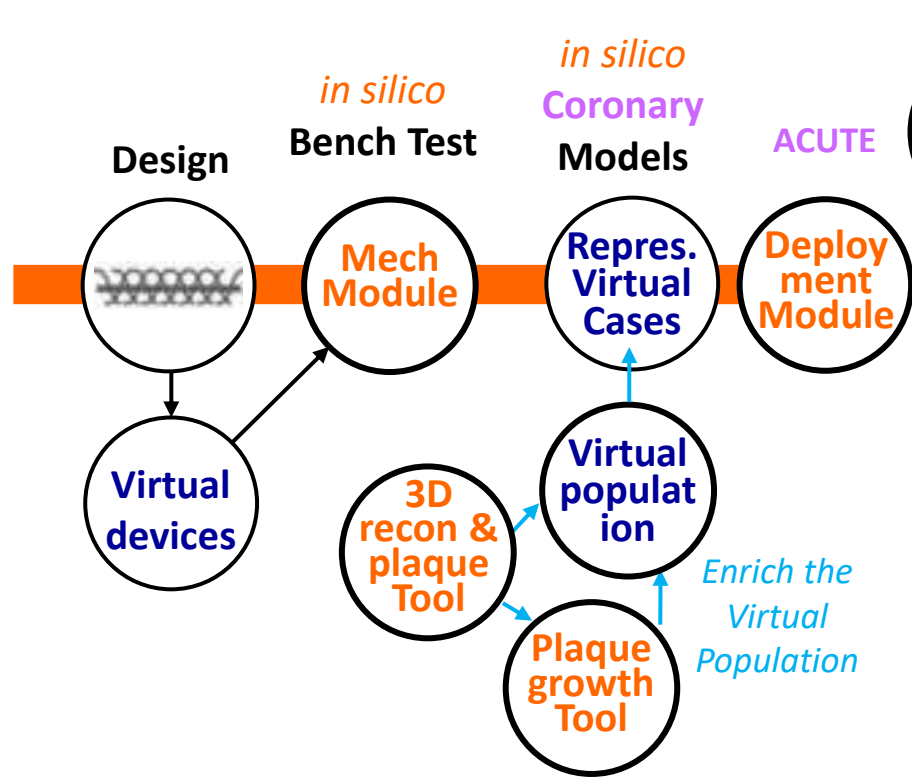
**After
InSilc**



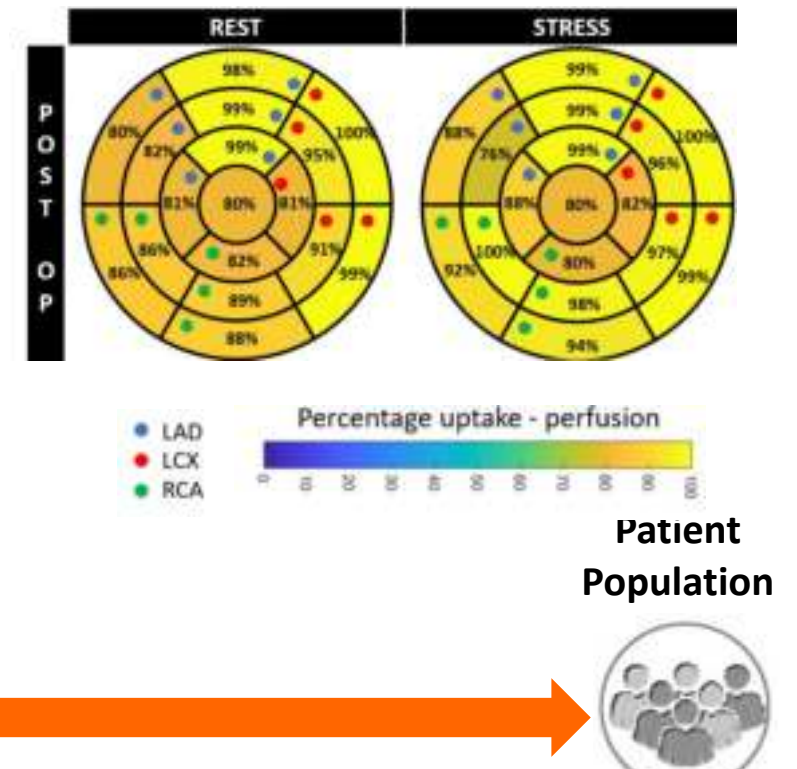
Provide inputs for subsequent
modules

Predict ACUTE endpoints
related with Clinical trials Objective Performance criteria
(lumen gain, strut malapposition)

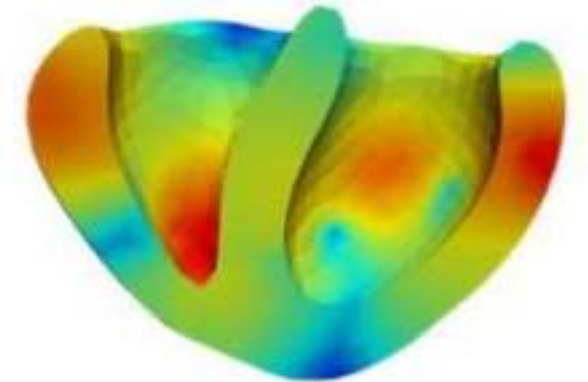
After
InSilc



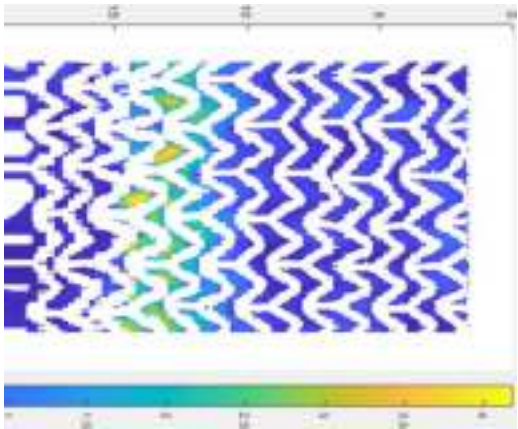
REFINE data in **SHORT** term
(myocardial perfusion
under stress)



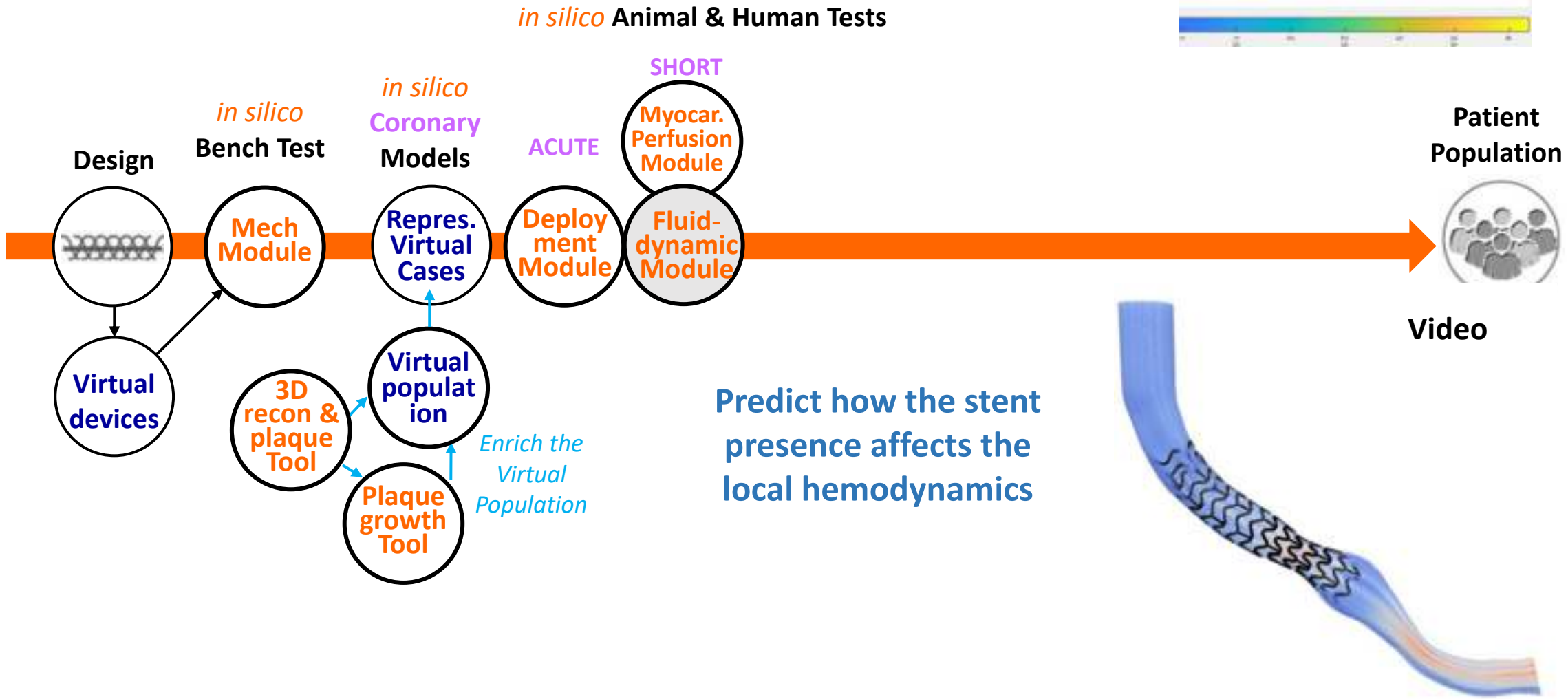
Predict how myocardial
perfusion improves after
BVS implantation (**SHORT**)



WSS maps as possible additional clinical marker for in-stent restenosis



After InSilc



in silico Animal & Human Tests

in silico
Coronary
Models

ACUTE

SHORT

Myocar.
Perfusion
Module

Deploy
ment
Module

Fluid-
dynamic
Module

Design

in silico
Bench Test

Mech
Module

Repres.
Virtual
Cases

Virtual
devices

3D
recon &
plaque
Tool

Virtual
populat
ion

Plaque
growth
Tool

Enrich the
Virtual
Population

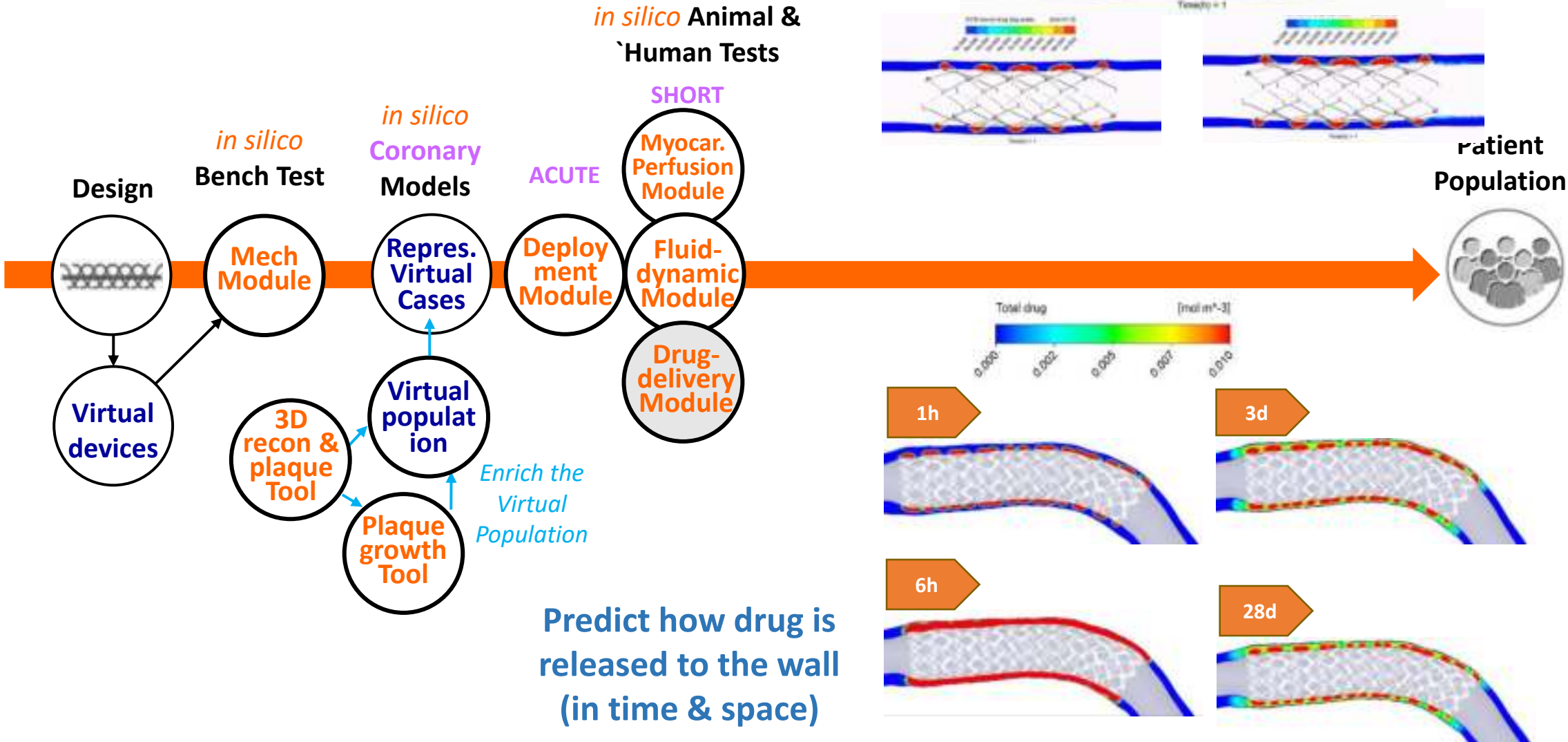
Patient
Population

Video

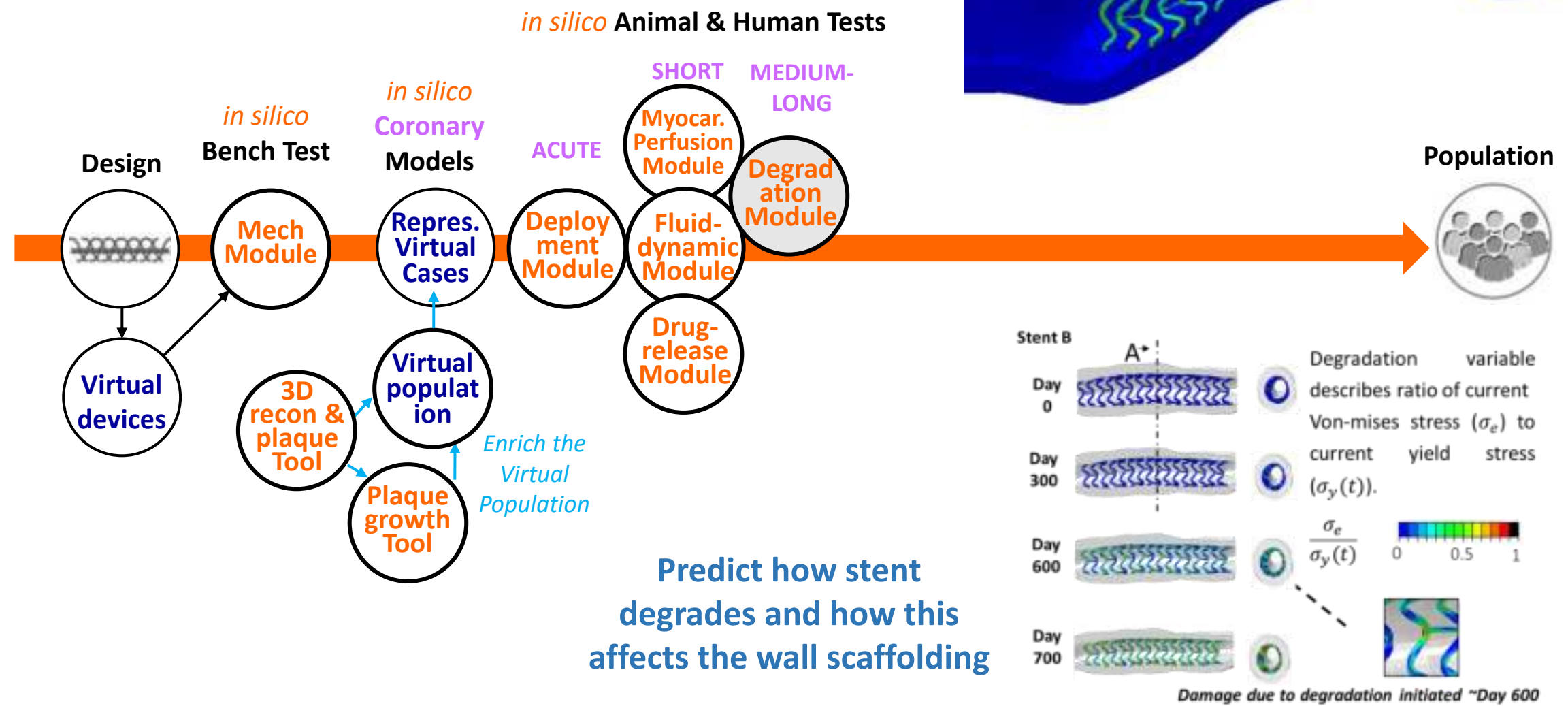
Predict how the stent
presence affects the
local hemodynamics

Wall drug content as **possible**
additional clinical marker for
suboptimal tissue healing and
excessive SMC proliferation

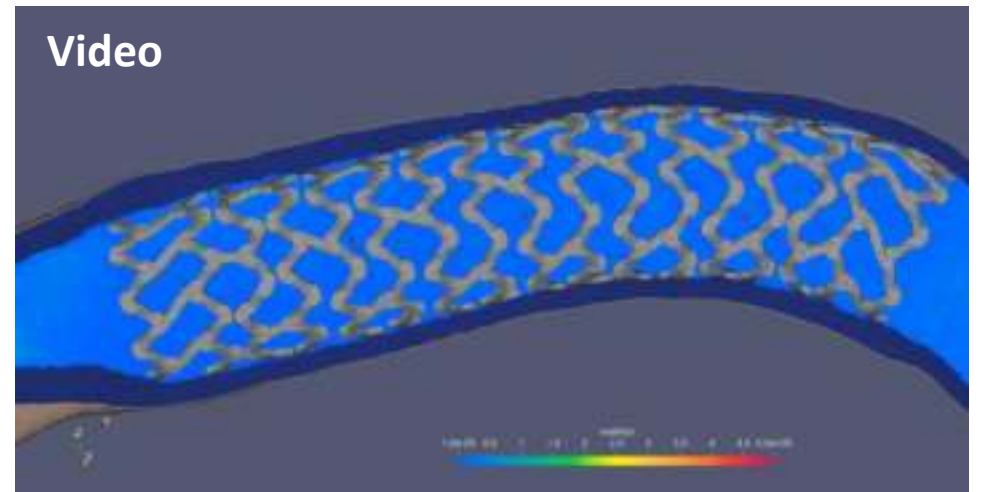
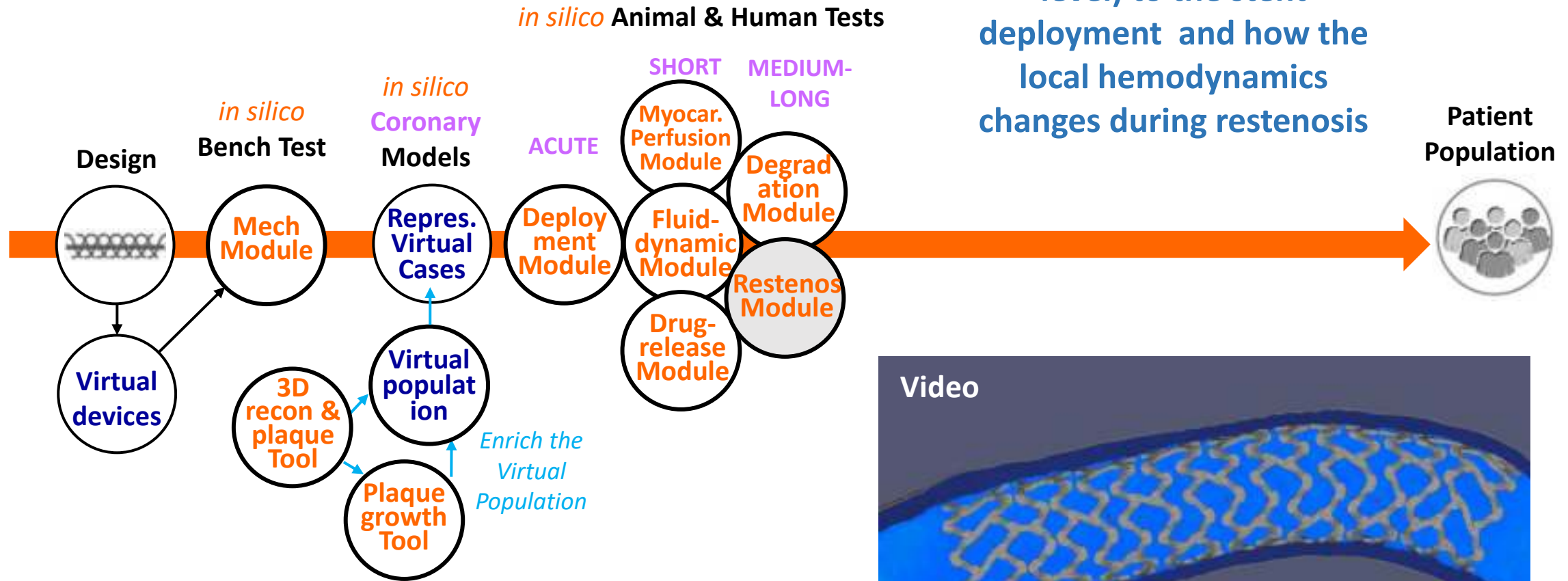
After
InSilc

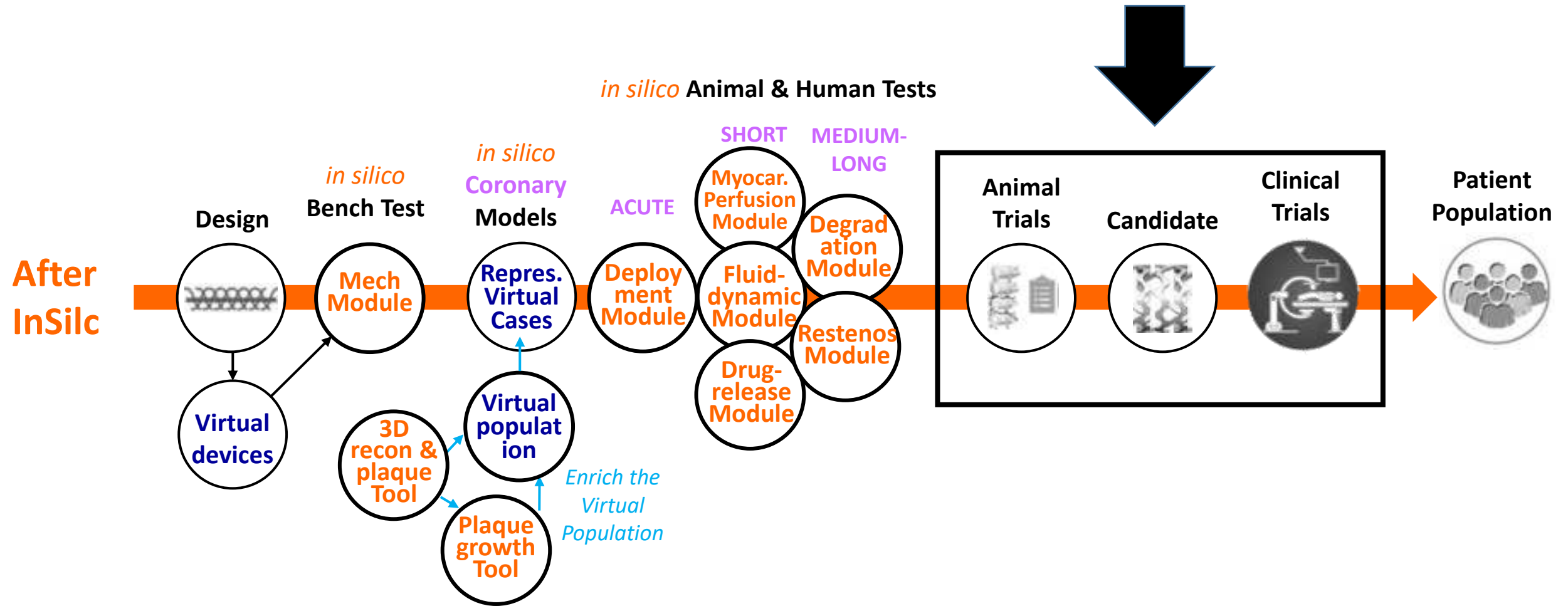


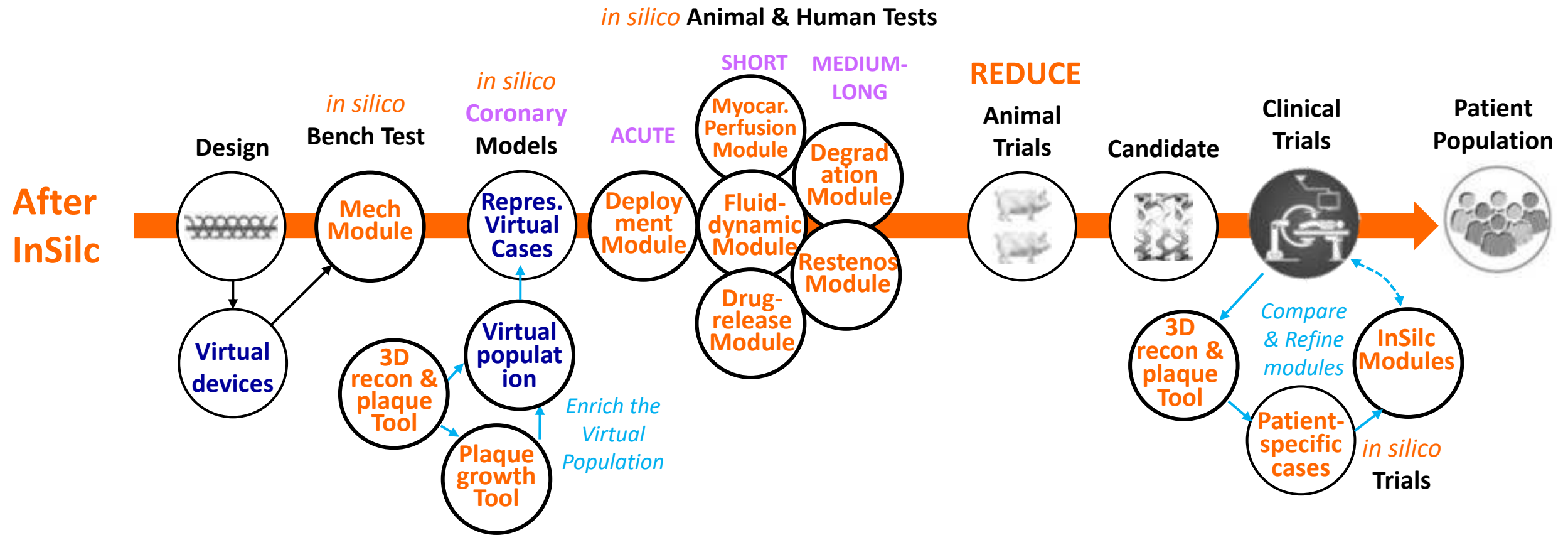
After
InSilc

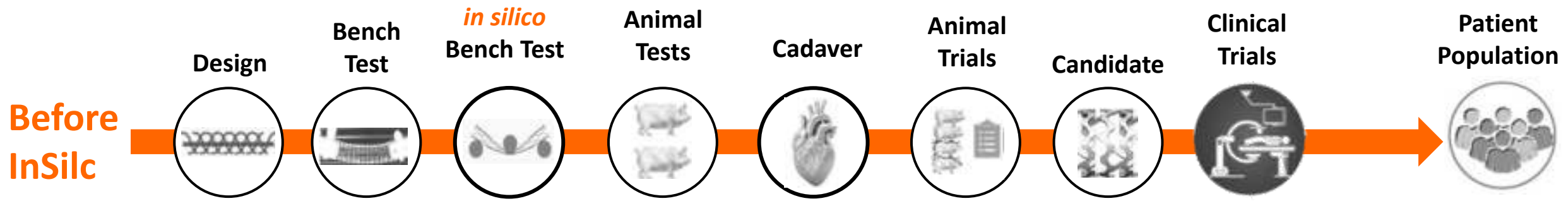


After
InSilc

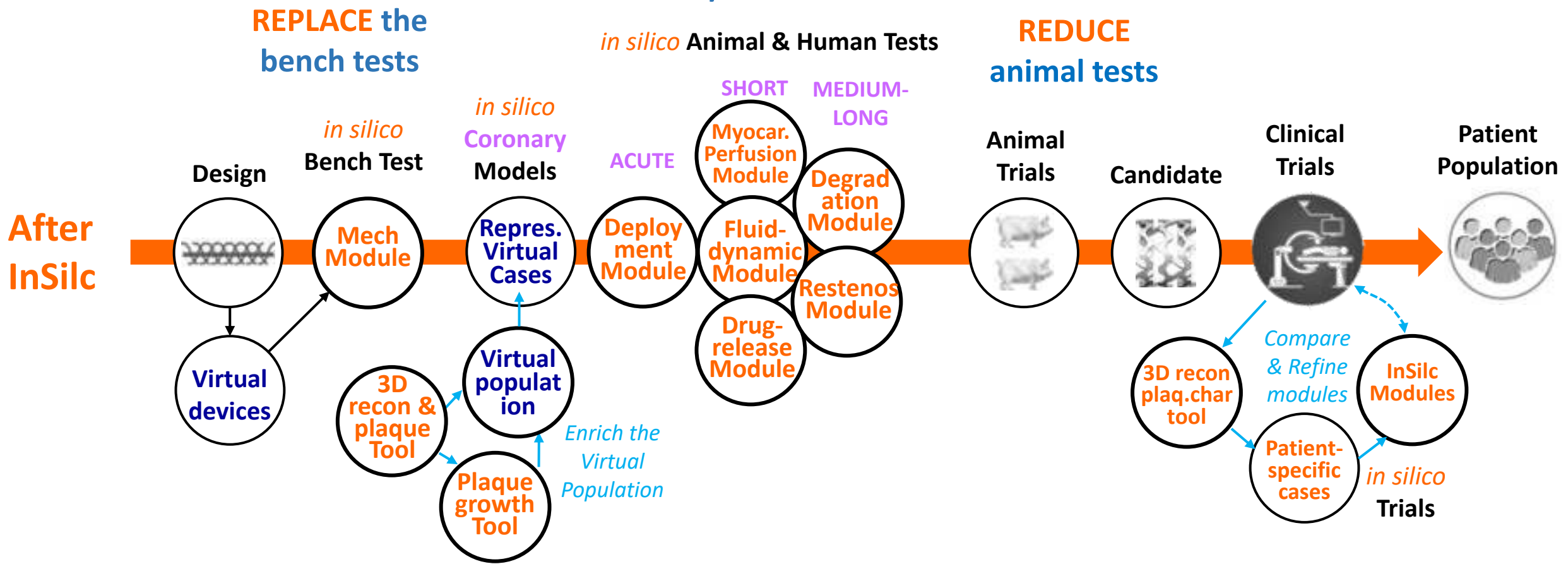








REFINE data in
ACUTE/SHORT term



Platform → InSilc scenarios of use

01

Compare existing stents

For the selected virtual anatomy the stenting outcomes are predicted for two stents (BRS and partially degradable stent, already available in the Virtual stent database) and suitably compared.

02

Compare anatomy configurations and patient conditions

For a specific stent, the stenting outcomes are predicted considering different virtual anatomies & patient conditions.

05

Pre-clinical testing assessment

To perform in silico all the standard mechanical stent testing according to ISO.

03

Compare different clinical procedures

For a selected virtual anatomy and the considered stent, the stenting outcome when different implantation procedures are simulated is predicted.

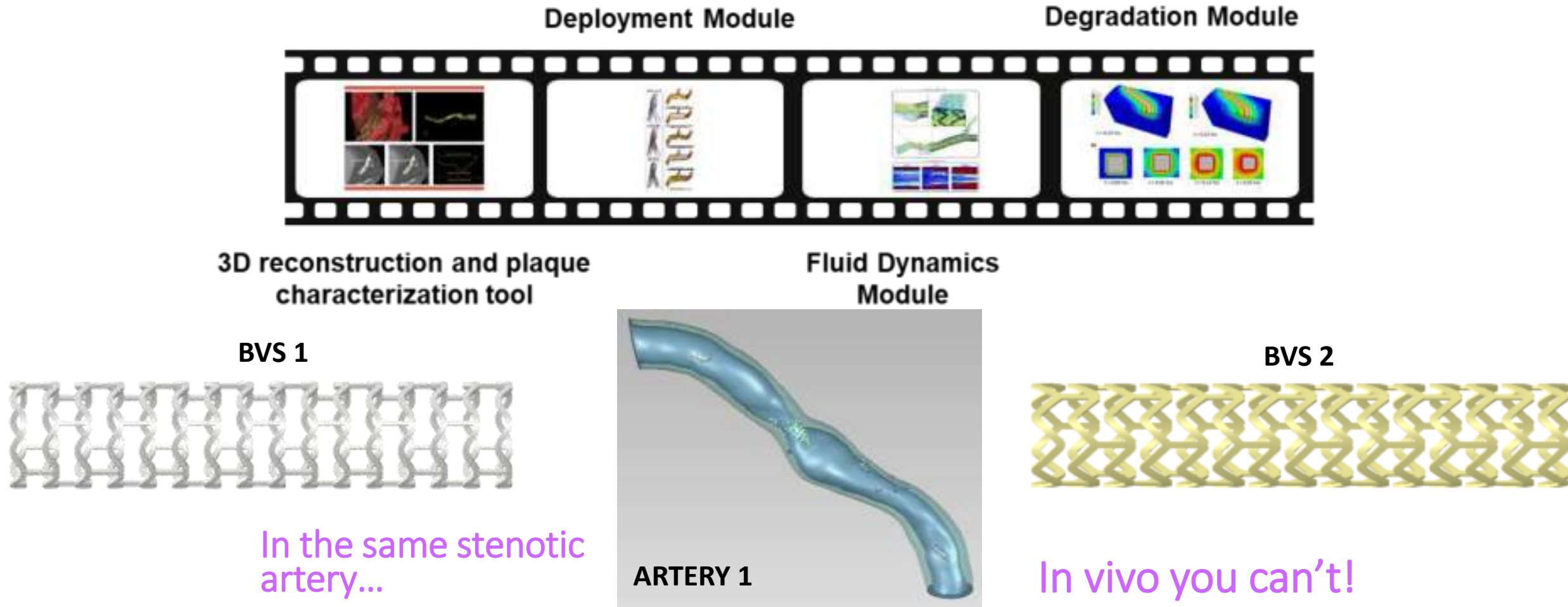
04

Design new stents

For the selected virtual anatomy the stenting outcomes are predicted, when parameters such as design or material are changed in a specific stent.

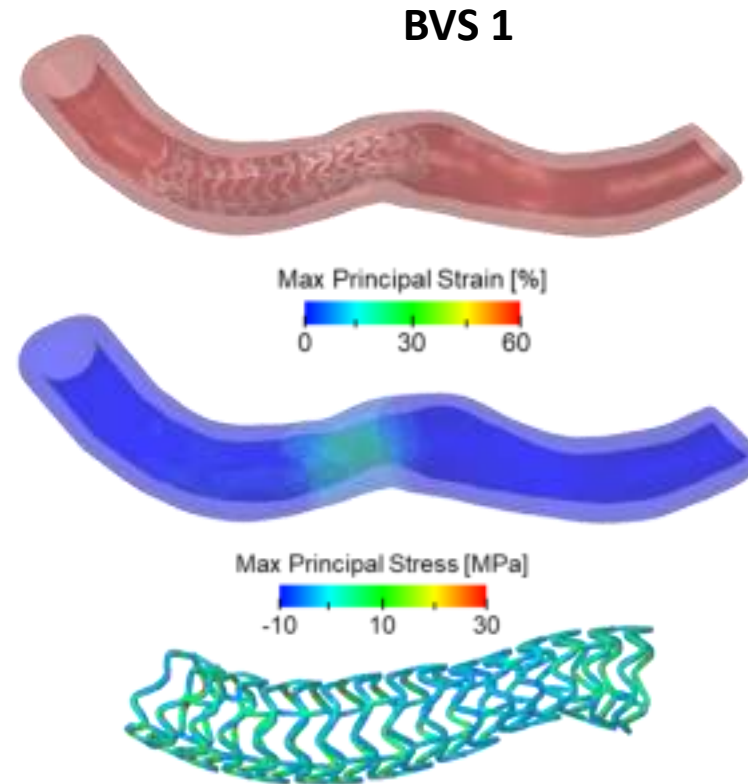
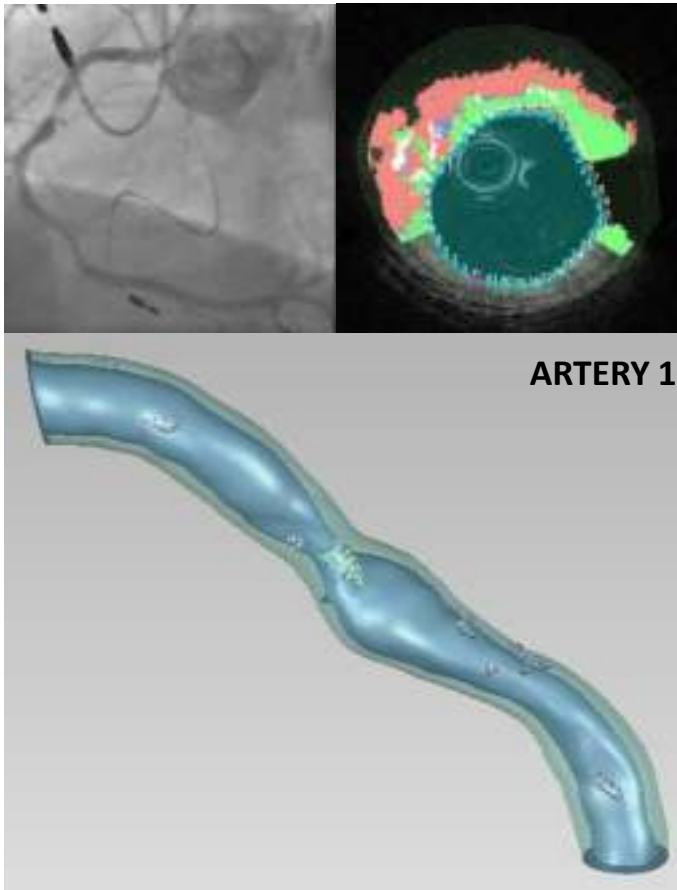


Scenario No1 - Compare existing stents

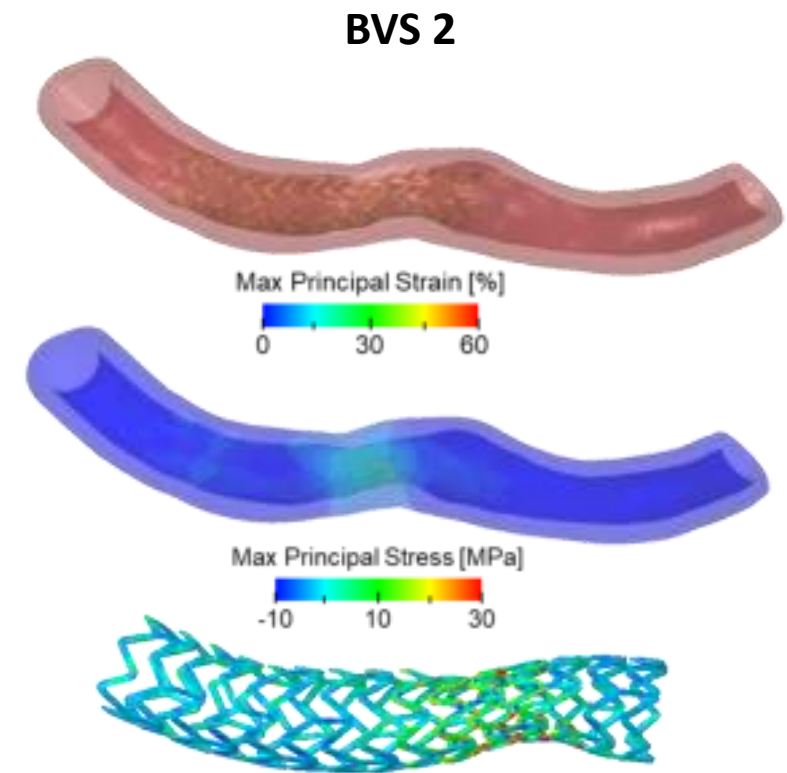


3D reconstruction & plaque characterization Tool

Deployment Module



Lumen Gain: 54%
Malapposition: proximal and distal



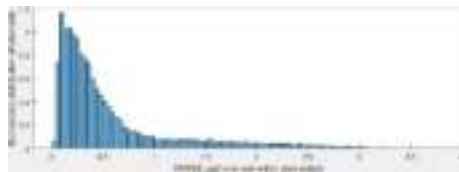
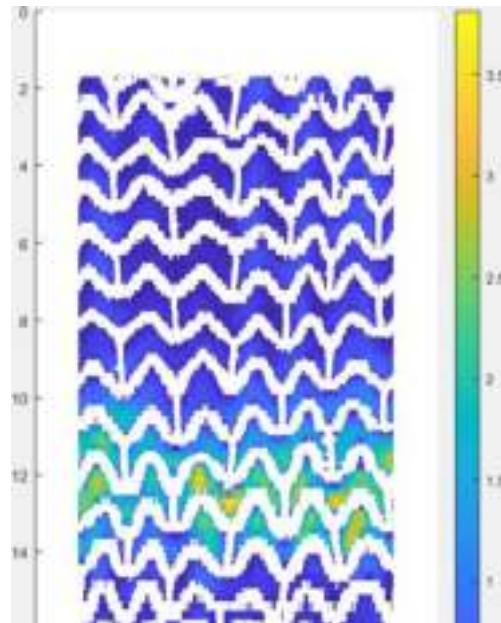
Lumen Gain: 40%
Malapposition: proximal and distal



Fluid dynamics Module

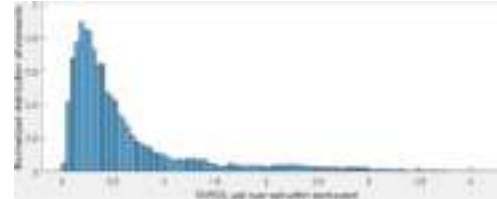
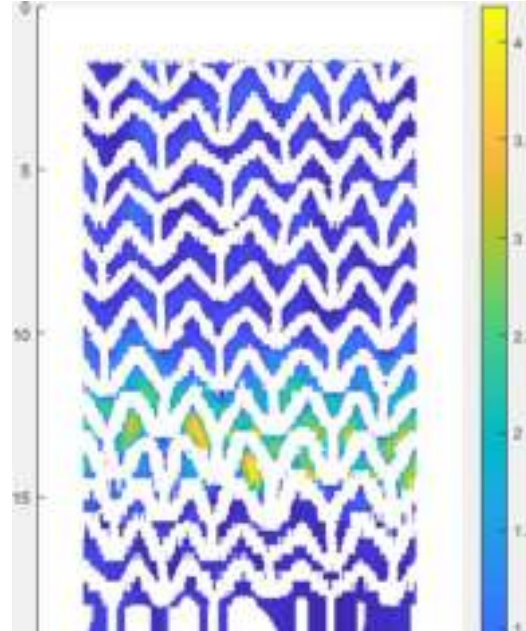
BVS 1

TAWSS

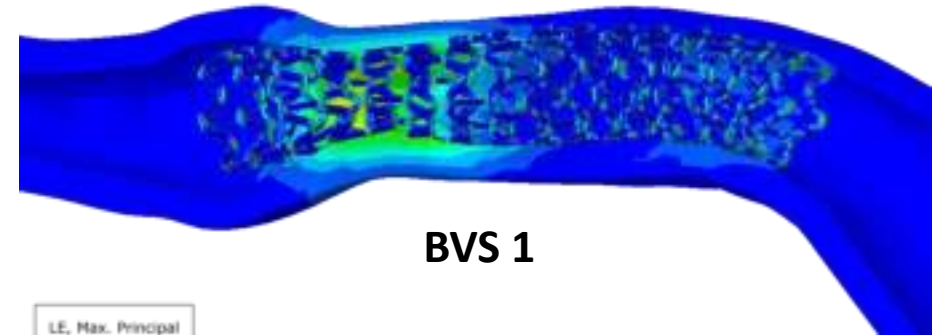


BVS 2

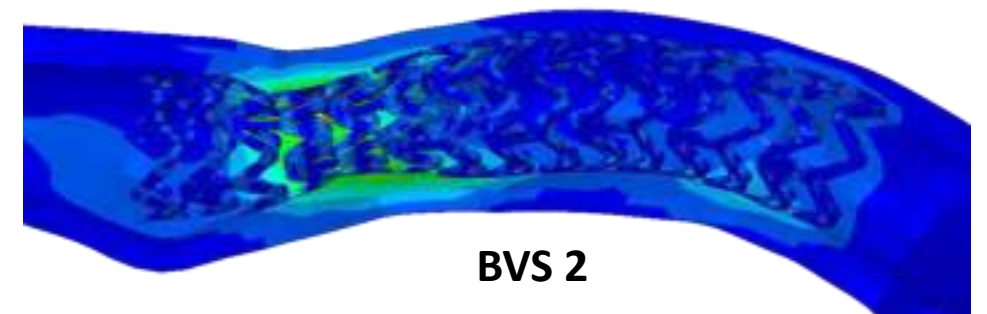
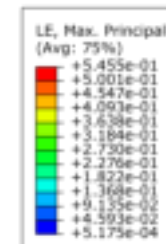
TAWSS



Degradation Module



BVS 1



BVS 2



Validation strategy

Task	status
Modules validation	Validation ongoing according to “V&V40 - Assessing Credibility of Computational Modeling through Verification and Validation: Application to Medical Devices”. Ending on April 2021.
Metrics used in validation	Modules outputs correlation with real Clinical Trials Objective Performance Criteria
Data used for validation and virtual patient geometries creation	Experimental data (in vitro validation) Retrospective data (550 patients) Prospective data (100 patients; 2 clinical centers in ERASMUS-Netherlands, UOI – Greece).



InSilc Business strategy

- InSilc is a **service oriented** in silico cloud platform
- The pricing strategy depends on:
 - Type of user
 - Number of virtual patients employed in the in silico trial
 - Modules employed in the in silico trial
- The computational time depends on:
 - Complexity of cases (e.g. number of procedural steps, stent length,...)
 - Modules employed in the in silico trial

Just to give an idea, the full pipeline required **10 days** for the presented Scenario n.1



Possible intended use of InSilc platform

1

Simulations as decision-support system for Stent companies

2

As a tool for training/research

- No regulatory constraints
- Need proper validation and robust simulation results

3

Computer simulation results as supporting digital evidence for the regulatory evaluation of BVS

- Need for formally validated simulation results, based on a risk-inform credibility assessment framework
- Formal reporting
- Preliminary consultation with EU regulatory bodies



MSCA-ITN CarBon:

A Marie Skłodowska Curie training network
combining *in silico*, *in vitro* and *in vivo*
approaches to study Cartilage and Bone
biology and engineering

Liesbet Geris
U.Liège & KU Leuven, Belgium



This project has received funding from the European Union's Horizon 2020 research and innovation programme under Marie Skłodowska-Curie grant agreement No 721432



MSCA-ITN: Training objectives

- train 14 high potential scientists
 - to combine knowledge of cartilage & bone developmental biology, pathobiology and tissue engineering with skills in cell culture, animal models, proteomics, biomaterial development, bioreactors and computational modelling.
- Exchange of knowledge and multidisciplinary collaboration between these fields of research
 - to raise the **next generation of researchers with the skills, multidisciplinary knowledge** and on-the-job training experience necessary to tackle all aspects of bone and cartilage disease and repair

Research Objectives



- understand the **role and interplay of cell secreted factors, extracellular matrix components and mechanical loading** in cartilage and bone formation and repair
- use the combined knowledge and skills of matrix biology and tissue engineering to **develop novel, biologically inspired biomaterials** for the formation of stable cartilage and vascularised bone
- use **knowledge of cell biology, proteomics, mechano- and pathobiology** integrated by computational modelling to identify and to pursue drug targetable components for bone healing and osteoarthritis

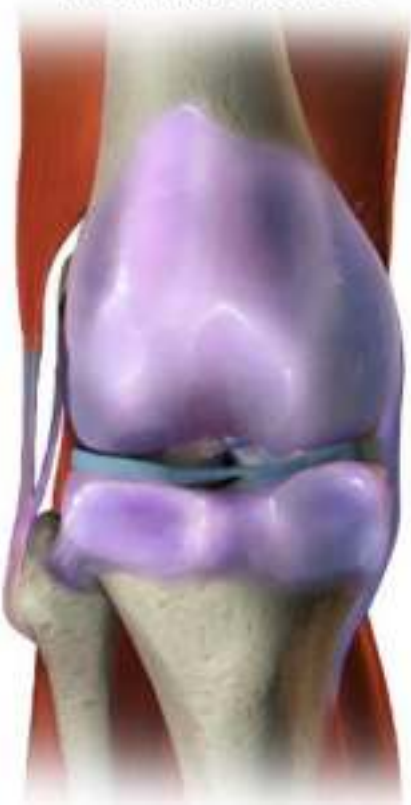


Bone

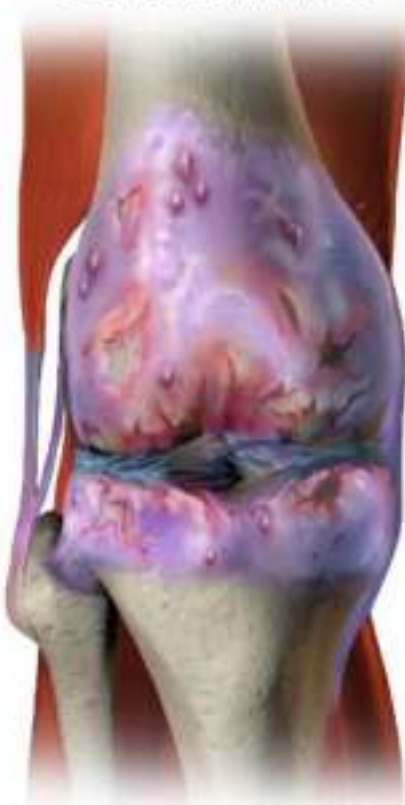
Cartilage

Joint OA

Normal Knee



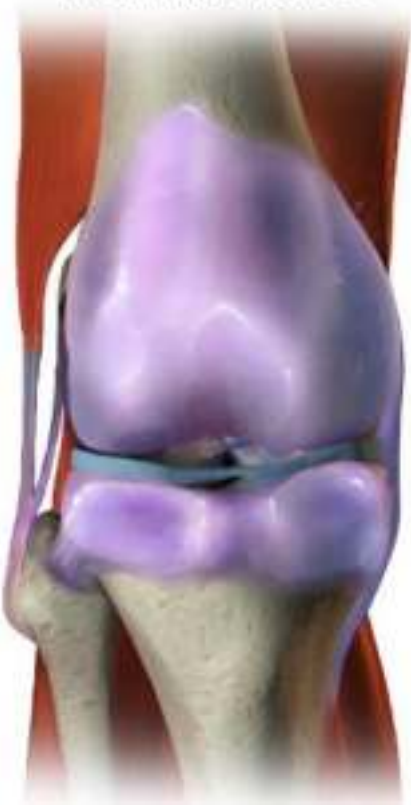
Osteoarthritis



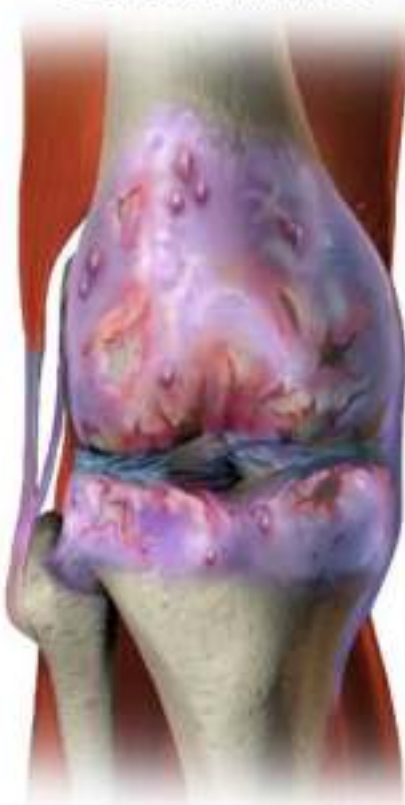
- Disease-modifying drugs
 - Raphaëlle Lesage
- Tissue Engineering strategies
 - Satanik Mukherjee

Joint OA

Normal Knee



Osteoarthritis



- Disease-modifying drugs
 - Raphaëlle Lesage
- Tissue Engineering strategies
 - Satanik Mukherjee

Chondrocyte Regu



Knowledge Base Wnt

Description (+)

- e.g. Wnt3a; MGI:98955, NCBI gene: 22416
- Wnt is a growth factor which play a vital role in proliferation and hypertrophy of chondrocytes. It is essential for joint health (Day TF, 2005) (Guo X, 2009) (Montesagudo S, 2017) (Zhang M, 2010)
- Wnt pathway summary: it is initiated by binding of Wnts to the Wnt receptor (frizzled)/co-receptor (lipoprotein receptor-related protein-LRP-5/6) complex, triggering a conformational change in the downstream molecule complex that consist of Dishevelled, adenomatosis polyposis coli (APC), axin, glycogen synthase kinase 3 β (GSK3 β), β -catenin, and other proteins. Through sequential changes in interaction and phosphorylation status of these proteins, phosphorylation of the amino-terminal domain of β -catenin is disturbed, leading to stabilization and nuclear translocation of β -catenin. The nuclear-translocated β -catenin stimulates transcription of the target genes with co-transcription factors such as T-cell factor/lymphoid-enhancing factor (TCF/LEF) family (Usami Y, 2016)

Regulatory Mechanism Summary (+)

DKK and FRZB are antognists of Wnt, they inhibit it by binding, which subsequently brakes hypertrophic differentiation in articular cartilage (Leijten JC, 2012)

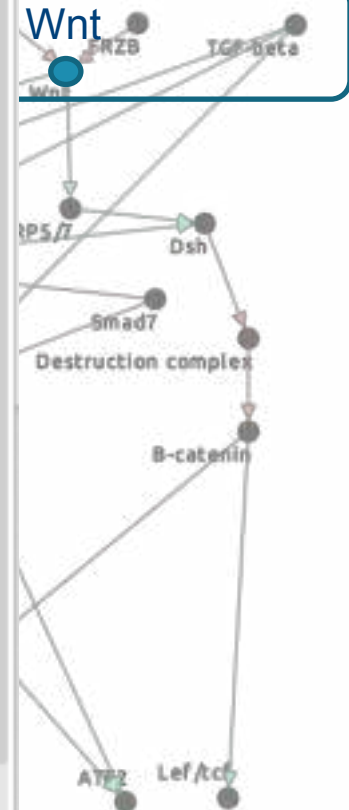
Upstream Regulators

DKK1

FRZB

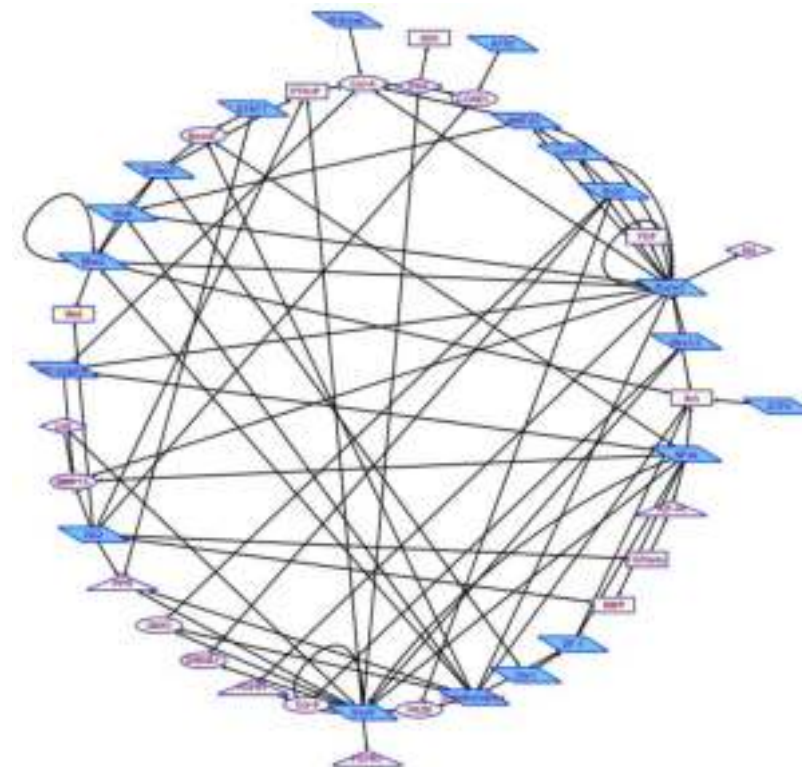
References (+)

- Day TF, Guo X, Garrett-Beal L, and Yang Y. Wnt/beta-catenin signaling in mesenchymal progenitors controls osteoblast and chondrocyte differentiation during vertebrate skeletogenesis. Dev Cell 2005 May8; (5) 739-50. PMID: 15866164
- Guo X, Mak KK, Taketo MM, and Yang Y. The Wnt/beta-catenin pathway interacts differentially with PTHrP signaling to control chondrocyte hypertrophy and final maturation. PLoS One 2009 Jun 26; (6) e6067. PMID: 19557172
- Leijten JC, Emons J, Sticht C, van Gool S, Decker E, Uitterlinden A, Rappold G, Hofman A, Rivadeneira F, Scherjon S, Wit JM, van Meurs J, van Bitterswijk CA, and Karperien M. Gremlin 1, frizzled-related protein, and Dkk-1 are key regulators of human articular cartilage homeostasis. Arthritis



sily shareable
e for modeling

Gene regulatory network



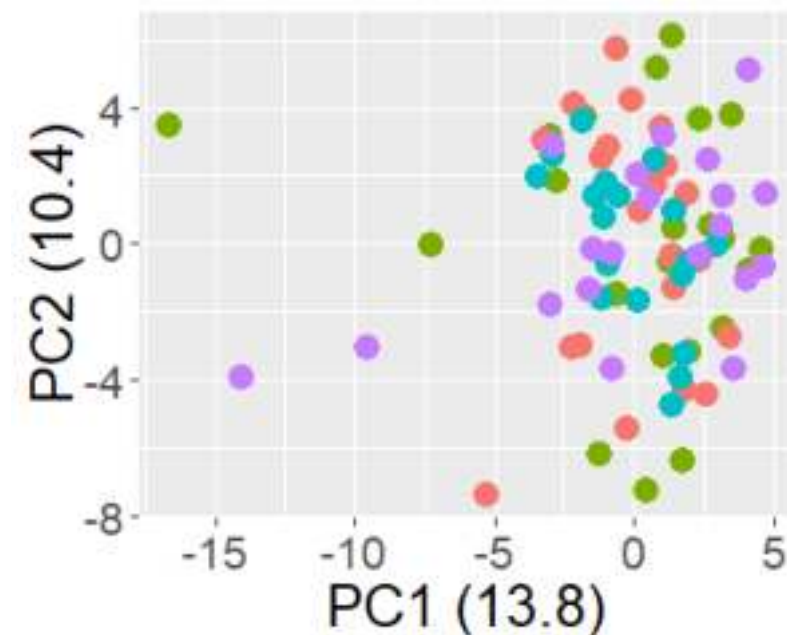
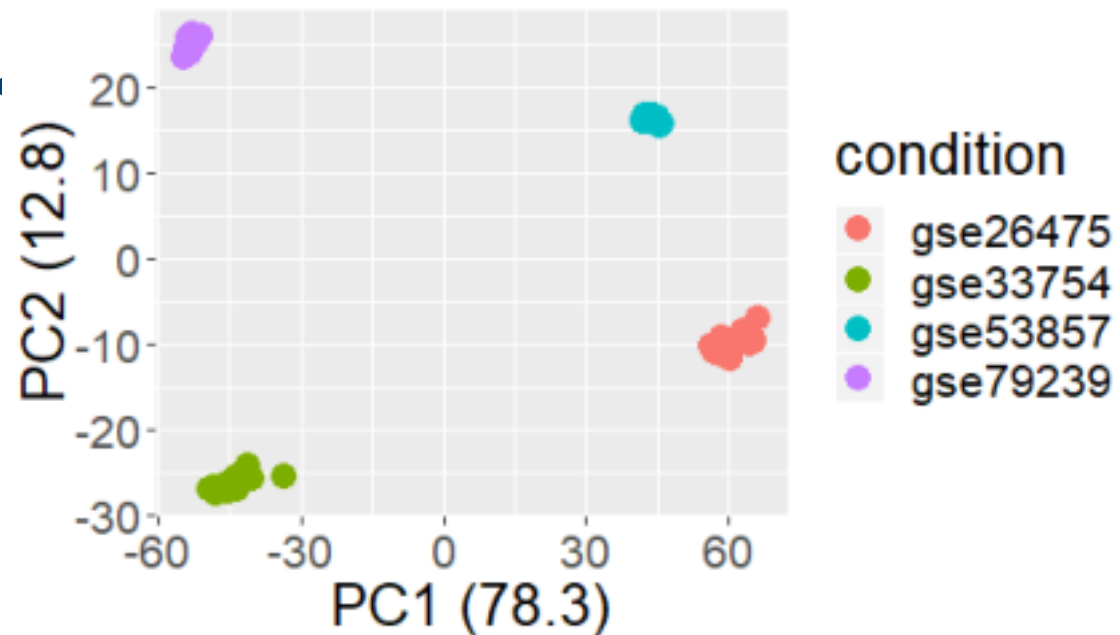
Growth factors, signalling molecules

Transcription factors

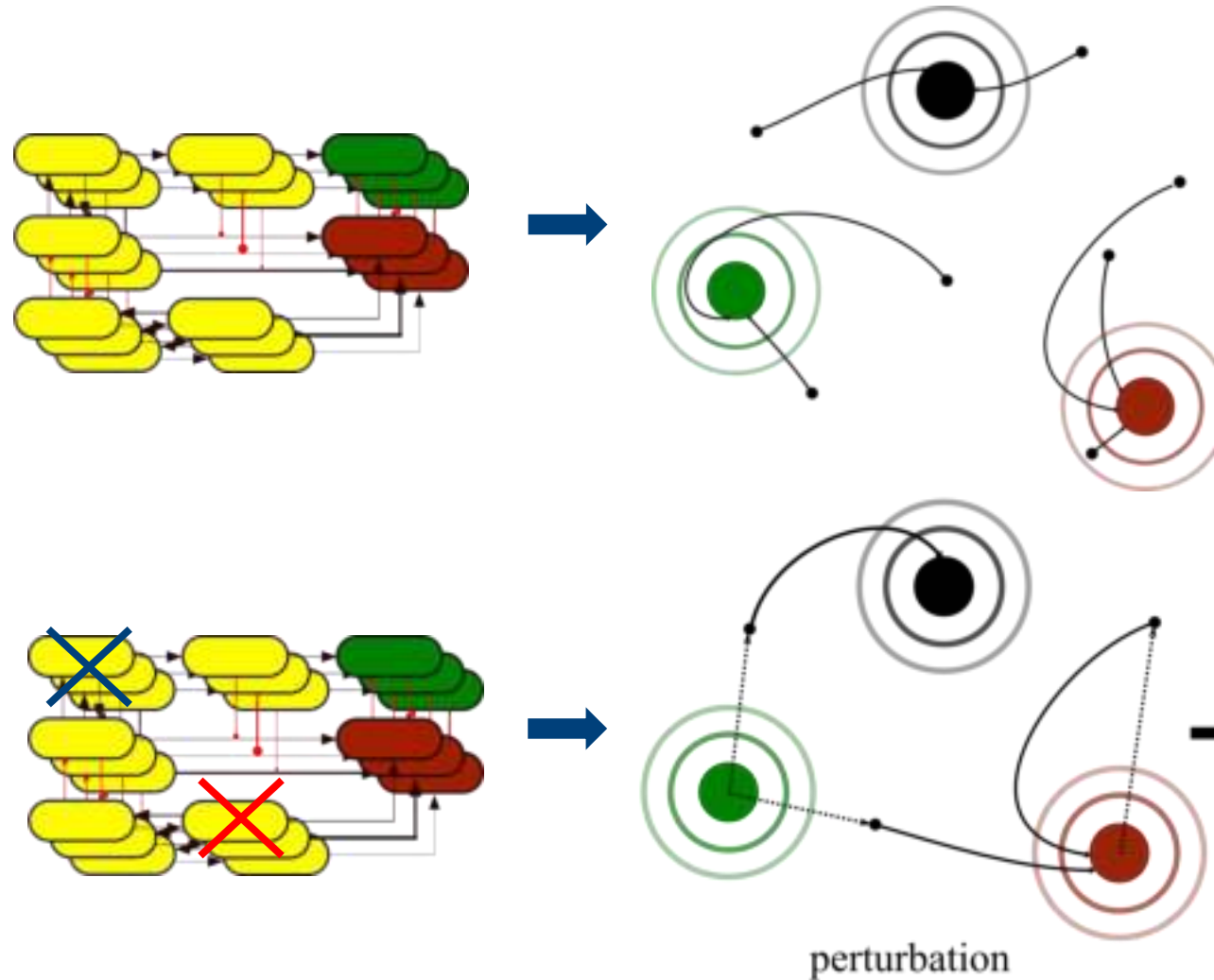
Genes

Network inference approach

- Micro array studies > cross platform assembly pipeline (Combat)
 - Growth plate (chondrocytes)
 - OA mouse models

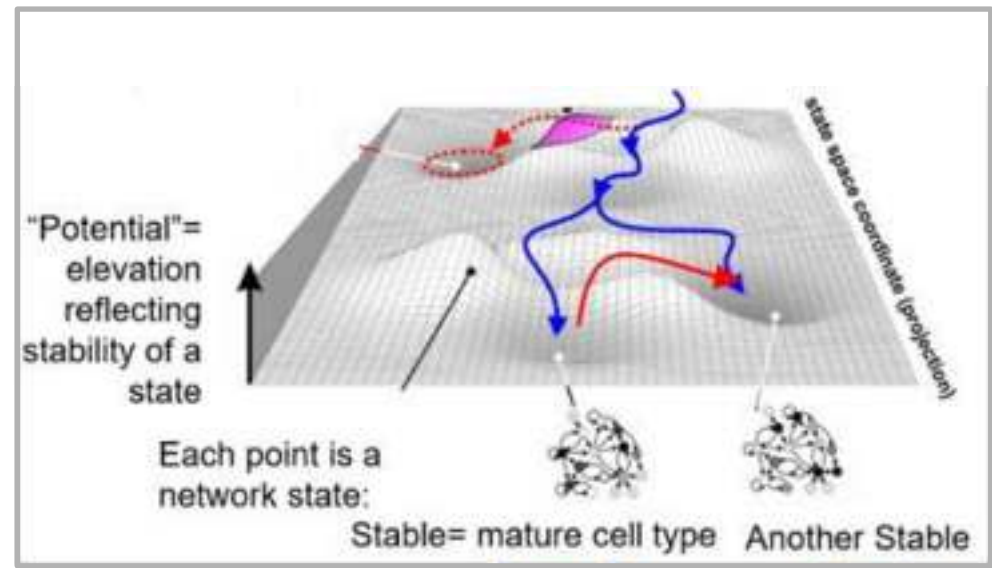


Canalisation and perturbation



Canalisation

Waddington's landscape:



From S.Huang et al. *Seminar in Cell & Developmental Biology* (2009)

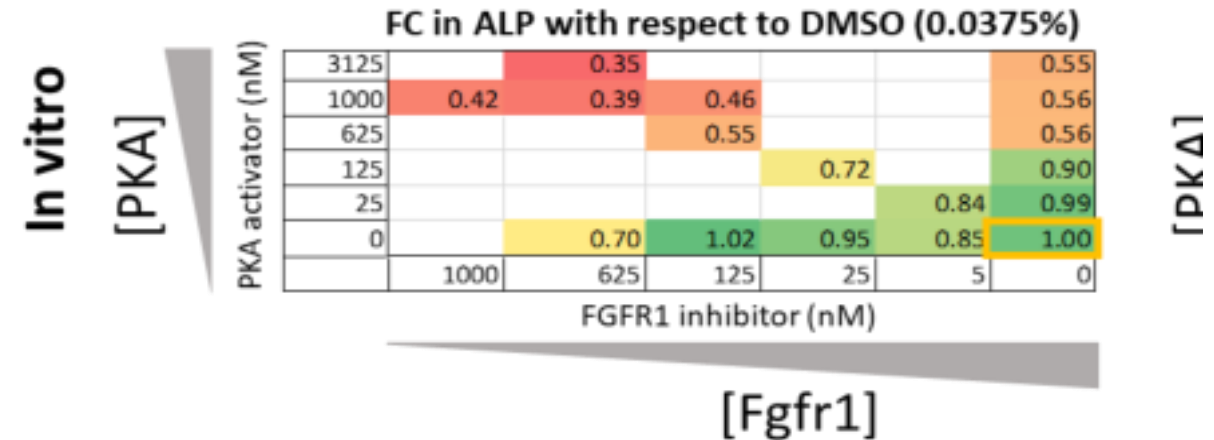
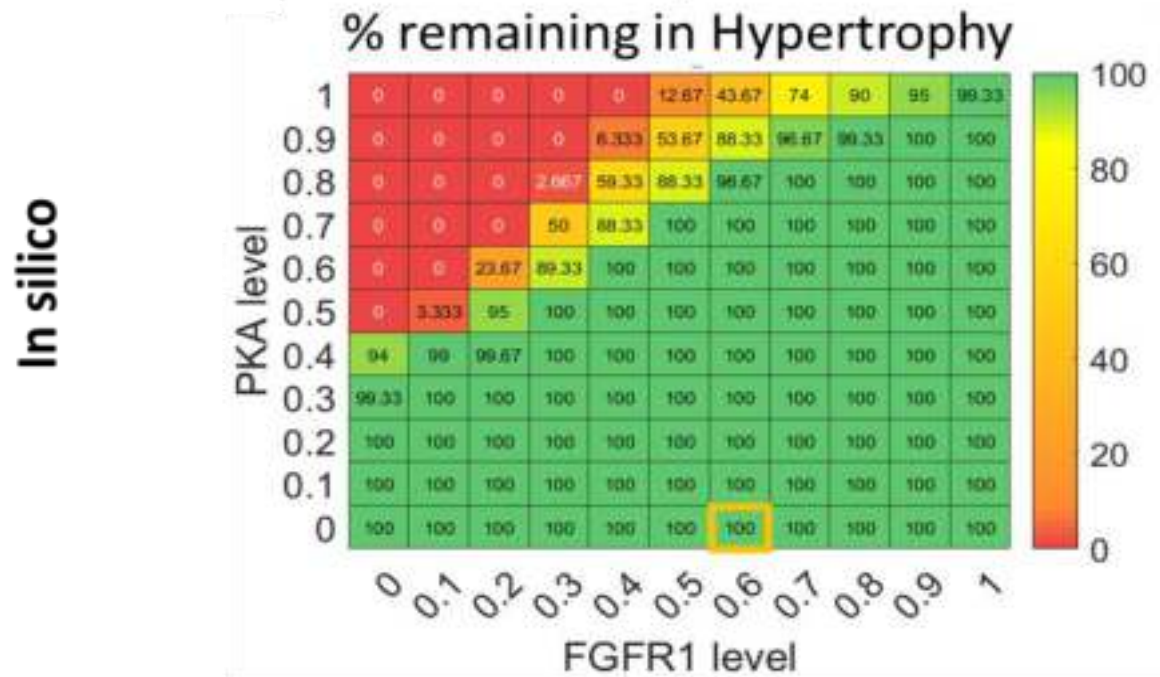
Predicted activity profile:



	Hyp	Healthy	
WNT	1	0	
BMP	0.9	0	
FGF	1	0	
IHH	1	0,3	
PTHRP	0	1	
IGF	0	1	
TFGB	0	1	
MAPK/ERK	1	0	
Runx2	1	0	
Mmp13	1	0	
Col-X	0.9	0	
Col-II	0	1	
Sox9	0	1	
Nkx3.2	0	1	
Inflammation	0,8	0	None
CANALISATION	2%	21%	77%

In silico confirmed by in vitro (ATDC5)

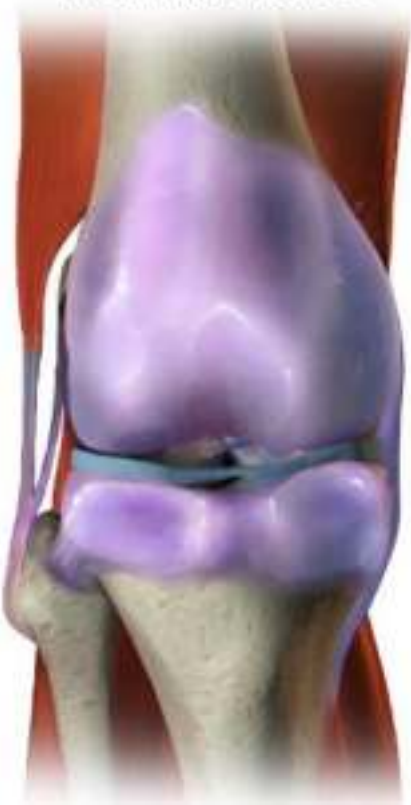
PKA activation + FGFR1 inhibition



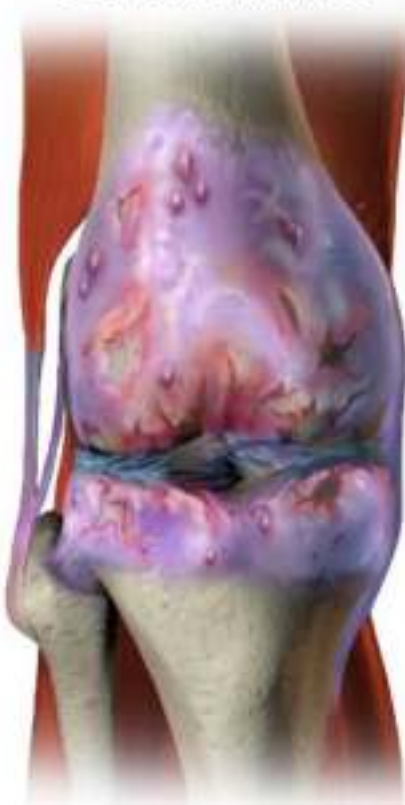
- Minimal amount of PKA required to see any positive effect
- The lower the PKA, the more we need to block FGFR1 to achieve equivalent effect

Joint OA

Normal Knee

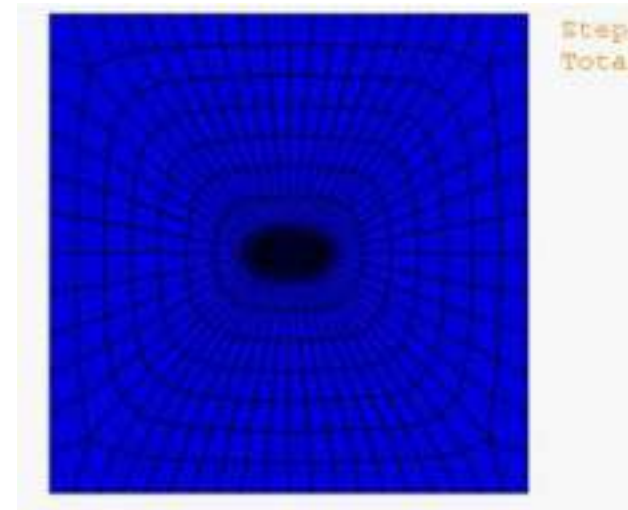
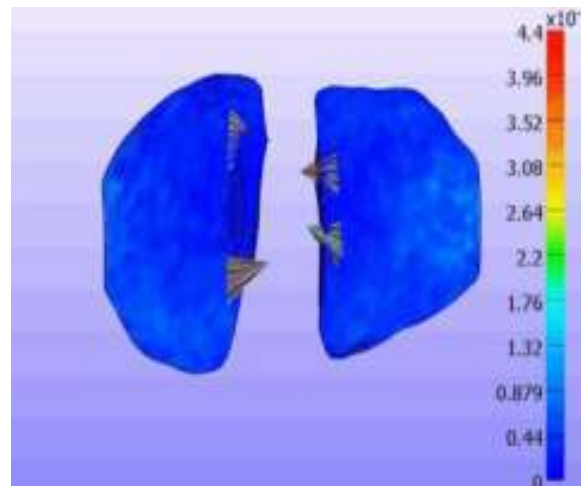
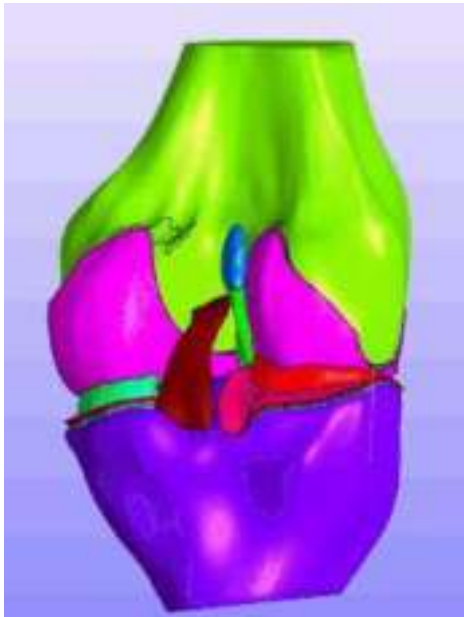


Osteoarthritis



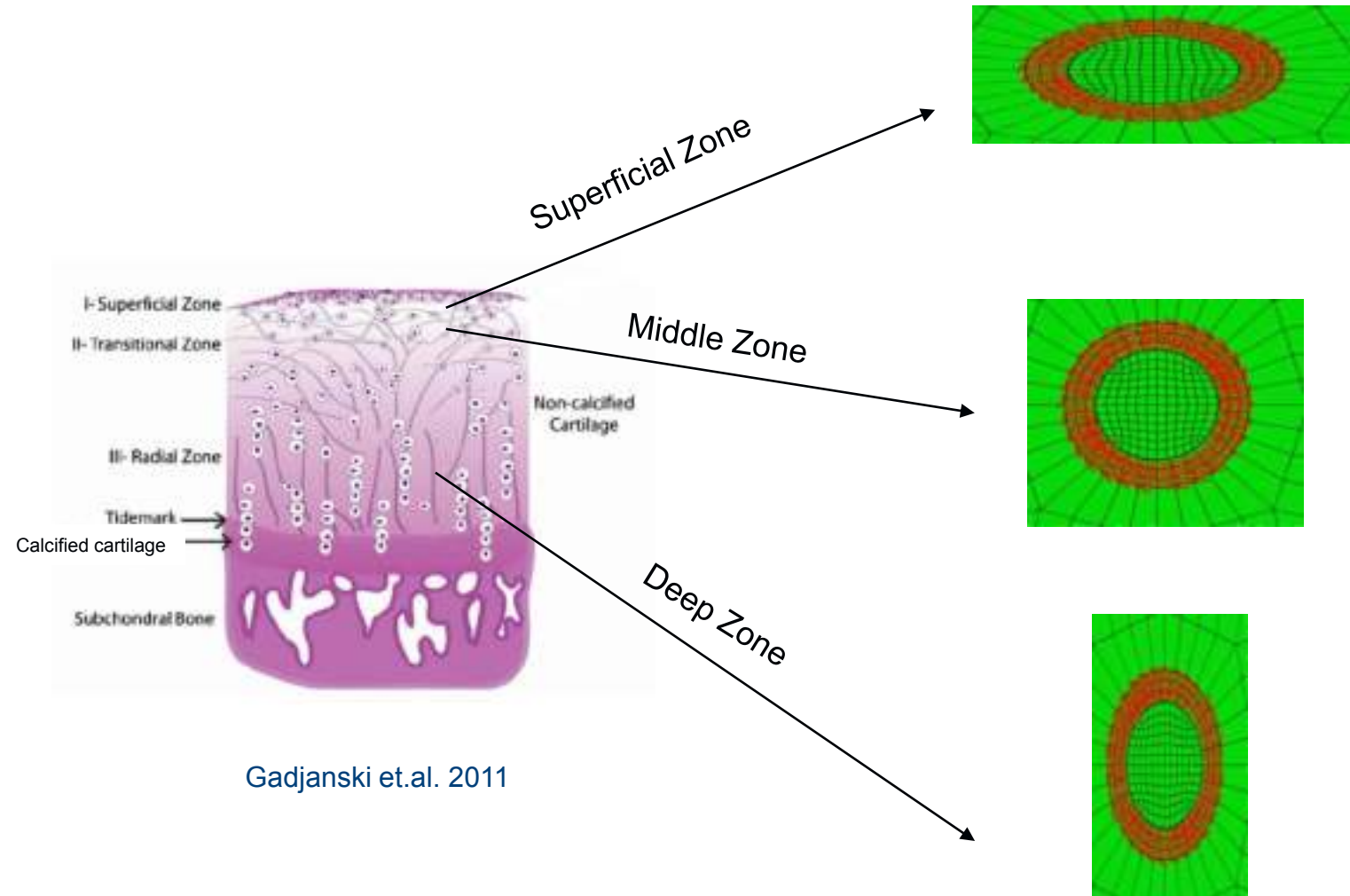
- Disease-modifying drugs
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Next steps: in the human environment



Mukherjee et al., in preparation; Mukherjee & Lesage et al., in preparation

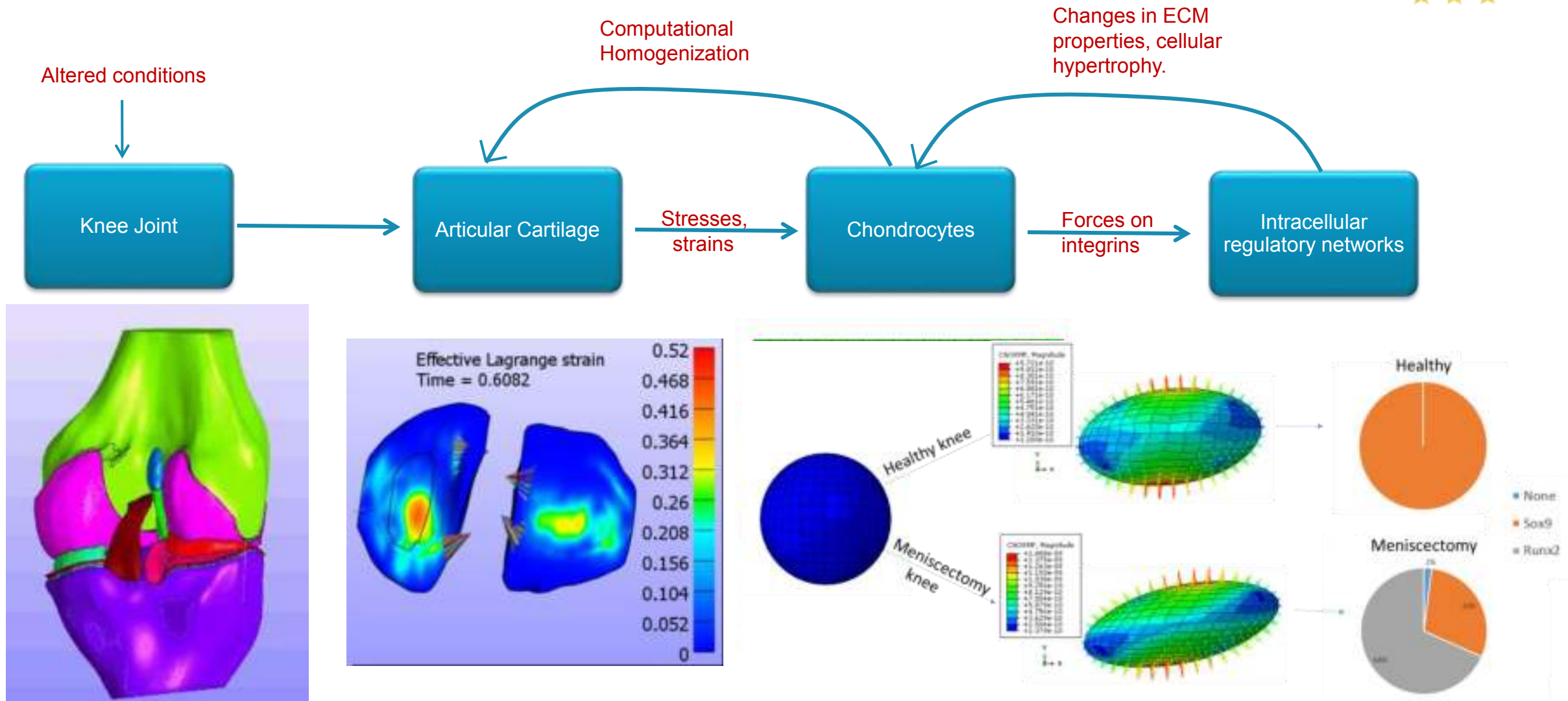
Zonal variation of chondrocyte micro-environment



Gadjanski et.al. 2011

PCM fibril orientation

Next steps: in the human environment



Mukherjee et al., in preparation; Mukherjee & Lesage et al., in preparation

Living implants for OA

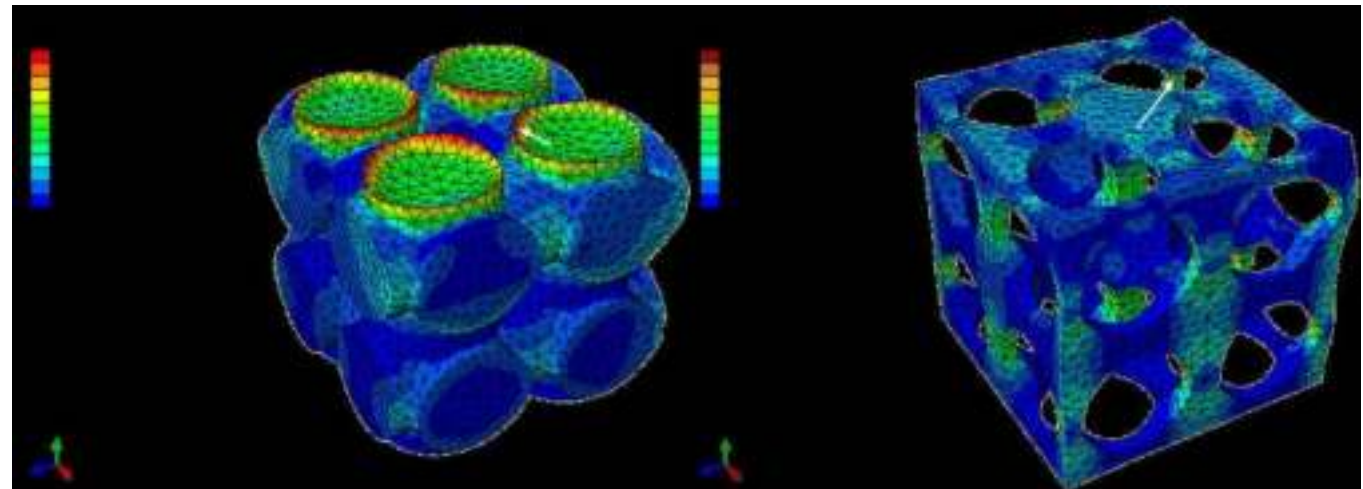
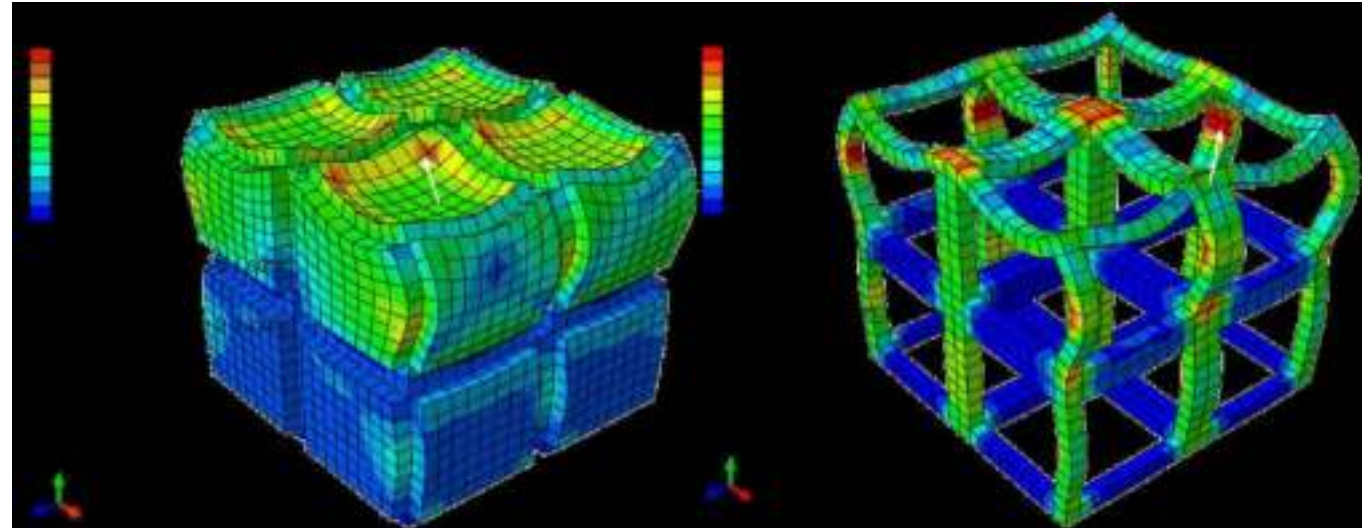


RCSI

UNIVERSITY
OF MEDICINE
AND HEALTH
SCIENCES



Trinity College Dublin
Coláiste na Tríonóide, Baile Átha Cliath
The University of Dublin



Conclusion & Impact



- Very succesful in achieving its goals
 - Highly interdisciplinary training
 - Very natural establishment of across-group collaborations for all ESRs
 - Good science
 - Exploitable results

<https://www.carbonresearch.eu/>

This project has received funding from the European Union's Horizon 2020 research and innovation programme under Marie Skłodowska-Curie grant agreement No 721432

